

# Westside MH Network Directory Index of Services

## YOUTH/ADOLESCENTS/TRANSITIONAL AGE YOUTH (TAY) Winter 2019-2020

### **CRISIS CARE**

- 24-Hour Emergency Care
- Daniel's Place
- Urgent Care
- Suicide Prevention/Response
- Crisis Intervention
  - Safe Place for Youth (SPY)

### **HOTLINES**

- Crisis Lines
  - Didi Hirsch Mental Health Services Suicide Prevention
- Warm Lines
  -
- Self-Help Lines
  - Share!
- Referral Lines
  - Didi Hirsch Mental Health Services
  - Share!
  - ACCESS (Dept. of Mental Health)

### **ABUSE**

- Physical
  - The Help Group
  - Pacific Asian Counseling Services
  - Seven Generations Child & Family Services
  - Sojourn (program of The People Concern) – for individuals ages 18+
- Sexual
  - The Help Group
  - Pacific Asian Counseling Services
  - Seven Generations Child & Family Services
  - Sojourn (program of The People Concern) – for individuals ages 18+
  - Stuart House - UCLA
- Emotional
  - The Help Group
  - Pacific Asian Counseling Services
  - Seven Generations Child & Family Services
  - Sojourn (program of The People Concern) – for individuals ages 18+

### **ACTIVITIES FOR DAILY LIVING**

- Basic Life Necessities [showers, clothing, etc.]
  - Daniel's Place
  - The Landing at St. Robert's Center
  - St. Joseph Center Homeless Services
  - Safe Place for Youth (S.P.Y)
  - The People Concern – for individuals ages 18+
- Food Distribution/Meals
  - Daniel's Place

- The Landing at St. Robert's Center
- Safe Place for Youth (SPY)
- Sova Community Food & Resource Program (program of Jewish Family Service of LA)
- St. Joseph Center Bread & Roses Café or Food Pantry
- The People Concern – for individuals ages 18+
- Westside Food Bank

## **ADDICTION**

- Substance Abuse/Dual Diagnosis
  - Residential
    - Of One Mind
    - The People Concern – for individuals ages 18+
    - Safe Haven (program of The People Concern) – for individuals ages 18+
    - Touchstones (a program of Social Model Recovery Systems)
  - Outpatient
    - Daniel's Place
    - Didi Hirsch Mental Health Services
    - Of One Mind
    - Pacific Asian Counseling Services
    - Venice Family Clinic
  - Education/Prevention
    - Of One Mind
    - Pacific Asian Counseling Services ○ Counseling
    - Daniel's Place
    - Didi Hirsch Mental Health Services
    - Help Group West Child and Family Center
    - Of One Mind
    - Pacific Asian Counseling Services
    - Safe Place for Youth (S.P.Y)
  
- Gambling
- Sexual

## **ADVOCACY/BENEFITS/LEGAL**

- Advocacy
  - Mental Health Advocacy Services, Inc.
  - Seven Generations Child & Family Services
  - Safe Place for Youth (SPY)
- Benefits
  - Mental Health Advocacy Services, Inc.
  - Legal
  - Mediation
    - Center for Civic Mediation
  - Disability Rights California (for anyone with a disability)
  - Medical Sign-up
    - Safe Place for Youth (S.P.Y)

## **CASE MANAGEMENT SERVICES**

- Case Management
  - Daniel's Place
  - Didi Hirsch Mental Health Services
  - Edmund D. Edelman Westside MH Center
  - Help Group West Child and Family Center

- The Landing at St. Robert's Center
- Pacific Asian Counseling Services
- Providence St. John's Child & Family Development
- Safe Place for Youth (S.P.Y)
- Seven Generations Child & Family Services
- The People Concern – for individuals ages 18+
- Vista del Mar
- WIN (Westside Infant-Family Network)
- Recovery, Resilience and Reintegration (RRR)
  - Daniel's Place – a program of Step Up on Second
  - Didi Hirsch Mental Health Services
  - Family Service of Santa Monica, a Division of Vista del Mar
  - Pacific Asian Counseling Services
  - Providence Saint John's Child and Family Development Center
  - Vista del Mar
- Medication Support/Management
  - Daniel's Place – a program of Step Up on Second
  - Didi Hirsch Mental Health Services
  - Pacific Asian Counseling Services
  - UCLA-TIES for Families
- Money Management
  - Daniel's Place – a program of Step Up on Second
  - Safe Place for Youth (SPY)
  - The People Concern – for individuals ages 18+
  - UCLA-TIES for Families
- CalWorks
  - Didi Hirsch Mental Health Services
  - Pacific Asian Counseling Services
- In-home/School-based Services
  - Didi Hirsch Mental Health Services
  - School on Wheels
  - Edmund D. Edelman Westside MH Center
  - Pacific Asian Counseling Services
  - Vista del Mar
  - WIN (Westside Infant-Family Network)
- Family Preservation/Reunification
  - Neighborhood Youth Association\_(NYA)
  - Safe Place for Youth (SPY)
  - Seven Generations Child & Family Services

## **COUNSELING**

- Counseling
  - Agencies
    - Airport Marina Counseling Center
    - Antioch University Counseling Center
    - Antioch University International Counseling Center
    - Daniel's Place – a program of Step Up On Second
    - Didi Hirsch Mental Health Services
    - Exceptional Children's Foundation-Kayne Eras
    - Family resource Counseling Center
    - Family Service of Santa Monica, a Division of Vista del Mar
    - Help Group West Child and Family Center
    - Idom Industries
    - Jewish Family Services HOPE

- The Landing at St. Robert's Center
    - Maple Counseling Center, The
    - New Center for Psychoanalysis
    - Ocean Psychological Services
    - Open Paths
    - Pacific Asian Counseling Services
    - Pepperdine University Psychological & Educational Clinic
    - Providence St. John's Child & Family Development
    - Safe Place for Youth (SPY) via Exceptional Children's Foundation
    - Santa Monica College Center for Wellness & Wellbeing (for SMC students only)
    - Seven Generations Child & Family Services
    - S. Mark Taper Foundation Center (program of Didi Hirsch CMHC)
    - Social Science Consulting
    - Vista del Mar
    - Westside Infant Family Network (WIN)
  - Private Clinicians
    - Bonnie Tauber, Psy.D.
- Psychiatrists on Staff
  - Daniel's Place – a program of Step Up On Second
  - Didi Hirsch Mental Health Services
  - Edmund D. Edelman Westside MH Center
  - Maple Counseling Center, The
  - Pacific Asian Counseling Services
  - The Help Group
  - UCLA-TIES for Families
- Court Ordered Classes
  - Safe Place for Youth (SPY)– DCFS Parenting classes

## **CRIMINAL JUSTICE**

- Services
  - Idom Industries
- Law Enforcement
- Legal Clinic
  - Safe Place for Youth (SPY) (1<sup>st</sup> & 3<sup>rd</sup> Wednesday afternoons and 2<sup>nd</sup> and 4<sup>th</sup> Thursday afternoons)

## **EDUCATION**

- ✓ Tutoring
  - Latino Resource Services (LRO)
  - Neighborhood Youth Association\_(NYA)
  - School on Wheels
  - West Los Angeles Family Source Center
- ✓ Mentoring
  - Neighborhood Youth Association
  - Of One Mind
  - Santa Monica College Disabled Student Center
  - School on Wheels
  - Safe Place for Youth (SPY)
- ✓ Early Care
  - Well Baby Center
  - Westside Children's Center
  - Westside Infant Family Network (WIN)

- ✓ College Prep
  - Latino Resource Services (LRO)
  - Neighborhood Youth Association (NYA)
  - Safe Place for Youth (SPY)
  - West Los Angeles Family Source Center
- ✓ Specialized/Therapeutic Schools
  - Exceptional Children's Foundation – Kayne Eras Center
  - Help Group West Child and Family Center
  - Providence St. John's Child & Family Development
  - Ocean Psychological Services (Ocean Academy)
  - Vista del Mar Child & Family Development
- ✓ Educational Therapy
- ✓ GED
  - Safe Place for Youth (SPY)- (GED, Hi-SET, & High School Diploma)
  - School on Wheels

### **FOSTER & ADOPTIVE SERVICES**

- Foster Care
  - Ocean Psychological Services
  - UCLA-TIES for Families
  - Vista del Mar
  - Westside Children's Center
- Adoption
  - UCLA-TIES for Families
  - Vista del Mar
  - Westside Children's Center
- Life Skills
  - Transitional Age Youth (program of Portals)
- Foster and Adoptive Families
  - Aspiranet
  - Family Service of Santa Monica
  - Ocean Psychological Services
  - UCLA-TIES for Families
  - Vista del Mar
  - Westside Children's Center

### **HEALTH SUPPORT**

- Disabilities/Disabled
  - Venice Family Clinic
  - Westside Regional Center for the Developmental Disabilities (WRC)
- HIV/AIDS
  - Common Ground
  - Safe Place for Youth (SPY) via Venice Family Clinic
  - Simms/Mann Health & Wellness Center
  - Venice Family Clinic
  - Westside Family Health Center (WFHC)
- Pregnancy/Birth Control
  - The Landing at St. Robert's Center
  - Planned Parenthood
  - Safe Place for Youth (SPY) via Venice Family Clinic
  - Venice Family Clinic
  - Westside Family Health Center (WFHC)

- Medical Care
  - Children’s Dental Center
  - Robert Levine Health Center
  - Los Angeles Unified School District – Hyde Park Clinic
  - Safe Place for Youth (SPY) via Venice Family Clinic
  - Venice Family Clinic
  - Westside Children’s Center
  - Westside Family Health Center (WFHC)

**HOMELESS/ /RUNAWAY/AT-RISK**

- Homeless Services
  - Access Center (program of The People Concern) – for individuals ages 18+
  - Daybreak (program of The People Concern) (for women) – for individuals ages 18+
  - Daniel’s Place – a program of Step Up On Second
  - Safe Place for Youth (SPY)
  - Safe Haven (program of The People Concern) – for individuals ages 18+
  - SAMOSHEL (program of The People Concern) – for individuals ages 18+
  - School on Wheels
- Homeless Outreach
  - Access Center (program of The People Concern) – for individuals ages 18+
  - Malibu Outreach Team (program of The People Concern) – for individuals ages 18+
  - Pacific Palisades Outreach Team (program of The People Concern) – for individuals ages 18+
  - Save Haven (program of The People Concern) – for individuals ages 18+
  - Safe Place for Youth (SPY)
  - School on Wheels
- Runaway
  - Safe Place for Youth (SPY)
  - School on Wheels
- At-risk Youth
  - Safe Place for Youth (SPY)

**HOUSING**

- Emergency
  - The People Concern – for individuals ages 18+
- Residential
- Transitional
  - Homes for Life Foundation
  - Safe Place for Youth (SPY)
  - Save Haven (program of The People Concern) – for individuals ages 18+
  - The People Concern – for individuals ages 18+
- Sober
- Supportive
  - The People Concern – for individuals ages 18+
- Transitional Age Youth (TAY) [See Transitional Age Youth (TAY)]
- Veterans [see Veterans]
- Assistance
  - Safe Place for Youth (SPY)
  - The People Concern – for individuals ages 18+

**IMMIGRATION & NATURALIZATION**

- Services

**LGBTQI2-S COMMUNITY**

- Counseling
  - Family Service of Santa Monica, a Division of Vista del Mar
  - The Help Group
  - Safe Place for Youth (SPY)
- Services

**LOW FEE**

- Sliding Scale
  - Airport Marina Counseling Center
  - Antioch University Counseling Center
  - Antioch University International Counseling Center
  - Family Service of Santa Monica, a Division of Vista del Mar
  - The Help Group
  - Maple Counseling Center, The
  - Open Paths
  - Vista del Mar
- MediCal Accepted
  - Didi Hirsch Mental Health Services
  - Exceptional Children’s Foundation – Kayne Eras Center
  - Family Service of Santa Monica, a Division of Vista del Mar
  - Pacific Asian Counseling Services
  - Providence St. John’s Child & Family Development
  - Seven Generations Child & Family Services
  - UCLA-TIES for Families
  - Vista del Mar
- No Fee
  - The Landing at St. Robert’s Center
  - School on Wheels
  - UCLA Aftercare Research Program (Outpatient Schizophrenia Treatment)

**MULTILIN**

<p><b>American Sign Language (ASL)</b></p>	<p><b>Farsi</b></p> <ul style="list-style-type: none"> <li>✓ Antioch University</li> <li>✓ The Help Group</li> <li>✓ International Counseling</li> </ul>	<p><b>Greek</b></p> <ul style="list-style-type: none"> <li>✓ Antioch University International Counseling Center</li> </ul>	<p><b>Korean</b></p> <ul style="list-style-type: none"> <li>✓ The Help Group</li> <li>✓ Pacific Asian Counseling Services</li> </ul>
	<ul style="list-style-type: none"> <li>Center</li> <li>✓ Didi Hirsch Mental Health Services</li> <li>✓ Vista del Mar</li> </ul>		

<p><b>Spanish</b></p> <ul style="list-style-type: none"> <li>Didi Hirsch MHS</li> <li>Daniel's Place</li> <li>·Exceptional Children's Foundation-Kayne Eras</li> <li>Family Service of SM Help Group West</li> <li>Child &amp; Family CTR</li> <li>Safe Place fo Youth (SPY)</li> <li>Latino Resource Services (LRO)</li> <li>Pacific Asian Counseling Serv.</li> <li>Providence Saint Johns Child &amp; Family Dev</li> <li>St. Joseph Center</li> <li>UCLA-TIES for Families</li> <li>UCLA-NPIH Spanish Speaking Psychosocial Clinic</li> <li>Venice Family Clinic</li> <li>Vista del Mar</li> </ul>	<p><b>Russian</b></p> <ul style="list-style-type: none"> <li>✓ Antioch University Counseling Center</li> <li>✓ Antioch University International Counseling Center</li> <li>✓ Didi Hirsch Mental Health Services</li> </ul>	<p><b>Japanese</b></p> <ul style="list-style-type: none"> <li>✓ Pacific Asian Counseling Services</li> </ul>	<p><b>Khmer</b></p> <ul style="list-style-type: none"> <li>✓ Pacific Asian Counseling Services</li> </ul>
<p><b>Mandarin</b></p> <ul style="list-style-type: none"> <li>✓ Pacific Asian Counseling Services</li> </ul>	<p><b>Vietnamese</b></p> <ul style="list-style-type: none"> <li>✓ Pacific Asian Counseling Services</li> </ul>	<p><b>Urdu</b></p> <ul style="list-style-type: none"> <li>Daniel's Place</li> </ul>	<p><b>ASL</b></p> <ul style="list-style-type: none"> <li>The Help Group</li> </ul>

**OUTPATIENT PROGRAMS**

- Services
  - Exceptional Children's Foundation
  - Pacific Asian Counseling Services
  - Providence St. John's Child & Family Development
  - UCLA Aftercare Research Program (Outpatient Schizophrenia Treatment)
  - UCLA-TIES for Families

**PSYCHIATRIC SERVICES**

- Inpatient
  - UCLA-Resnick Neuropsychiatric Hospital
  - Del Amo Hospital
- Outpatient
  - Airport Marina Counseling Center
  - Daniel's Place – a program of Step Up On Second
  - Del Amo Hospital
  - Didi Hirsch Mental Health Services
  - Edmund D. Edelman Westside MH Center
  - Exceptional Children's Foundation-Kayne Eras
  - The Help Group
  - Ocean Psychological Services
  - Pacific Asian Counseling Services
  - Providence St. John's Child & Family Development
  - UCLA Aftercare Research Program (Outpatient Schizophrenia Treatment)



- UCLA-Resnick Neuropsychiatric Hospital (partial hospitalization program)
- Vista del Mar Child & Family Services
- Psychiatric Emergencies

### **RESEARCH - Clinical**

- ✓ UCLA Aftercare Research Program (Outpatient Schizophrenia Treatment)
- ✓ UCLA Center for the Assessment and Prevention of Prodromal States (CAPPS)
- ✓ UCLA Center for Autism Research & Treatment (CART)
- ✓ UCLA/VA-West LA Schizophrenia Outpatient Research Program

### **SELF-HELP**

- Groups
  - Daniel's Place – a program of Step Up on Second
  - Our House Grief Support

### **SKILLS BUILDING**

- Educational Support
  - Latino Resource Services (LRO)
  - Neighborhood Youth Association (NYA) – specific to Mar Vista/Venice
  - School on Wheels
  - Safe Place for Youth (SPY)
  - West Los Angeles Family Source Center
- Employment Support/Vocational Training
  - Daniel's Place – a program of Step Up on Second
  - Neighborhood Youth Association (NYA)
  - Safe Place for Youth (SPY)
- Empowerment
- Classes on Mental Illness
- Prenatal, Infant & Toddler
  - Safe Place for Youth (SPY)

### **SOCIAL SUPPORT**

- After-School Programs
  - School on Wheels
  - Boys & Girls Club of Venice
- Drop-In Center/Clubhouse
  - Daniel's Place – a program of Step Up on Second
  - Safe Place for Youth (SPY)
  - Access Center (program of The People Concern) – for individuals ages 18+
- Peer Support for Individuals with Mental Illness
  - Daniel's Place – a program of Step Up on Second
- Grief & Loss
  - Our House Grief Support
- Social Skills
  - Vista del Mar Child & Family Services
  - West Los Angeles Family Source Center
- Recreational Activities
  - Iben Family Support Center(Boys & Girls Club of Venice)
  - Safe Place for Youth (SPY)
  - West Los Angeles Family Source Center

- Tattoo Removal
  - Sunrise Community Tattoo Removal Services

### **SPIRITUALLY-BASED**

- Counseling
- Services

### **TRANSITIONAL AGE YOUTH (TAY)**

- Housing
  - Daniel's Place – a program of Step Up on Second
  - Of One Mind (addiction/dual diagnosis)
  - Safe Place For Youth (SPY)
  - Step Up YDP Hollywood
  - Transitional Age Youth (program of Portals) (A Division of Pacific Clinics)
- Counseling
  - Airport Marina Counseling Center
  - Didi Hirsch Mental Health Services
  - Exceptional Children's Foundation-Kayne Eras
  - Family Service of Santa Monica, a Division of Vista del Mar
  - The Help Group
  - Maple Counseling Center, The
  - Open Paths
  - Pacific Asian Counseling Services
  - Providence St. John's Child & Family Development
  - Safe Place For Youth (SPY) via Exceptional Children's Foundation
  - Transitional Age Youth (program of Portals)(A Division of Pacific Clinics)
  - UCLA-TIES for Families
  - Vista del Mar
- Services
  - Daniel's Place – a program of Step Up on Second
  - Of One Mind (addiction/dual diagnosis)
  - 
  - Safe Place For Youth (S)PY
  - School on Wheels
  - Transitional Age Youth (program of Portals) (A Division of Pacific Clinics)

### **TRAUMA/VIOLENCE**

- Trauma
  - The Help Group
  - Pacific Asian Counseling Services
  - Seven Generations Child & Family Services
- Bullying
  - The Help Group
  - Pacific Asian Counseling Services
- Domestic Violence
  - Pacific Asian Counseling Services
  - Seven Generations Child & Family Services
  - Sojourn (program of The People Concern) – for individuals ages 18+
  - Venice Family Clinic
- Gang Intervention
  - Idom Industries
- Child Abduction
  - Seven Generations Child & Family Services