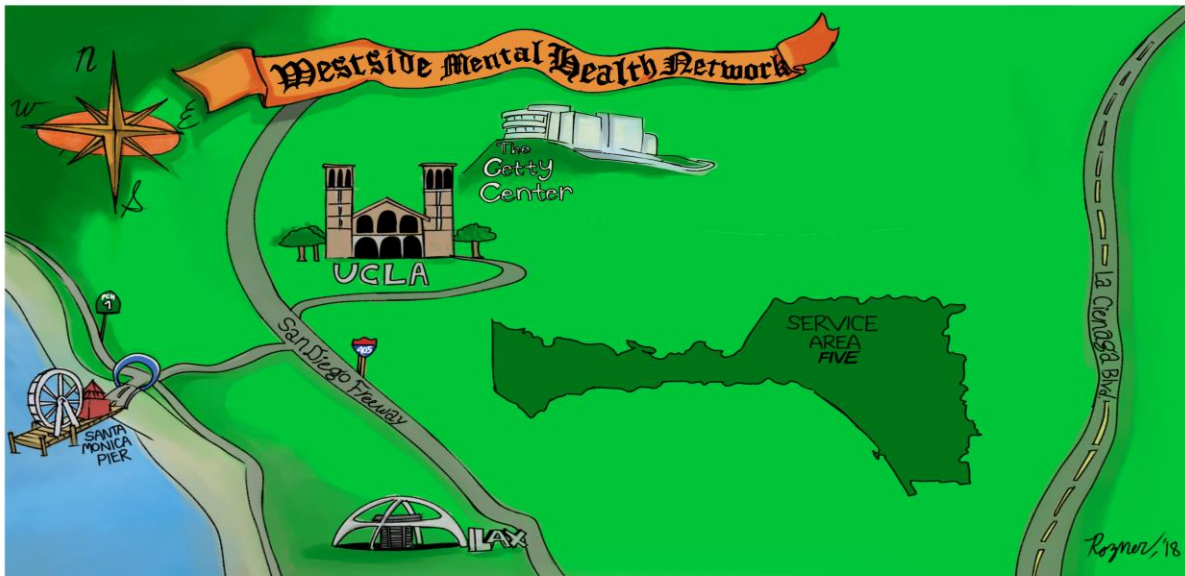


Westside Mental Health Network Directory



June 2019

WINTER 2019-2020

WESTSIDE MENTAL HEALTH NETWORK DIRECTORY
Winter 2019-2020

Dedicated to the memory of Marylee Westbrook, who began this Directory as a way to keep her contacts organized. Over the years, it has grown to this valuable resource which she shared with all of us.



Our cover designer is Lawrence Rozner, Chief Illustrator for Painted Brain, a non-profit organization dedicated to promoting mental health awareness through art and the written word.



If you contact an agency and find the information is not up-to-date, please contact Celinda Jungheim celindajungheim@gmail.com or call/text 310-339-8091.



Please note that the agencies listed in this Directory have been submitted by each agency but are not specifically endorsed by The Westside Mental Health Network. We have no opinion upon the specific services listed.

WESTSIDE MENTAL HEALTH NETWORK
c/o Alcott Center, 1433 S. Robertson Blvd., Los Angeles CA 90035

Officers

Chair

Nick Maiorino nmaiorino@alcottcenter.org 310 785-2121
Alcott Center for Mental Health Services Fax 310 553-6052
1433 So Robertson Blvd Los Angeles 90035

Vice Chairs

Sabrina Diaz, LMFT sabrinadiaz@vistadelmar.org 310-836-12233 x 407
Vista del Mar Child & Family Services Fax 310-839-4148
3200 Motor Avenue, Los Angeles 90034

Alison Hurst Alison@safeplaceforyouth.org 310 753-3776
Safe Place for Youth (S.P.Y.)
2469 Lincoln Blvd., Venice 90291

Secretary

Celinda Jungheim celindajungheim@gmail.com 310 306-6766
Recovery International Cell 310 339-8091
13219-G Fiji Way, Marina del Rey 90292-7072

Treasurer (Acting)

Nick Maiorino nmaiorino@alcottcenter.org 310 785-2121
Alcott Center for Mental Health Services Fax 310 553-6052
1433 So Robertson Blvd Los Angeles 90035

Submit any corrections or changes to Network Secretary (Celinda Jungheim) – see contact information above

ADMINISTRATIVE AND LEGISLATIVE CONTACTS
County/City
Los Angeles County Board of Supervisors
500 West Temple St, Ste #, Los Angeles 90012

Supervisor Hilda Solis 1st District Ste 856 213 974-4111
Erik Berg, M.D., Health Deputy eberg@bos.lacounty.gov
Jennifer Vallejo, LCSW, Mental Health Deputy jvallejo@bos.lacounty.gov
Antonio Chapa, District Director (Homeless Issues) achapa@bos.lacounty.gov
323 826-6370

Supervisor Mark Ridley Thomas 2nd District Ste 866 213 974-2222
Dhakshike Wickrema, Asst. Senior Deputy for Mental Health and Homeless Advocacy
DWickrema@bos.lacounty.gov
Emily C. Williams, Senior Deputy for Human Services and Child Welfare
EmWilliams@bos.lacounty.gov

Supervisor Sheila Kuehl 3rd District Ste 821 213-974-3333
Zachary Gaidzik, Field Deputy zgaidzik@bos.lacounty.gov
Elan Shultz, Health & Public Health Deputy eshultz@bos.lacounty.gov
Molly Rysman, Homeless Deputy MRysman@bos.lacounty.gov
Angelica Ayala, Associate Health Deputy Aayala@bos.lacounty.gov
Genethia Hudley-Hayes, Education and Social Services Deputy
ghayes@bos.lacounty.gov
Rosaline George, Westside Community Liaison on Aging rgeorge@bos.lacounty.gov
Rachael Simon, Assoc. Housing & Homeless Deputy rsimon@bos.lacounty.gov

Supervisor Janice Hahn 4th District Ste 822 213 974-4444
FourthDistrict@bos.lacounty.gov
Jaclyn Baucum, Health and Agenda Deputy jbaucum@bos.lacounty.gov
Louisa Ollague, Homelessness Deputy & Asst Chief of Staff lollague@bos.lacounty.gov
Maral Karaccusian, Children & Human Services Deputy
mkaraccusian@bos.lacounty.gov

Supervisor Kathryn Barger 5th District Ste 869 213 974-5555
Kathryn@bos.lacounty.gov
Erick Matos, Health & Legislative Affairs Deputy
ematos@bos.lacounty.gov
Monica Banken, Family and Children's Deputy mvega@bos.lacounty.gov
Dana Vanderford, Homeless Services Deputy dvanderford@bos.lacounty.gov

**Los Angeles County Mental Health Commission
550 So Vermont Ave., Los Angeles 90020**

Email: mentalhealthcommission@dmh.lacounty.gov
www.dmh.lacounty.info/mhc/

213 738-4772
Fax: 213 738-2120

Executive Committee

Chair – Brittney Weissman
1st Vice Chair – Stacy Dalglish
2nd Vice Chair – Harold E. Turner

Membership at Large

Patrick Ogawa
Susan F. Friedman

Commission Staff:

Pinki Metha, Executive Assistant
Canetana Hurd, MBA
Arleen Santizo, SPWI
Daniel Estrada
Tracy Gregory

Commission Roster by Board of Supervisor Designation:

Hilda Solis, 1 st District	Imelda Padilla-Frausto Lawrence Murata-Shih Susan F. Friedman
Mark Ridley Thomas, 2 nd District	Harold E. Turner Kita S. Curry, Ph.D. Reba Stevens
Sheila Kuehl, 3 rd District	Merilla McCurry Scott, PhD Stacy Dalglish Rev. Kathy Cooper Ledesma
Janice Hahn, 4 th District	Patrick Ogawa Kevin M. Acebo Vacant
Kathryn Barger, 5 th District	Judy Cooperberg, MS, CPRP Brittney Weissman Vacant

Los Angeles County-Dept of Mental Health (LAC-DMH)
550 So Vermont Ave Los Angeles 90020

Jonathan Sherin, M.D., Ph.D., Director of Department of Mental Health	213 738-4601
Curley Bonds II, M.D., Medical Dir, M.D., Mental Health (UC)	213 738-4108
Gregory Polk, Chief Deputy Director, Administrative Operations	213 738-4926
Mimi McKay, M.A., M.L.I.S., Deputy Director, Strategic Communications	213 738-2862
Lu Ann Sanderson, D.N.P., Discipline Chief, Nursing	213 351-1928
Keris Jan Myrick, M.B.A., M.S., Discipline Chief, Peer Services	213 351-1921
David Ruskin, M.D., Discipline Chief, Psychiatry	213 351-1924
Jorge Partida, Psy.D., Discipline Chief, Psychology	213 738-4967
Yvette Willock, L.C.S.W., M.A., Discipline Chief, Social Services	213 351-1927
Terri Boykins, L.C.S.W., Deputy Director, Contract Management and Monitoring	213 738-2408
Miriam Brown, L.C.S.W., Deputy Director, Outreach, Engagement & Triage	213 738-3412
Carlotta Childs-Seagle, L.C.S.W., Deputy Director, Outpatient Services	213 738-4851
Debbie Innes-Gomberg, Ph.D., Deputy Director, Prevention and Outcomes	213 738-2756
Anabel Rodriguez, L.C.S.W., Deputy Director, Child Welfare	213 739-5466
Connie Draxler, Deputy Director, Public Guardian	213 974-0407
Edgar Soto, Administrative Deputy	213 738-2891
Mirian Avalos, Chief Information Officer	213 251-6481
Kimberly Nall, Manager, Finance	213 738-4625
Joo Yoon, Acting Contracts Manager	213 351-6669
Eva Carrera, Chief, Contract Monitoring SA 5, 2, 1	213 739-5538
Kalene Gilbert, Chief, Preventive Services	213 739-5403
ACCESS Number for 24 Hour Crisis Services	800 854-7771
Patients' Rights	800 700-9996

LAC-DMH West Los Angeles Administration Office
11303 W. Washington Blvd, Suite 200, Los Angeles 90066

Jacquelyn Wilcoxon, Chief, Service Area Five, Geographic Initiative 310 482-6601
jwilcoxon@dmh.lacounty.gov Fax 310 313-0813

Los Angeles County - Superior Court - Dept 95
1150 No San Fernando Rd Los Angeles 90065
<http://www.lacourt.org/division/mentalhealth/mentalhealth.aspx>

Clerk's Office	323 441-1898
Department 95A 4 th Floor Room 401	323 441-1893
Judge Robert S. Harrison	
Handles all conservator proceedings for the mentally ill	
Department 95B 4 th Floor Room 400	323 441-1894
Judge James Bianco	

Handles cases involving sexually violent predator probable cause hearings, habeas corpus proceedings for persons who have been involuntarily committed under WIC 5275, commitment petitions under WIC 6500, Murphy Conservatorship, and firearm restoration petitions.

DMH Court Liaison Program 626 403-4370
Airport (West LA, Beverly Hills, Santa Monica) 310 727-6245
Public Defender 213 974-2811
Español: 213 974-2828

Los Angeles County Airport Municipal Court
11701 S. La Cienega Blvd., Los Angeles, CA 90045
<http://www.lacourt.org/courthouse/info/address/lax>

City Attorney	4 th Fl	310 202-3800
Criminal Clerk's Office (Felony)	2nd Fl	310 725-3025
Criminal Clerk's Office (Misdemeanor)	2nd Fl	310 725-3099
District Attorney	Suite 601	310 727-6500
Public Defender	Room 530	310 727-6200
Registrar-Recorder	Room 675	310 727-6141

Visit website for full directory including Judicial Officers listings

Los Angeles City Council - Westside Council Members

200 No Spring St Rm # Los Angeles 90012

Council District 11 – Mike Bonin Rm 475 213 473-7011
<https://11thdistrict.com/>

West LA District Office
1645 Corinth Ave, Ste 201, Los Angeles 90025 310 575-8461

Westchester District Office
7166 W. Manchester Ave., Los Angeles 90045 310 568-8772

Council District 5 – Paul Koretz Rm 440 213 473-7005
<http://councilmemberpaulkoretz.com/>

Western District Office 323 866-1828
6380 Wilshire Boulevard, Suite 800
Los Angeles, CA 90048
Jim Bickhart james.bickhart@lacity.org
Policy and Legislative Consultant (including homelessness policy)

City of Beverly Hills

City Hall 455 N. Rexford Dr., Beverly Hills, CA 90210
<http://www.beverlyhills.org/>

John Mirisch, Mayor MayorandCityCouncil@beverlyhills.org
George Chavez, City Manager 310 285-1014
City of Beverly Hills Community Services Department

Human Services Division, Suite 250 310 285-1006
humanservices@beverlyhills.org Fax 310 385-0840
James R. Latta, LCSW, Human Services Administrator jlatta@beverlyhills.org
Rachel Evans, Human Services Specialist
Beverly Hills CLASP - Homeless Outreach and Engagement Program 310 487-0313
Outreach coordinators: Kevin and Sabreah
Senior Programs and Services Information Line 310 285-6840

Beverly Hills Police Dept.

464 N. Rexford Drive, Beverly Hills 90210
Information and non-emergency line: 310 550-4951
Front Desk 310 285-2100
Sgt. Matthew Stout, Public Information Officer 310 285-2192
Sgt. Sean Smollen, Community Liaison 310 288-2668

City of Culver City

City Hall 9770 Culver Blvd, Culver City 90232
<https://www.culvercity.org>

Meghan Sahli-Wells, Mayor 310 845-5831
John Nachbar, City Manager 310 253-6000
Committee on Homelessness meets the last Tuesday of every other month
Contact: Tevis Barnes at 310 253-5780

Culver City Police Department

4040 Duquesne, Culver City 90232
chief.police@culvercity.org
Emergency (24/7) 911
Main Line 310 253-6208
Non-Emergency 310 837-1221

City of Santa Monica

City Hall 1685 Main St, Santa Monica, CA 90401
<https://www.smgov.net/>

Kevin McKeown, Mayor 310 458-8201
City Manager's Office Room 209 310 458-8411
Rick Cole, City Manager rick.cole@smgov.net 310 458-8301
Alisa Orduña, Senior Advisor to the City Manager on Homelessness 310 458-8301
alisa.orduna@smgov.net
Human Services Division Room 212 310 458-8701
Human.services@smgov.net
Setareh Yavari, Manager, Human Services Division
Maggie Willis, Homeless Services Administrator

Elizabeth Anderson, ADA Disabilities Coordinator
Housing and Economic Development Division
Housing Authority/Section 8 310 458-8740
1901 Main Street, Suite A Santa Monica, CA 90405 Fax 310 264-7757
[https://www.smgov.net/departments/HED/
Section8.Mailbox@smgov.net](https://www.smgov.net/departments/HED/Section8.Mailbox@smgov.net)

City of Santa Monica Police Department Homeless Liaison Program (HLP Team)
333 Olympic Blvd., Santa Monica 90401 310 458-8953
Officer Thomas Mastin Thomas.mastin@smgov.net Fax 310 458-2590
Officer Robert Martinez Robert.martinez@smgov.net

SERVICE AREA 5 DEPT OF MENTAL HEALTH FUNDED PROVIDERS INCLUDE:

Directly Operated:

Edmund D. Edelman Westside Mental Health Center

Contract Agencies:

Alcott Center for Mental Health Services

CLARE/MATRIX

Didi Hirsch Community Mental Health Center

Disability Community Resource Center (DCRC)

Exceptional Children's Foundation – Kayne Eras Center

Exodus Recovery

Family Service of Santa Monica, a division of Vista del Mar

Help Group West Child & Family Center

Homes for Life Foundation

Jewish Family Services of Los Angeles

Los Angeles County Client Coalition (LACCC)

Meadowbrook

NAMI

New Directions for Veterans

Pacific Asian Counseling Services

The People Concern

Providence Saint John's Child & Family Development Center

Safe Place For Youth (SPY)

SHARE! the Self-Help and Recovery Exchange

St. Joseph Center

Step Up On Second

Vista Del Mar

Westside Infant Network (WIN)

Westside Urgent Community Services Program

SERVICE AREA 5 HEALTH NEIGHBORHOODS

Service Area 5 has three health neighborhoods which are collaborations of agencies.

Following are the partner agencies for the Pico Robertson Health Neighborhood and the WIN Intergenerational Wellness Health Neighborhood. Our third Health Neighborhood has Safe Place for Youth (S.P.Y.) as its lead agency and is now incorporating the Venice Youth Network.

PICO ROBERTSON HEALTH NEIGHBORHOOD

Vision: *“to improve health & quality of life in our community”*

Mission: *Identify and address community needs in-order-to educate, reduce stigma and improve health outcomes by reducing barriers to service access*

Values: *Trust, Inclusion, Collaboration, Interdependence, Collective Impact*

The Pico-Robertson Health Neighborhood is a collaboration of several established and committed organizations whose common purpose is to improve health and quality of life in the 90034 and 90035 zip code areas.

Working with community members, the Alcott Center and its partners accomplish his goal by identifying community needs, increasing awareness, improving healthcare access, and providing education to the community.

Our partners include:

- The Alcott Center for Mental Health Services (Lead Org)
- Jewish Family Services of Los Angeles (JFS)
- Westside Family Health Center
- People Assisting the Homeless (PATH)
- Los Angeles County Department of Mental Health (DMH)
- Los Angeles County Department of Public Health (DPH)
- Vista Del Mar Child & Family Services
- CLARE - MATRIX
- Recovery International Self-Help
- Painted Brain
- Safe Place for Youth (SPY)
- LAPD – Mental Evaluation Unit (MEU)
- B’nai David-Judea Congregation

For additional information, please contact Nick Maiorino, Executive Director at nmaiorino@alcottcenter.org or Roxanne Gonzalez, Community Outreach Liaison at rgonzalez@alcottcenter.org

PALMS/MAR VISTA HN (INTERGENERATIONAL WELLBEING HEALTH NEIGHBORHOOD)

Contact: Bre Onna Mathis, WIN Innovations 2 Project Director, breonnam@winla.org
The Intergen Health Neighborhood in Mar Vista is a gathering place for parents, school and agency staff, faith leaders, and everyone seeking to support happier, healthier communities starting with our youngest children and parents. Our mission is to ensure that our neighborhoods feel safe, welcoming, and well-resourced to families, because we understand that stress and

trauma in early childhood is strongly related to youth and adult trauma—trauma that plays out as violence, school failure, depression, addiction, homelessness, suicide, and a host of lifelong health and mental health issues that can be passed from generation to generation. Our goal is to weave connections among neighbors, communities, public and private agencies to build flexible and seamless systems of care that promote recovery and resilience for all families, because we understand that for each one of us to be well, all of us must be well.

WIN's partner agencies and Health Neighborhood partners have deep roots in west Los Angeles. Each offers a special set of services to families—and together, these services form a comprehensive “nest” of supports to help families reach their full potentials.

WIN's Partner Agency Contact Information:

Venice Family Clinic Early Head Start

604 Rose Ave
Venice, CA 90291
310-392-8636
www.venicefamilyclinic.org
Director: Stacey Scarborough

El Nido Early Head Start

2152 W. Manchester Ave.
Los Angeles, CA 90047
323-971-7360
www.elnidofamilycenters.org
Program Director: Patricia Bermeo

Pediatric Therapy Network

1815 213th St.
Torrance, CA 90501
310-328-0276, ext. 217
www.pediatrictherapynetwork.org EHS Director: Araceli Espinoza

WIN's Health Neighborhood Agency Contact Information:

Venice Family Clinic

604 Rose Ave
Venice, CA 90291
310-392-8636
www.venicefamilyclinic.org
Executive Director: Elizabeth Benson Forer

Connections for Children

2701 Ocean Park Blvd., Suite 253
Santa Monica, CA 90405
310-452-3325
www.connectionsforchildren.org
Executive Director: Patti Oblath

Providence St. John's Child and Family Development Center

1339 20th St.
Santa Monica, CA 90404
310-829-8921
california.providence.org/saint-johns/services/child-and-family-development-center/

UCLA TIES for Families

1000 Veteran Ave., 2nd Floor
Los Angeles 90095
310-825-6110

www.uclahealth.org/mattel/ties-for-families/

Executive Director: Audra Langley

Family Service of Santa Monica/Vista Del Mar

1533 Euclid St.

Santa Monica, CA 90404

310-451-9747 www.vistadelmar.org

Director: Laura Ornelas

Didi Hirsch Child and Family Program

12420 Venice Blvd., Suite 200

Los Angeles, CA 90066

310-751-1200 www.didihirsch.org

Program Director: Lisa Schumacher

Pacific Asian Counseling Services

8616 La Tijera Blvd., Suite 200

Los Angeles, CA 90045

310-337-1550 www.pacsla.org

Clinical Director: Michi Okano

Sojourn/The People Concern

1453 16th St.

Santa Monica, CA 90404

310-264-6646

www.opcc.net

Director: Pat Butler

Westside Anti-Violence Authority

1453 16th St.

Santa Monica, CA 90404

310-264-6646, ext. 311

www.westsideanti-violenceauthority.org

**THE VENICE YOUTH NETWORK AND VENICE MARINA DEL REY HEALTH
NEIGHBORHOOD**

The Venice Youth Network and Venice Marina del Rey Health Neighborhood share the same time and space as their missions are closely aligned. It is a convening of key partners, young people, community members, business owners, volunteers, and faith based organizations that come together to coordinate resources that support youth on their path to wellness.

The ongoing mission of the VMdR HN is to highlight our member's voices to further inform the community and service providers on how to best serve the needs of this dynamic population.

The meeting will also provide space for participants to share what's going on at their own organizations.

There's no requirement for joining the VYN other than wanting to help youth. We hope to see you there!

WESTSIDE MENTAL HEALTH NETWORK DIRECTORY

c/o Alcott Center, 1433 S. Robertson Blvd., Los Angeles CA 90035

Winter 2019-2020

This is a list of our member agencies, organizations and individuals. It contains information on services as submitted to us. We try to update this list twice each year. Please let us know of any changes/additions. If you would like to join the **WESTSIDE MENTAL HEALTH NETWORK**, please contact Celinda Jungheim at celindajungheim@gmail.com or call/text 310-339-8091. **We meet the 2nd Wednesday of every month, 12 noon - 1:30 pm at DMH SA 5 Administration Office, 11303 W. Washington Blvd. LA 90066 (at Sawtelle) (except June & December when we host special Celebrations).**

1736 FAMILY CRISIS CENTER WESTSIDE MENTAL HEALTH SERVICES

24/7 Crisis/Suicide Hotlines, Intake and Referral, Crisis Intervention Services

213 745-6434 213 222-1237 562 388-7652 310 370-5902 310 379-3620

Services provided: 24-hour crisis and suicide hotline services, intake and shelter screening for victims of domestic violence; Human Sex Trafficking and At-Risk Youth, ages 10-12, and LAPD DART (Domestic Abuse Response Team) program provider: on-scene immediate crisis response and emergency assistance through ride-along with LAPD. Bilingual/bicultural (Spanish) and other language interpretation available.

1736 Everychild Foundation Emergency Shelter and Youth Program

Services provided: 24-hour crisis and suicide hotline services and confidential emergency shelter for youth, ages 10-17, individual, family and group counseling and psychotherapy, case management, job development and education services.

24/7 direct to shelter: 310 379-3620

1736 Street Outreach and advocacy team for ages 12-22

Responding to emergent and non-emergent calls from community partners to meet the youth on the streets and help provide referrals, resources, guidance and services to runaway, homeless and street youth, under age 22, who have been subjected to, sexual abuse, prostitution, sexual exploitation and severe forms of trafficking in persons. This team works days/nights and one weekend day.

24/7 – use crisis hotline 310 379-3620

Andrea Chapman, Program Coordinator – 310-871-1950

Achapman@1736fcc.org

2-1-1 LA COUNTY

P.O. Box 726, San Gabriel 91778-0726

800 339-6993

Maribel Marin, Executive Director <https://www.211la.org>

24 hour information & referral service providing information about health and human service agencies throughout Los Angeles County. It is funded by the County of Los Angeles and United Way. Services are provided 24 hours a day, 7 days a week in English, Spanish and over 140 other languages via a tele-interpreting service. 2-1-1 LA County's comprehensive database lists

over 4,100 Health & Human Service Resources, call for more information.

ACCENT ON WELLNESS PSYCHOLOGY ASSOCIATES, INC.

310 855-3990

Three Los Angeles County Locations:

Fax: 424 276-7676

2790 Skypark Drive, Suite 215, Torrance, CA 90505

2730 Wilshire Blvd., Suite 620, Santa Monica, CA 90403

5535 Balboa Blvd., Suite 110, Encino, CA 91316

<http://www.socialscienceconsulting.org/>

Daniel E. Bruzzone, Psy.D, QME, President & Clinical Director

adminstaff@aowpa.org

Affordable, caring, solution-focused psychotherapy, provided by Licensed Psychologists, Licensed Marriage and Family Therapists, Licensed Clinical Social Workers, Registered Psychological Assistants, Associate Clinical Social Workers, and MFT interns, in English, Spanish and Farsi.

Appointments available 9 am to 9 pm Monday-Thursday, 9 am to 7 pm Fridays, and 9 am to 2 pm Saturdays to accommodate busy schedules. Serving individuals, couples, families and groups of all ages—children, adolescents, adults and elderly. Accepting Medicare, LA Care/Care 1st Medi-Cal, additional Medi-Cal plans and California Victims of Crime. Many other insurance plans accepted including some HMOs and PPOs. Sliding scale also available with proven need.

We treat trauma, depression, anxiety, partner relationship issues, anger, coping skills, family reunification, parenting/grand-parenting/caretaking, grief and loss and more. Certified Life Coaching, Infant Massage Instruction, and Spiritual Counseling, Peace Officer Standards and Trainings (POST) evaluations and QME evaluations also offered.

ACCESS CENTER (see The People Concern)

ADDICTION AND PREVENTION PROGRAM (ADAP) (Program of Jewish Family Service)

8838 West Pico Blvd., Los Angeles 90035

310 247-1180

Linda Gingras, CADC II, Addiction Specialist

Fax: 310 247-1491

lgingras@jfsla.org

JFS' Addiction and Prevention Program (ADAP) provides substance abuse prevention, education, and support services to people of all backgrounds and socio-economic status living in Los Angeles and the San Gabriel Valley. Our goal is to raise awareness of the risks of alcohol and drug use by providing education and information to youth, parents, and the community. In addition to prevention programming, ADAP offers consultation, referral and training throughout Los Angeles County.

AIRPORT MARINA COUNSELING SERVICE (AMCS)

7891 La Tijera Boulevard, Los Angeles, CA 90045 www.airportmarina.org 310 670-1410
Fax: 310 670-0919

Diana Hoffman Clinical Director dhoffman@airportmarina.org

Since 1961, a private nonprofit outpatient mental health clinic offering sliding scale fees based on gross income. Open 7 days a week, Mon. through Thursday, 9a -9p, Fri., Sat., Sun., 9a - 3p. Weekly psychotherapy for adults, children,(ages 5+) adolescents, families, couples, seniors. Psychiatry services for children and adults in ongoing psychotherapy. School-based counseling, couples counseling, immediate intervention program, and at risk kids program. Therapeutic groups include: 10 Session Parenting Class, 12 Session Anger Management Group, Self Esteem, Art Therapy for 50+, Depression and Anxiety, Men’s Support Group.

ALCOHOL & DRUG PROGRAM ADMINISTRATION (Program of LA County-Dept of Health Services) see Substance Abuse Prevention and Control

ALCOTT CENTER for MENTAL HEALTH SERVICES

1433 S. Robertson Blvd, Los Angeles 90035 310 785-2121
www.alcottcenter.org Fax 310 553-6052

Nick Maiorino, MA, Chief Executive Officer nmaiorino@alcottcenter.org
Adrienne Angeles, LCSW, Chief Operating Officer aangeles@alcottcenter.org
Kristi Rangel, LCSW, Director Mental Health krangel@alcottcenter.org
Jeannie Thompson, LCSW, Director of Housing jthompson@alcottcenter.org
Nate Collins, Development Manager/Studio Arts ncollins@alcottcenter.org

The Alcott Center is a non-profit organization whose mission is to enhance the quality of life to enhance the quality of life, promote independence and empower individuals living with mental health issues to live productive and meaningful lives.

General Outpatient Program including case management, medication support, crisis intervention, individual, group, couples, and family therapy offered in office or field.

Group Program including independent living skills training to individuals at risk of losing housing as well as processing groups assisting in whole person wellness.

Interim Residential Services Program links homeless individuals to bridge housing options while receiving wraparound mental health and case management services to promote stabilization.

Prevention and Early Intervention Program provides evidenced-based, short-term mental health interventions to adults and older adults experiencing early occurrence of illness due to trauma.

Pico-Robertson Health Neighborhood Project a partnership with other social service organizations in the area, focused on improving access to care and overall community health.

Housing for Health Program allows us to accept and work with referrals of homeless individuals via the Coordinated Entry System and those being diverted or released from incarceration who are already linked to a housing subsidy.

Studio Arts and Social Programs consists of free, regular social activities such as trips to baseball games, field trips and Friday afternoon Pizza Parties as well as our Studio Art Program.

ALLIES FOR EVERY CHILD

Offices: 5721 West Slauson Ave Ste 200 Culver City, CA 90230 310-846-4100
Early Headstart Center: 12120 Wagner Street Culver City, CA 90230 310-397-4200
<https://www.alliesforeverychild.org/> Fax: 310-391-7488

At Allies for Every Child, we invest in healthy childhoods so every child has a life filled with opportunity. All children need a childhood. We bring together and strengthen families, cultivating conditions for children to succeed in life.

We believe that every child has the right to a nurturing, supportive childhood. What happens to us during the first five years of our life – when the architecture of our brain is formed – has outsized influence on who we will become, how we will form relationships, and if we get to determine our path in life.

ANOTHER WAY (A Program of Open Paths Counseling Center)

5731 W. Slauson Ave., Suite 175, Culver City 90230
<http://openpaths.org/counseling-services/domestic-violence-classes-anger-management/>
Kendall Evans, MA, MFT, Director kevans3054@aol.com Intake: (310) 258-9677
Fax: (310) 258-9650

Another Way provides therapy to people whose lives have been affected by violence, whether their own or other people's. Our focus is on helping people recover from trauma and on helping people learn tools to handle their feelings in a constructive way. The program helps to reduce partner abuse and sexual assault by directly addressing the cause of violence through 52-week domestic violence perpetrator and anger management groups, individual and family counseling.

Open Paths also provides Los Angeles County Probation Department approved batterer's treatment groups, domestic violence classes, as well as counseling for most types of court-mandated clients. There is also a women's survivors group for both perpetrators and victims of domestic violence.

Domestic Violence and Anger Management classes are \$25 a class. There is a \$50 intake fee. Individual, couples, and family counseling is based on sliding scale. Survivor group has a \$20 registration fee and \$15 a group with a commitment of 12 classes. Clients please call.

ANTIOCH UNIVERSITY COUNSELING CENTER

Antioch University Los Angeles

400 Corporate Pointe, Culver City 90230

<https://www.antioch.edu/los-angeles/resources/community-resources/au-counseling-center/>

Main Line/Sliding Scale: 310 574-2813

Intake Line for Licensed Clinicians: 310 893-3983

Fax: 310 821-7540

Jill Howe-Vercos, MA, MFT, Associate Director/Manager ext 409

jhowevercos@antioch.edu

The Antioch University Counseling Center (AUCC) is a community counseling center operated by Antioch University Los Angeles. The AUCC is staffed by licensed Marriage and Family (MFT) therapists and clinical psychologists, as well as MFT trainees and interns. Counseling & psychotherapy for individuals, couples, families, children, adolescents, groups. Psychotherapy services are offered to the public on a sliding scale; licensed therapists on staff may accept insurance. The clinic is not able to accept Medicare or Medi-Cal. AUCC does provide services for court mandated clients.

Additional outreach programs include our School-Based Program, in which we provide these services to local K-12 students on their school campuses at no cost to their families; our International Counseling Center is located in West Los Angeles, serving the needs of the international community of greater Los Angeles; our Ways of Being Community Counseling provides for the needs of LGBTQIA+ individuals and families; our partnership with the Culver City Senior Center provides on-site individual and group psychotherapy at no cost; and our Colors Youth program provides individual and group psychotherapy and counseling to LGBTQ youth, their families, and allies, also at no cost.

ANTIOCH UNIVERSITY INTERNATIONAL COUNSELING CENTER

(Program of Antioch University Counseling Center)

2001 So Barrington Ave, Ste 110, West Los Angeles, 90025

400 Corporate Pointe, Culver City, CA 90230

310 477-7702

Fax 310 477-4688

The International Counseling Center offers psychotherapy services in English, Russian, Farsi, Hebrew, and French for individuals, couples, families & children. Patients can be seen at both locations. Fees are based on sliding scale. Serving children, adults and families. Additional services include hypnotherapy, play therapy, psychological testing, addiction intervention, and support groups.

ASPIRANET- Los Angeles Office

3605 Long Beach Blvd, Long Beach, CA 90807

(310) 535-1500

<https://www.aspiranet.org/>

Fax (562) 495 7137

Aspiranet offers a unique blend of services including foster family support, adoption through foster care, services for foster youth transitioning to adulthood, mental health services, residential care, intensive home-based care, and community-based family resources. This location has a contract with the Department of Children and Family Services and referrals are made through the county. The behavioral health programs are for children already in placement in foster family or kin care, who are at risk of disruption.

BACUP (Benefits Assistance Clients Urban Projects) (See FSP- Special Service for Groups)

BEL-AIR GUEST HOME (Residential Care Facility)

1440 No Stanley Ave, Los Angeles 90046

323 876-3370

Galina Samuel, Director

Fax 323 876-3372

64 bed Board and Care for the mentally disabled. Referrals should be placed by a mental health institution. \$1059.37/month

BEVERLY HILLS GARDENS CARE CENTER

1470 So Robertson Blvd, Los Angeles, CA 90035

310 273-3668

John Steinfield, Director

Fax: 310 246-1378

55 room Residential Care Facility. Serves clients aged 65+. 25% can be younger individuals if they are compatible with the population.

BINAH UNLIMITED - CHANGE CONSULTING, TRAINING, PRESENTATIONS

Understanding: the key to unlock the future

Karen Macedonio

760 338-3231

Personal Development Coach

Cell 213 445-5875

Email karen@binahunlimited.com

Website www.binahunlimited.com

Design your future today, with a sense of hope, purpose and meaning. Humans thrive through active, changing regeneration. The human brain is constantly rewired and reworked through the experience of life. We're always becoming new, whether we realize it or not. Much of the process can be individually directed. Aim for a healthy mind in a healthy body – and then take one practical step at a time toward your personal goal.

BOYS & GIRLS CLUB OF VENICE (see IBEN FAMILY SUPPORT CENTER)

BROTMAN MEDICAL CENTER - BEHAVIORAL HEALTH SERVICES (see Southern California Hospital at Culver City)

BUREAU OF VICTIM SERVICES (See LA County District Attorney Bureau of Victim Services)

CALIFORNIA STATE DEPT OF REHABILITATION

See State Dept of Rehabilitation

916-324-1313

**(CAPPS) – see UCLA- Center for the Assessment and Prevention of Prodromal States
CARING FOR CHILDREN & FAMILIES WITH AIDS (CCFA) (see The Children’s
Circle)**

CATHOLIC CHARITIES - St. Margaret’s Center

10217 S. Inglewood Ave., Lennox, CA 90304

310 672-2208

This location has psychotherapy for individuals (children and adults). In addition, the center offers food programs, including groceries, sack lunches and senior food distribution; utility assistance; immigration processing; counseling services; adult education classes (ESL, Citizenship, GED); tutoring for adults and youth; CalFresh and MediCal application assistance; homeless programs; health screening; workshops; and holiday programs.

**THE CHICAGO SCHOOL OF PROFESSIONAL PSYCHOLOGY COUNSELING
CENTER**

<https://counseling.tcscenters.org>

Jens Schmidt, Ph.D. Counseling Center Director

Anita Fozoonmehr, LMFT, Intake Coordinator/Clinician

Operated by the nation’s leading graduate university dedicated to psychology and related behavioral and health sciences, The Chicago School of Professional Psychology’s Counseling Centers employ experienced clinical psychologists and marital and family therapists to provide close supervision to master’s and doctoral-level interns who are working toward clinical licensure.

Under the mentorship of the licensed clinical staff, our intern therapists provide psychotherapy, couples counseling, group therapy, and psychological testing services to clients struggling with a wide range of issues including anxiety, depression, relationship challenges, bereavement, eating disorders, sexual orientation issues, substance abuse, domestic violence, chronic mental illness, sexual abuse, post-traumatic stress, and others.

The language capacity for August 2018 to August 2019 will be English, Spanish, Farsi, Russian, Armenian, Korean, Finnish, and French. Please call to determine current language capacity.

THE CHILDREN'S DENTAL CENTER OF GREATER LOS ANGELES

300 E Buckthorn St, Inglewood, CA 90301

310 419-3000

<http://www.tcdc.org/>

TCDC is a 501(c)3 nonprofit geared towards helping the community. Their dentists see children of all ages, adults, and the elderly. Consultations & first-time visits include an exam, x-rays, and light scale-cleaning (prophy). The fee associated with consultations are \$55 for Children and \$85 for Adults. The center has an extensive staff of volunteer and paid doctors, including specialists

(general dentistry, pedodontics, endodontics, periodontics, oral surgery, orthodontics.) Ortho consultations are free of charge. Please call 310-419-3000 for more information regarding Denti-Cal orthodontic coverage. The Center accepts Denti-Cal/Medi-Cal (NOT Access Dental), PPO Insurances, and Liberty Dental (Must be assigned to clinic.) TCDC offer patients that do not have insurance low cost treatment, payment plans, and Care Credit (credit line to pay for dental treatment).

CHRYSALIS, SANTA MONICA - Changing Lives Through Jobs

1853 Lincoln Blvd, Santa Monica, CA 90404

310 401-9400

<https://changelives.org/>

Fax: 310 314-2087

Chrysalis is a non-profit that has helped over 60,000 people who are formerly homeless or suffered from other disadvantages find and retain employment. The program offers employment preparation classes and services designed to improve job search skills, self-confidence, self-sufficiency, and employability. Our goal is to help you prepare for, find, and keep a job. Services are free and open to all. Clients are assigned an Employment Specialist to offer one-on-one support as they work through their self-directed job search. Clients can access resume preparation, practice interviews, computers and internet, support groups, job prep classes, work wardrobe, transportation, and transitional jobs.

CLARE|MATRIX

2644 30th Street, Suite 100, Santa Monica, CA 90405

310 314-6200

<http://clarematrix.org/>

866 452-5273

Lisa Steele, Executive Director lsteele@clarematrix.org

Fax 310-396-6974

Cristina Meadows, Call Center Coordinator

310-314-6200 x 3111

cmeadows@clarematrix.org

310-314-6200 x 3151

CLARE|MATRIX is a nonprofit organization providing compassionate treatment and recovery services for alcoholism and substance abuse to individuals, families, and the community. CLARE|MATRIX offers affordable residential and outpatient treatment programs administered in a caring and sober community to help those facing drug and alcohol addiction recover their lives.

Outpatient Services include evidence-based morning and evening Treatment and Intensive Outpatient Programs with individual, group, and family counseling sessions for adults ages 18 and over, Partial Hospitalization Program, and weekly outpatient treatment and case management.

CLARE|MATRIX also has programs for clinically observed detoxification, up to 90 days of residential treatment, a pregnant and postpartum women program, psychiatry, 12 step meetings, career readiness training, sober living, couples/family counseling, and employment assistance.

Clarity for Youth Program

CLARE|MATRIX

1002 Pico Boulevard, Santa Monica, CA 90405

Tiffany Tran, Prevention Manager ttran@clarematrix.org

310 314-6200, ext. 3131

COLLABORATIVE HOUSING--- SEE SHARE!

COMMON GROUND - HIV COMMUNITY CENTER (a program of Venice Family Clinic)

622 Rose Ave. Venice, CA 90291

310-314-5480

The only HIV agency on the Westside of Los Angeles and committed to helping everyone know their HIV status, Common Ground is a part of Venice Family Clinic, a community health center that offers quality health care to people in need. Services include HIV and Hepatitis C testing, prevention, treatment and support for people living with HIV and AIDS, referrals, syringe exchange, peer-based training, a weekly buprenorphine clinic, and Hepatitis C and STD testing.

- STD tests are available Monday-Friday 10 am-4:30 pm. Please call for more information.
- Syringe Exchange Program runs Monday-Thursday 9am-8pm, Friday 9am to 5pm. See website for additional locations.

A COMMUNITY OF FRIENDS (ACOF)

3701 Wilshire Blvd, Ste 700, Los Angeles 90010 (corporate office)

213 480-0809

Dora Leong Gallo, CEO dgallo@acof.org

James Ramirez, Director of Residential Services

Fax 213 480-4189

<https://www.acof.org/>

ACOF's core mission is to develop affordable housing and to collaborate with community-based service agencies, to offer residents a variety of onsite supportive services. ACOF is able to provide housing for homeless, disabled and very low-income persons – creating permanent, affordable housing and an environment that promotes stability.

COMPASSIONATE FRIENDS (Chapter of Bereaved Parents of USA)

National Office: The Compassionate Friends, PO Box 3696, Oak Brook, IL 60522

<https://www.compassionatefriends.org/>

630 990-0010

Toll-Free: 877 969-0010

Fax: 630 990-0246

Self-help group that helps parents cope with grief after the death of a child. Bereaved siblings are also welcomed. Please visit the website or call the national line to find a local chapter.

CONSUMER & FAMILY AFFAIRS OF LAC DEPT.OF MENTAL HEALTH

550 S. Vermont Ave., 5th Floor, Suite 502, Los Angeles 90020

Main Line: 213 738-3948

Interim Program Administrator : [Flora Krisiloff](mailto:Flora.Krisiloff) fkrisiloff@dmh.lacounty.gov

The Office of Consumer and Family Affairs helps family members and consumers in need of additional assistance to access and connect to mental health care in their local communities within the eight geographical Los Angeles County Service Areas

FAY L. CRATON, MA, LMFT (Private Practice)

8632 S. Sepulveda Blvd, Suite 200, Los Angeles, CA 90045

424 259-1960

Treating all issues of individuals, families and friends dealing with chronic mental or physical illness and the related caregiving needs; with grandparents who have assumed the role of parenting their grandchildren and with spiritual/existential resilience or growth. License #mfc40011.

CRISIS TEXT LINE

<https://www.crisistextline.org/>

Text HOME to 741741

General Questions: support@crisistextline.org

Every texter is connected with a Crisis Counselor, a real-life human being trained to bring texters from a hot moment to a cool calm through active listening and collaborative problem solving. All of Crisis Text Line's Crisis Counselors are volunteers, donating their time to helping people in crisis.

CULVER PALMS MEALS ON WHEELS (CPMOW)

4427 Overland Avenue, Culver City, CA 90230 www.culverpalmsmealsonwheels.org

Pam Frieden, Executive Director mowculverpalms@gmail.com

310 559-0666

Since 1974, we have been delivering hot nutritious meals to those individuals who need assistance with meal preparation due to illness, accident, convalescence or age. Meals are delivered Monday through Friday between 11 am to 12:30 pm. We have a 3-day minimum service and we also offer additional meals for the weekend. Sandwiches are also available for an additional cost. Most special dietary needs can be accommodated (e.g. diabetic, puree, renal, low vitamin K, low cholesterol). Our service area extends from Pico Boulevard to LAX and from La Cienega Boulevard to the coast. CPMOW is a private non-profit, non-sectarian, volunteer community based 501(c)(3) corporation. Restoring strength to the individual with nutritious meals and easing the pain of loneliness and isolation with visits from our volunteers.

CULVER CITY POLICE DEPT

4040 Duquesne Ave, Culver City, CA 90230

Scott Bixby, Chief

310 837-1221

310 253-6100

CULVER CITY SENIOR CENTER

4095 Overland Ave, Culver City, CA 90232

Armando Abrego, Director, armando.abrego@culvercity.org

310 253-6700

Our primary mission is to provide a variety of educational, recreational and social services that meet the needs and interests of seniors, residents with disabilities and all members of the general community. The numerous programs and services offered provide access to information and support as well as opportunities for participation in activities that lead to personal growth, improved health and enriching life experiences.

DANIEL’S PLACE (A program of Step Up On Second)

	EXT	EMAIL
DANIEL’S PLACE PROGRAM STAFF		
Maria Jeffery, LCSW Program Manager	x 1721	mjeffery@stepuponsecond.org
Kyle McCurdy, LCSW, Lead Service Coordinator III	x 1711	kmccurdy@stepuponsecond.org
Shelley Hoffman, Parent/Family Advocate NAMI	x 1718	shelley@stepuponsecond.org

DAYBREAK TRANSITIONAL & EMERGENCY SHELTER (see The People Concern)

DEL AMO HOSPITAL

23700 Camino del Sol, Torrance 90505 Intake/Admissions 800 533-5266 310-530-1151
Partial Hospitalization Program: 16920 Avalon Blvd, Carson, CA 90746
www.delamotreatment.com
Howard Mationg, Community Relations howard.mationg@uhsinc.com Mobile: 310-505-6302
FAX: 310-626-9368

24 Hour psychiatric assessment team, adult program, youth services program and military. Services include crisis stabilization, co-occurring disorders, drug addiction & detox, and trauma recovery. Inpatient Hospitalization and Partial/IOP Service.

DEPRESSION AND BIPOLAR SUPPORT ALLIANCE

National Office: 5 E. Jackson Blvd, Suite 490, Chicago, Illinois 60604 Toll-free: 800 826-3632
www.dbsalaca.org Fax: 312 642-7243

Los Angeles CA Chapter (DBSA LACA)

213-316-6568 info@dbsalaca.org
DBSA LA Meeting Info & RSVP: <https://www.meetup.com/DBSALACA/>
RSVP is appreciated but not required.
Volunteer: volunteer@dbsalaca.org

Connect:

- Facebook: <https://www.facebook.com/dbsalaca>
- Twitter: <https://www.twitter.com/dbsalaca>
- Instagram: <https://www.instagram.com/dbsalaca>

DBSA Los Angeles CA offers weekly free adult peer led support groups, which allows people to gain insight and coping strategies from other group members lived experiences. This group is a

warm, friendly, and safe environment for those diagnosed with mood disorders – depression and bipolar disorder. The group also provides resources, education, and educational events. DBSA Los Angeles CA is a 501c(3) non-profit organization and an independent affiliate of the Depression and Bipolar Support Alliance (DBSA), which is a national organization.

DIDI HIRSCH MENTAL HEALTH SERVICES

4760 So. Sepulveda Blvd, Culver City 90230-4888 310 390-6612
www.didihirsch.org Fax 310 398-5690
Kita Curry, Ph.D., President/CEO kcurry@didihirsch.org ext 5423
Lyn Morris, LMFT, Senior Vice President, Clinical Operations ext 2305
Donovan Wong, MD, Medical Director ext 5441
Christina Ahumada, Ph.D., Adult Program Director ext 5343
Centralized Intake and Referral 310 390-8896

Services provided:

ADULT: Comprehensive adult mental health services—including extensive community-based case management, medication support, group, individual and family therapy, peer support, advocacy and housing assistance, TAY, adult and older adult services, and CalWORKs mental health services. Bilingual/bicultural (Spanish and Farsi) and field-based services available.

SUBSTANCE USE SERVICES: Community Engagement and Navigation Services (CENS), which provides substance use assessments to determine the most appropriate level of care recommendation. Referrals and linkage to substance use treatment programs are provided. Adults only.

YOUTH SUBSTANCE ABUSE SERVICES: Out-patient prevention and treatment services for youth ages 12-21 who meet medical necessity for a substance use disorder or those who are at risk for a substance use disorder. Services are provided on-site and approved field-based school sites. (Please call for insurance questions).

ADULT SUBSTANCE USE SERVICES: Out-patient substance use treatment services for adults who meet medical necessity for a substance use disorder and are determined to be appropriate for out-patient services. (Please call for insurance questions).

EXCELSIOR HOUSE, Inglewood

1007 Myrtle Ave, Inglewood 90301 Fax 310 412-3942
Elan Javanfard, LMFT, Associate Director of Residential Services 310 412-4191

Services provided: A short-term 14-bed psychiatric residential treatment facility for chronically mentally ill adults offering crisis resolution, stabilization and transitional programs.

GLENDALE CENTER, Glendale

1540 E. Colorado St., Glendale, CA 91205 Fax 818 243-5431
Jill Anderson, LCSW, Program Director, Adult Services, SA 2 818 244-7257
Martha Basmadjian, LMFT, Prog. Director, Child and Family Services, SA 2 818 244-7257

Services provided:

ADULT: Comprehensive adult mental health services – including extensive community-based case management, medication support, group, individual and family therapy, peer support,

advocacy and housing assistance, and TAY, adult and older adult services. Bilingual/bicultural (Armenian and Spanish) and field-based services available

CHILD/FAMILY: Individual and family counseling for children, and private counseling. Parenting classes, medication management and case management. Outpatient services for children & families.

INGLEWOOD CENTER, Inglewood

323 North Prairie Ave., Inglewood 90301 Fax 310 677-7205
Tiffany Flood, LCSW, Program Director, Adults Intensive Services, SA 8 310 677-7808
Oscar Gonzalez, LCSW, Program Director, Family Services, SA 8 310 677-7808

Services provided:

ADULT: Comprehensive adult mental health services—including extensive community-based case management, medication support, group, individual and family therapy, peer support, advocacy and housing assistance, TAY, adult and older adult services, and CalWORKs mental health services. Bilingual/bicultural (Spanish) and field-based services available.

CHILD/FAMILY: Individual and family counseling for children, include child group treatment, Spanish-speaking parenting education/classes, medication management, case management, Family Preservation and school-based services. Outpatient services for children & families; mental health services and psychological testing.

JUMP STREET, Los Angeles

1233 So La Cienega Blvd, LA 90035 Fax 310 855-0138
Mei Ling Acevedo, LCSW, Program Coordinator II 310 855-0031

Services provided: A short-term 10-bed psychiatric residential treatment facility for chronically mentally ill adults offering crisis resolution, stabilization and transitional programs.

METRO CENTER, Los Angeles

672 So Lafayette Park Pl, Ste 6, LA 90057 Fax 213 380-8923
Elizabeth Lopez, LMFT, Program Director Family Services SA 4 213 381-3626

Services provided:

FAMILY/CHILD: Individual and family counseling for children, private counseling, and CalWORKs. Parenting classes, medication management and case management. Outpatient services for children & families; mental health services.

OLYMPIC CENTER, Los Angeles

10277 West Olympic Blvd., Los Angeles, CA 90067 424 362-2900
Patricia Speelman, LMFT, Division Director

Services provided: Outpatient therapy for children, teens, adults, older adults and families, Bereavement groups; suicide attempt support groups; crisis services.

ORANGE COUNTY CENTER, Santa Ana

2000 East 4th St. Suite 201, Santa Ana, CA 92705 Fax 714 547-8352
Jacquelyn Rivera, LCSW, Program Coordinator 714 547-8562

Services provided: Multi-lingual 24 hour, 7 days a week, suicide prevention hotline services,

individual support counseling and group for those who have lost a loved one to suicide, as well as outreach and training to the community of Orange County.

S. MARK TAPER FOUNDATION CENTER, Los Angeles

1328 W Manchester Ave, LA 90044

Fax 323 778-0028

Christen Coco Guzman, LMFT, Program Director, Family Services, SA 6 323 778-9593

Services provided: Individual and family counseling for children, private counseling, and CalWORKs. Parenting classes, medication management and case management. Outpatient services for children & families; CalWORKS mental health services.

SUICIDE PREVENTION CTR & BEREAVEMENT SERVICES

spcdh@didihirsch.org

10277 W. Olympic Blvd., Century City, 90067 24 Hour Crisis Hotline 800 273-8255

Patricia Speelman, LMFT, Division Director 424 362-2900

Rick Mogil, Program Director, Prevention and Bereavement Services 424 362-2912

Services provided: We are a core center for the National Suicide Prevention Lifeline 1-800-273-8255, offer Training and Outreach services, Survivor after Suicide (SAS) bereavement services, Survivor of Suicide Attempts services, and Suicide Prevention Counseling Center therapy services

Attempt Survivor groups – Patricia Speelman, LMFT 424 362-2900

VIA AVANTA, Pacoima

818 897-2609

Services Provided: A 40-bed residential facility providing a 12-month treatment program for drug-addicted women, women with children, and pregnant substance abusers, including substance abuse treatment, family treatment, preschool and job training.

MICHAEL DiPAOLO, PhD (Private Practice)

1849 Sawtelle Blvd., Suite 540, Los Angeles 90025

310 268-7792

www.drmmichael.com

michael@drmmichael.com

Licensed Clinical Psychologist and Certified Imago Relationship Specialist. Provides spiritually integrated individual therapy, couples therapy, premarital & marriage enrichment counseling, and individual and family therapy for major mental illness.

Dr. DiPaolo is a frequent and popular presenter, providing education, training and retreats to a variety of audiences including mental health agency staff, church communities, and the general public. Examples of presentations include:

Start Right Stay Connected is a one-day workshop designed to provide engaged couples with a solid foundation as they begin their journey into marriage. The concise and powerful program will provide couples the essential tools they need to both nurture the good qualities of their relationship and address their “hot buttons.”

How to Survive & Thrive with Mental Illness is a public educational series is provided every spring in Pasadena, CA. The series is co-sponsored by Pacific Clinics Institute and the

National Alliance on Mental Illness (NAMI) – San Gabriel Valley. Running for over 30 years , the series was started by Dr. Chris Amenson who developed and presented the original curriculum. Dr. DiPaolo has presented the series since 1999. The series typically runs 4-6 weeks, and includes lecture as well as consumer and family panels. Topics presented upon include schizophrenia, bipolar disorder, depression and helpful family roles.

A New Way to Love is a 6-week marriage enrichment program that invites the healing presence of God into your relationship. The workshop provides tools that are both practical and insightful to help couples both nurture the good in their relationship and deal with its inevitable tension. A fundamental element of the program is learning the Imago Dialogue, a simple technique that teaches a new way to speak and a new way to listen.

DISABILITY COMMUNITY RESOURCE CENTER (DCRC) .

formerly Westside Center For Independent Living (WCIL)

Mar Vista Main Office www.dcrc.co
12901 Venice Blvd, Los Angeles, CA 90066 310 390-3611
Toll Free 888 851-9245
Fax 310 390-4906

The Disability Community Resource Center (DCRC) helps people living with disabilities maintain self-sufficient and productive lives through non-residential peer support services and training programs We work together with persons living with any type of disability, including: developmental, hearing, learning, mobility impaired, physical, psychiatric, substance abuse, traumatic brain injury and visual disabilities.

DCRC provides advocacy, case management, independent living skills training, housing and other support services . DCRC offers peer-to-peer support and peer-led support groups.

Satellite Offices:

WISE Healthy and Aging 310-394-9871
1527 4th St, Santa Monica, CA 90401 Fax 310 451-9561

Barlett Senior Center
1318 Craven Avenue, Torrance, CA 90501 310 320-5918

West Hollywood Office
7362 Santa Monica Blvd. 2nd Floor, West Hollywood, CA 90046 310 302-7782

DISABILITY RIGHTS CALIFORNIA

Los Angeles Office: 350 S. Bixel St., Ste 290, Los Angeles, CA 90017 213-213-8000
www.disabilityrightsca.org TTY 800 776-5746
Fax 213 213-8001

Legal Help Hotline 1-800-776-5746 (Voice)

CA State Administration Office 916-504-5800
Legislation & Public Information 916- 504-5800
Peer Self-Advocacy Unit 916- 504-5800

Office of Clients' Rights Advocacy 916 - 504-5820
CA Office of Patients' Rights 916 - 504-5810

Provides free legal advice through phone appointments for any person with a disability. PAI also has self-help publications available on-line or by calling the toll-free hotline. Legal issues include public benefits, SSI, Medi-Cal, IHSS transportation, discrimination in employment, housing, access to courts, patients rights, Regional Center services and special education.

SHARON DUNAS, LMFT, Private Practice; Co-President–NAMI Westside LA
ssdunas@aol.com

310 820-4626

Specialize in treating all issues of family members dealing with mental illness such as anxiety, depression, bipolar disorder, O.C.D., panic disorder, and schizophrenia. Treating all issues relating to suicide. Treating the family member that was traumatized as their child, one or both parents or a sibling were mentally ill or dually-diagnosed. NAMI Family to Family State Training teaching others how to teach the free graduate level psycho-biological Family to Family education course for families struggling with mental illness in their midst.

EDMUND D. EDELMAN WESTSIDE MENTAL HEALTH CENTER

COUNTY OF LOS ANGELES DEPT OF MENTAL HEALTH

Adult System of Care & Wellness Center 310 966-6500
11080 W Olympic Blvd, Los Angeles 90064 310 966-6510 (Intake Line)

Nilsa Gallardo, PsyD, Program Head ngallardo@dmh.lacounty.gov

Nancy Nowlin-Finch, M.D., Medical Director nnowlinfinch@dmh.lacounty.gov

Directly operated DMH clinic that provides crisis evaluation/intervention, assessment, medication management, case management for persons with chronic and severe mental illness, group therapy, money management, Transition Age Youth, Wellness, FSP, FCCS-OA, PEI therapy, rehabilitation back to work/school program, benefits establishment and housing assistance.

Children System of Care

11303 W Washington Blvd, LA 90066, Suite 200 310 482-3200

Patrice Grant, PhD, Program Head, Outpatient Clinic pgrant@dmh.lacounty.gov

Services provided: Individual, family, group therapy; psychiatric evaluation, medication management, children's school based services and case management.

DMH WLA Administration Office Service Area 5

11303 W. Washington Blvd, LA 90066 (at Sawtelle) 310 482-6600

Jacquelyn Wilcoxon, LCSW, District Chief, Service Area Manager,
jwilcoxon@dmh.lacounty.gov

310 482-6601

Fax 310 313-0813

Anahid Markarian-Aghaniantz amarkarianaghaniantz@dmh.lacounty.gov 310 482-6603

Navigator: Gwendolyn Davis gdavis@dmh.lacounty.gov 310 482-6613

EMERGENCY OUTREACH SERVICES for SA 5 Direct Service Line 310 482-3260

Monica Rodriguez-Finston, Supervisor with Voice Mail 310 482-3261

Programs: Psychiatric Mobile Response Team (PMRT)

Homeless Outreach Team (HOT) After Hours # 800 854-7771
Based at GI Headquarters. Provides PMRT (mobile response) and homeless outreach services for Service Area 5.

The Clergy Committee contact for SA 5 is Brian Navarro, DMH Staff 310-482-6618

- Responsible for planning and organizing Quarterly Meetings for SA 5
- Quarterly Meetings occur
- Outreach and Engagement Support / Consultation for all clergy involvement

EMPOWERMENT & ADVOCACY DIVISION of DMH (see Consumer & Family Affairs)

ELDER ABUSE REPORTING HOTLINE (a division of 211 LA County)

1-877-477-3646 (1-877 4-R-Seniors)

If you have observed, are aware of, or suspect physical abuse, financial exploitation, mental abuse, neglect or self-neglect of an elderly person, call the Elder Abuse Reporting Hotline immediately to report the abuse. You do not need to know for sure. Even if you only suspect a problem, call the hotline. Your call will be confidential. If you believe the situation is life-threatening – call 911 first.

211 LA County answers the Elder Abuse Hotline and provides assessment, documentation, and coordination with the County's Workforce Development, Aging, and Community Services (WDACS) department.

EL DORADO COMMUNITY SERVICE CENTER

Corporate Headquarters: 26460 Summit Circle , Santa Clarita, CA 91350 661-254-6630

Fax: 661-254-6644

Manchester Administrative Offices: 335 E. Manchester Blvd., Inglewood, CA 90301

424-227-7971

Fax: 424-227-7847

Customer Service Desk:

877-557-7826

<http://www.americanhealthservices.org/>

Mental Health & Psychiatric Services: marriage & family counseling, ADD/ADHD treatment, substance abuse disorders, stress management, anger management, psychiatric medication. Individual & group counseling.

Treatment modalities implemented by our counselors are primarily eclectic—incorporating principles from cognitive-behavioral therapy (CBT), motivational interviewing, and problem-solving therapy, among others. Psychopharmacological treatments and psychiatric care are also available as dictated by patient's medical needs and treatment plan.

Greater LA Locations include: Azusa, Hawaiian Gardens, Hollywood, Inglewood, Lawndale, Long Beach, Newhall Palmdale, Pico Rivera, Van Nuys & Venice

EXCELSIOR HOUSE, Inglewood (a program of Didi Hirsch)

1007 Myrtle Ave, Inglewood 90301

Fax 310 412-3942

Elan Javanfard, LMFT, Associate Director of Residential Services

310 412-4191

Services provided: A short-term 14-bed psychiatric residential treatment facility for chronically mentally ill adults offering crisis resolution, stabilization and transitional programs.

EXCEPTIONAL CHILDREN’S FOUNDATION

Headquarters: 5350 Machado Road, Culver City, California 90230

310 204-3300

<https://www.ecf.net/>

info@ecf.net

The Exceptional Children’s Foundation (ECF) has become a recognized innovator of services for young children, students, and adults with developmental, learning, and emotional disabilities; and ECF serves more than 3,800 young children, students, adults, and their families each year. ECF is the only organization of its kind in California, offering a full continuum of lifespan services for children and adults with developmental disabilities and other special needs.

Young Children

The Early Start program provides early intervention and educational services for young children who are developmentally delayed or disabled from birth to three years of age and their families. Early childhood education and therapeutic services, including occupational, speech and physical therapies, are offered in both community-integrated center-based settings as well as through home visits, to best meet families’ interests and service access needs.

Kayne Eras School

At our Kayne Eras Center (KEC), ECF operates a nonpublic special education school for students in grades K-12. Here, students’ ages 5-22 find help developing the social, intellectual, and emotional skills they need to learn at their fullest potential. Services include behavioral therapy, speech and language therapy, occupational therapy, educational therapy and a mental health program.

Therapeutic Services

Our Therapeutic Services program is housed at the ECF Kayne Eras Center (KEC), a comprehensive educational and therapeutic service center for children with special needs and their families. For more information on therapeutic services, *please contact Linda Shing at lshing@ecf.net 310-773-9366*

Adult Program

ECF was founded in 1947 to serve children. Now 70 years later, we provide adults with special needs an array of program and services to help them reach their personal, residential and employment goals.

EXODUS RECOVERY, INC., ADMINISTRATIVE OFFICES

9808 Venice Blvd, Ste 700 Culver City 90232 Main line: 310 945-3350 Fax: 310 840-7023

Luana Murphy, MBA, President/CEO	LMurphy@exodusrecovery.com
Kathy Shoemaker, RN, Chief of Clinical Services	KShoemaker@exodusrecovery.com
Lezlie Murch, MA, LPCC, Chief Programs Officer	LMurch@exodusrecovery.com
LeeAnn Skorohod, CHC, CCEP, Chief Operations Officer	LSkorohod@exodusrecovery.com
Connie Dinh, RN, Sr. VP of Nursing	CDinh@exodusrecovery.com

*Exodus Recovery, Inc. has locations throughout LA County (and California). For more information, please visit the website www.exodusrecovery.com or contact the administration office.

EXODUS RECOVERY FULL SERVICE PARTNERSHIP PROGRAM (*Intensive*

Outpatient Program) Serving adult populations between the ages of 26-59

3828 Hughes Ave. Culver City 90232 Main Line: 310 280-70 Fax: 310 280-7060

Hours: Monday through Friday 8:30 a.m. to 5:00 p.m. After hours through appointment.

Lisa Kantor, LMFT, Program Director

The Exodus Full Service Partnership Program (FSP) is an intensive adult program designed to work collaboratively with a client to provide services both in the community and at the program site. The program will provide the services necessary to help seriously mentally ill individuals live successfully in the community rather than in hospitals, jails, institutions or on the streets. FSP program staff focuses on doing “whatever it takes” with available resources to help clients meet their individual mental health recovery goals. Services provided include medication support, case management, individual and group counseling and therapy, housing placement and support, substance abuse treatment, employment and educational support, peer support and linkage to community resources, including healthcare.

EXODUS RECOVERY – WESTSIDE URGENT CARE CENTER (*Walk-In Crisis*

Stabilization Program) Serving ages 18 and over

Intake Line: 800-829-3923

11444 W Washington Blvd, Suite D, Los Angeles 90066-6024

Main Line: 310-253-9494

Michelle Chieme, RN, Program Director

Fax: 310 253-9495

Hours: 24/7

The Exodus Recovery Urgent Care Center is open 24 hours a day, 7 days a week for any psychiatric emergencies. It is an alternative to inpatient hospitalization and will provide immediate crisis intervention and stabilization. Depending on the needs of the client, our interdisciplinary treatment team is prepared to offer a full spectrum of psychiatric treatment services, including linkage to crisis housing, shelter beds, sober living, community-based outpatient program services and inpatient treatment for mental health or substance abuse.

WESTSIDE UCC CRISIS TRANSITION TEAM (*Care Coordination Program*)

Hours: Monday through Friday 8:00 a.m. to 4:00 p.m. After hours through appointment.

The Crisis Transition Team is located within the UCC and consist of a Crisis Transition Coordinator who works to link persons with mental health issues and complex needs to the

indicated level of services needed to achieve recovery. This team provides intensive case management for up to 60 days following discharge from the UCCs to ensure stabilization.

EXODUS RECOVERY CRISIS RESIDENTIAL TREATMENT PROGRAM (CRTP)

(Residential Crisis Services Program) Serving ages 18 and over

3754-3756 Overland Avenue, Los Angeles, CA 90034

Rochelle Judan, LVN, Program Director

Hours: 24/7

Main Line: [424 384-6130](tel:4243846130)

Fax: [213 265-3290](tel:2132653290)

The Exodus Crisis Residential Treatment Program is a 12-bed licensed social rehabilitation facility providing crisis services for individuals with severe mental illness. This program focuses on the evaluation and reduction of an individual's psychiatric distress and the building of needed skills and resources to support individuals in remaining as independent as possible in the community.

EXODUS RECOVERY PSYCHISTRIC HEALTH FACILITY (PHF)

(Locked Inpatient Unit) Serving ages 18 and over

9808 Venice Blvd., 3rd Floor, Culver City, CA 90232

Robert Dutile, PhD., Program Director

Hours: 27/7

Main Line: 310 237-0454

Fax: 310 237-0474

The Exodus Psychiatric Health Facility (PHF) is an adult, 16-bed locked, LPS designated PHF providing services to acutely mentally ill, ambulatory, voluntary and involuntary patients requiring inpatient hospitalization for treatment of their mental illness. Services provided in a safe and therapeutic recovery-based milieu include the following: assessments, medication evaluation and management, structured program and individual / group therapies as well as patient centered treatment planning. The treatment philosophy at Exodus PHF is based on the premise that all individuals have the potential to rehabilitate and to make choices about their environments for living, learning, working and socializing. Treatment concentrates on symptom reduction and stabilization, and on preparation for discharge, with linkage to other community resources. All services are provided under the direct supervision of a psychiatrist. The staff includes licensed mental health professionals (nurse practitioners, psychologists, social workers, marriage & family therapists), and nursing staff as well as a host of paraprofessionals.

FAIR HOUSING COUNCIL of LOS ANGELES COUNTY (see Housing Rights Center)

FAMILY ADVOCACY FOR ADULT SYSTEM OF CARE, LOS ANGELES COUNTY, DEPARTMENT OF MENTAL HEALTH (See Empowerment & Advocacy)

FAMILY TO FAMILY EDUCATION CLASS (a program of NAMI)

<https://www.nami.org/find-support/>

310 889-7200

NAMI Family-to-Family is a free, 12-session educational program for family, significant others and friends of people living with mental illness. It is a designated evidenced-based program. Research shows that the program significantly improves the coping and problem-solving abilities of the people closest to an individual living with a mental health condition.

Covering: brain biology, medications, problem solving, communication, self-care & advocacy skills training and much more. register at www.namila.org

FAMILY RESOURCE COUNSELING CENTER

11500 West Olympic Boulevard, Suite 578 , LA 90064

888.800.5761

<http://www.frcccla.com/>

Fax 818.530.7808

Lexi Welanetz-Bursin, Psy.D.

Michele Robin Hahn, JD, MFT

Outpatient counseling center for infants, children, adolescents, and adults. Services include individual therapy (individual counseling for children adolescents and adults; play and art therapy for children), group therapy (couples therapy, family counseling and a variety of support groups), infant massage therapy and psychological assessments/evaluations. MediCare accepted. Sliding scale for those in need.

In addition to the other services we offer, we provide a variety of psycho-educational seminars and support to schools, publications, professionals, the entertainment field, media, and other organizations. Our goal is to increase support, awareness, knowledge, and insight about a variety of topics requested by those within the community.

FAMILY SERVICE OF SANTA MONICA (A Division of Vista Del Mar)

1533 Euclid St Santa Monica, CA 90404

310 451-9747

Fax 310 451-6106

Lena Wilson, J.D., Chief Executive Officer

310-836-1223 x201

Traci Levi, LCSW, Vice President of Outpatient Services

310-836-1223 x419

Angel Towler, LCSW, Director of Family Service angeltowler@vistadelmar.org

Kelly Delich, LMFT, Clinical Director kellydelich@vistadelmar.org

Jonathan Gomez, AMFT, Intake Coordinator jonathangomez@vistadelmar.org

A division of Vista Del Mar, we provide outpatient counseling and psychotherapy services for children, families, and adults at our agency and community sites. Services are available in English and Spanish. School based services are supported by the City of Santa Monica. Reflective Parenting Groups, parent workshops and topical groups are offered at the agency and community sites. Medi-Cal is accepted for children and teenagers, up to age 21 years old. RRR can be offered to qualifying children and young adults up through age 26 years old. A Sliding Fee Scale is offered for clients without Medi-Cal or private insurance. For clients with private insurance, documentation is provided for submission to their PPO insurance companies for reimbursement.

FAMILY SOURCE CENTER – See West Los Angeles Family Source Center

FELICIA MAHOOD (Senior Center) operated by Jewish Family Service of Los Angeles

11338 Santa Monica Blvd, Los Angeles 90025

310 479-4110

Sheila Moore, LCSW smoore@jfscla.org

310-231-1039

Fax 310-231-0679

FRESH START MARKET – (a program of Step Up on Second)

1328 Second St, SM 90401 310 394-4390
Len Lovallo, Program Manager ext 1650 310 394-6889
Mini Market and Fresh Food Grill- open to the public, providing vocational training opportunities.

FSP-Special Service for Groups BACUP (Benefits Assistance Clients Urban Projects)

515 Columbia Ave. Suite 310 Los Angeles, CA 90017 213 368-1888
Vera Calloway, Director Fax 213 368-6888

The Benefits Assistance Clients Urban Project is a mental health wellness center and benefit advocacy program. The wellness center also known as the LIFE Center provides activities to promote self-sufficiency and wellness for adults with mental illness. BACUP also works to educate the community the realities and stigmas of mental illness.

LIFE Center – Client-run center (Activities include: Smoking cessation, conflict resolution, games club, computer class, photo club, movie talk, arts & crafts, vision board, plant project, WRAP (Wellness Recovery Action Planning))

Benefits - Advocacy services providing representation to mental health clients for SSI and/or SSDI benefits. Staff represents clients “Initial” and “Reconsiderations” (1st appeals).

Project Independence – Community education is provided through Project Independence.

PSE - Program of Support and Employment – Provides support for mental health clients working and/or seeking employment. Employment support groups meet weekly on Mon & Thurs, 3-5pm. Individual counseling on benefit assistance in regard to employment is provided by the Employment Incentive Specialist. Assistance in seeking employment is provided on an individual basis.

GATEWAYS RESIDENTIAL RE-ENTRY CENTER (RRC)

1801 Lakeshore Ave., Los Angeles 90026 323 644-2020
Fax 323 644-2044

This program provides court-mandated residential treatment, as well as outpatient and supervision services to men and women between the ages of 18 and 59. Clients enter the program in the following ways:

- They have been released from Federal prison.
- They are under Federal probation.
- They have been directly committed to the program from either a Federal or County of Los Angeles Court.

Funding is provided through contracts with the Federal Bureau of Prisons and the State of California Department of Mental Health, Office of Forensic Services. Alternative sentence clients pay for their own community custody.

GATEWAYS HOSPITAL & MENTAL HEALTH CENTER

1891 Effie St, Los Angeles 90026

General inquiries: gateways@gatewayshospital.org

323 644-2000

Fax 323 666-1417

Medically supervised individual & group therapy, vocational assessment, psychiatric evaluations, medication management, drug & alcohol recovery groups, process groups, art therapy, stress management, interpersonal skills & bipolar group. Inpatient and outpatient programs.

GATEWAYS COMMUNITY REINTEGRATION PROGRAM & CONDITIONAL RELEASE PROGRAM

437 No Hoover St, Los Angeles 90004

323 644-2030

Fax 323 660-6866

The CRP Program provides voluntary residential, daycare and outpatient treatment to men and women between the ages of 18 and 59 who have a history of mental illness and recent involvement with the criminal justice system. Primary funding is provided by the Los Angeles County Department of Mental Health. Clients are required to pay for some of their own services.

GLENDALE CENTER, Glendale (a program of Didi Hirsch)

1540 E. Colorado St., Glendale, CA 91205

Fax 818 243-5431

Jill Anderson, LCSW, Program Director, Adult Services, SA 2

818 244-7257

Martha Basmadjian, LMFT, Prog. Director, Child and Family Services, SA 2 818 244-7257

Services provided:

ADULT: Comprehensive adult mental health services – including extensive community-based case management, medication support, group, individual and family therapy, peer support, advocacy and housing assistance, and TAY, adult and older adult services. Bilingual/bicultural (Armenian and Spanish) and field-based services available

CHILD/FAMILY: Individual and family counseling for children, and private counseling. Parenting classes, medication management and case management. Outpatient services for children & families.

GOLDEN MANOR REST HOME

3535 Overland Ave, Los Angeles 90034

310 836-0510

Mark Ingber, Administrator

310 836-0518

98 bed state licensed assisted living residential care facility.

Fax 310 836-1938

GRANDPARENTS AS PARENTS, INC.

A resource for all relative caregivers raising children

Administrative Office: 22048 Sherman Way, Suite #217 Canoga Park 91303

818 264-0880

Edelman’s Children’s Court – 201 Centre Plaza Drive – 5th floor Rm. 422

323 526-6553

<http://grandparentsasparents.org/> info@grandparentsasparents.org

Carmen Garcia-Hoffman, Executive Director

cgarcia@grandparentsasparents.org

Sylvie de Toledo, Founder & Clinical Dir.

Sylvie@GrandparentAsParents.org

Sarah Doakes, Program Director Sarah@GrandparentAsParents.org
 Dee Meichelbock, Permanency Coordinator/ Edelman Children's Court
Dee@GrandparentAsParents.org
 Tyrone Cain, Court/Community Navigator Tyrone@GrandparentsAsParents.org
 Angelica Leyva, Multicultural Services Coordinator
Angelica@GrandparentsAsParents.org

Grandparents As Parents (GAP) is a non-profit organization that has provided programs and services to meet the urgent and on-going needs of grandparents and other relatives raising children at risk since 1987. Services offered include; family and social outings, caregiver advocacy, resources, financial assistance resources, support groups, and much more. See website for list of groups and locations. Currently we have 20 weekly support groups throughout Los Angeles County. GAP is an excellent and diverse program for ALL relative caregivers. The Administrative Office is open Monday through Friday 8:30am-4:30pm and our hearts are open 24-7, 360 days a year. You are not alone.

HARBOR - UCLA MEDICAL CENTER DEPT OF PSYCHIATRY

1000 W Carson St, Box 8, Torrance 90509	General Information	310-222-2345
Ira Lesser, Chair, Dept. of Psychiatry	Fax	310-320-6973
Karl Burgoyne, M.D., Program Director		310-222-3137
	Psychiatric Emergency Room:	310 222-3144
	Medical E.R.	310 222-3517

THE HELP GROUP WEST CHILD AND FAMILY CENTER

12099 W. Washington Blvd, Suite 200, Los Angeles, CA 90066		
www.thehelpgroup.org	Main Line	310 751-1171
	Fax	310 313-7652
Olga Zysman, LMFT, Regional Director of Programs		818 267-2752
Maureen Lanktree, LMFT, Director Outpatient Services Culver City		310 751-1172
Luz Segovia, LMFT, Intake Coordinator		310 751-1174
Claudia L. Kernan, Ph.D. Director, The Help Group/UCLA Neuropsychology Program		
Rosalinda Sanchez LMFT, PIER Program Coordinator		310 751-1189

Services provided: Comprehensive mental health services for children and adolescents ages 0-25 with Medi-Cal, including individual therapy, family therapy, case management, individual rehabilitation, and psychiatric services for children experiencing a variety of symptoms ranging from hyperactivity, anxiety, sadness, and trauma-induced behaviors; **Recovery, Resilience and Reintegration (RRR)** include a range of field based services to children and families who may be reluctant or unable to access mental health services due to impaired mobility, geographic limitations, or stigma associated with receiving services in a traditional clinic setting; **Evidence Based Practices** including Trauma Focused Cognitive Behavioral Therapy (TF-CBT) to address symptoms related to trauma, Positive Parenting Program (Triple P) to assist parents in managing their child's challenging behaviors, Child-Parent Psychotherapy (CPP) which promotes and strengthens the relationship between caregiver and child, Managing and Adapting Practices

(MAP) to address anxiety, depression, and disruptive disorders, and Seeking Safety which focuses on co-occurring disorders in TAY aged children, and CAPPS a prevention and early intervention program that focuses on youth and young adults, ages 16-25, who are in danger of experiencing first-break psychosis; **In-home** and **school-based** services are available; intensive home-based services such as **Wraparound** and **Full-Service Partnership** (0-15 years) available for children/youth experiencing significant emotional, psychological, and behavioral problems. **Spanish-speaking staff available.**

Portland Identification and Early Referral (PIER) Early Psychosis (EP) program targets adolescents and young adults between the ages of 12 and 25 with the goal of reducing the incidence of psychosis. The focus is on early detection and intervention to prevent conversion of symptoms into a fully diagnosable psychotic disorder.

The PIER EP program is a three-part integrated approach: community outreach, assessment, treatment and follow up. Early recognition of symptoms is vitally important in substantially minimizing the negative impact of severe mental illness by reducing symptoms, improving functioning and decreasing chances of relapse. PIER's first step is to educate and empower family and community members to recognize clinical high risk signs in their youth and make appropriate referrals for support

HOMES for LIFE FOUNDATION

8939 So Sepulveda Blvd, Ste 460, Los Angeles 90045 310 337-7417
Carol M. Liess, Executive Director cliess@homesforlife.org Fax 310 337-7413
Deborah Gibson, Executive Assistant
www.homesforlife.org info@homesforlife.org

Homes for Life Foundation was established in 1987 as a nonprofit housing development corporation with a mission to establish permanent service-enriched housing within the geographical boundaries of Los Angeles County to serve homeless adults suffering from mental illness.

HOUSING RIGHTS CENTER (formerly Westside Fair Housing Council)

3255 Wilshire Blvd, Suite 1150, Los Angeles, CA 90010 800 477-5977
Monday-Friday 8:30am-5:00pm 213 387-8400
E-mail: info@housingrightscenter.org TTY 213 201-0867
Web: www.housingrightscenter.org Fax 213 381-8555

Chancela Al-Mansour, Executive Director calmansour@housingrightscenter.org
Ken M. Kaplan, Programs Manager kkaplan@housingrightscenter.org

The Housing Rights Center (HRC) is California's largest, private non-profit fair housing organization. HRC is contracted with Los Angeles and Ventura Counties to provide free fair housing services to the community.

HRC services include:

- Landlord/Tenant Counseling – for general housing issues such as refund of security deposits, repairs, evictions, rent increases, notices and more
- Investigation – for complaints of housing discrimination

- Litigation and Advocacy – for victims of housing discrimination; and
- Outreach and Education Services – free presentations and fair housing brochures for community members, housing industry professionals, and other non-profit or community service agencies.
- Free rental listings - “Project Place” of low income and moderate income Section 8 and senior housing.

HRC programs and services are provided free of charge, in eight (8) different languages: English, Spanish, Cantonese, Mandarin, Armenian, Russian, Korean, and American Sign Language.

IBEN FAMILY SUPPORT CENTER (A Program of the Boys and Girls Club at Venice)

2232 Lincoln Blvd, Venice, CA 90291

310 390-4477

<http://www.bgcv.org/>

Parenting Classes Ex 230

Fax 310 390-1419

Free child counseling for Boys & Girls Club members. Services provided by Airport Marina Counseling Center. After school youth guidance & intervention program serving children 6-18. Athletics, homework, art, games room, social skills, Teen Center, snack, reading & tutoring program. Dance, fitness center and drama.

IDOM INDUSTRIES INC.

310 686-8828

1605 West Wilshire Blvd Suite 1047, Los Angeles, CA 90015

Fax 310 419-9409

Byron Idom, President / C.E.O. bjj@idomindustries.org

www.idomindustries.org

Los Angeles County Department of Mental Health (Provider) Los Angeles Superior Court (Provider) Los Angeles Public Defenders Office (Provider) Los Angeles Probation Department (Contractor) Edelman Children's Court Monterey Park (Provider) Legal Shield (Law Firm) Associate Law Enforcement (Public Safety Agency) Department of Children and Family Services (Provider) Victims of Crimes (Provider) Preferred Management Mental Health LLC, (Provider) TRICARE United States Military (Provider) Anthem Blue Cross Behavior Network (Provider) LA County 211 Listing Rainbow Resource Directory Listing

INFO LINE of Los Angeles (see 2-1-1-LA County)

INGLEWOOD CENTER, Inglewood (a program of Didi Hirsch)

1540 E. Colorado St., Glendale, CA 91205

Fax 818 243-5431

Jill Anderson, LCSW, Program Director, Adult Services, SA 2

818 244-7257

Martha Basmadjian, LMFT, Prog. Director, Child and Family Services, SA 2 818 244-7257

Services provided:

ADULT: Comprehensive adult mental health services – including extensive community-based case management, medication support, group, individual and family therapy, peer support, advocacy and housing assistance, and TAY, adult and older adult services. Bilingual/bicultural (Armenian and Spanish) and field-based services available

CHILD/FAMILY: Individual and family counseling for children, and private counseling.

Parenting classes, medication management and case management. Outpatient services for children & families.

**INSIGHT ENRICHMENT GROUP –
Psychosocial Support & Case Management**

19528 Ventura Blvd, Suite 329, Tarzana, CA 91356

310-910-9780

Email: info@insightenrichment.com

855-504-4IEG

Website: www.insightenrichment.com

Adam Sholder, Executive Director

Insight Enrichment Group is a leading provider of Psychosocial Support and Case Management Services. For more than 10 years the mental health experts at Insight Enrichment Group have worked in close collaboration with our clients, their families, and their doctors and therapists, helping individuals reach their potential through our practical philosophy for personal growth. An IEG Case Manager will work with you to identify goals and create a custom treatment plan to support you with your personal challenges and activities of daily living, including but not limited to: establishing meaningful and balanced structure in your weekly routine, enhancing communication, interpersonal, and problem-solving skills, providing educational and vocational guidance, and developing independent living skills. Additional support is provided by our Therapeutic Companions, who assist with getting to appointments, filling out paperwork, exercise, and social/recreational activities.

JEWISH FAMILY SERVICE OF LOS ANGELES – CENTRAL ACCESS

Toll Free 877 275-4537(877-Ask-4-JFS)

Jennifer Glazer, LCSW jglazer@jfsla.org

Fax 323 935-5161

Central Intake line for Jewish Family Service providing information and referral, connection to resources and services, and brief case management. (This is a message line, but they check the messages and reply to them frequently.)

Most Jewish Family Service programs are non-sectarian (serving people regardless of religious affiliation). There are some exceptions, such as the Aleinu Family Resource Center. Call the program for verification of services.

JFS/MULTIPURPOSE SENIOR SERVICES PROGRAM (MSSP)

12821 Victory Blvd, North Hollywood 91606

323 937-5930

www.jfsla.org/mssp

Fax 323 525-1658

Ninoska Fonseca, LMFT Director of Health Care Programs

nfonseca@jfsla.org

A non-sectarian case management program to help Frail Seniors to remain at home. MSSP is funded by the State of California. Eligible individuals must be 65 or over, have Medi-Cal, and be certified as nursing home level frailty. MSSP helps coordinate, manage and purchase a package of services to ensure that each individual gets the help he or she needs. We provide health and social assessment, ongoing case management, and advocacy. Services that we can arrange or pay for include in-home care, transportation, escort to doctor appointments, home-delivered meals, respite care, supportive counseling for clients and their families, and supplies and equipment. Services in English and Russian.

JEWISH FAMILY SERVICE OF LOS ANGELES/OLDER ADULTS DMH PROGRAMS

12821 Victory Blvd, North Hollywood 91606

818 432-5025

Ninoska Fonseca, LMFT, Director of Health Programs
Shorena Alexander, LCSW, Clinical Supervisor

Fax 818 432-0872
nfonseca@jfsla.org
salexander@jfsla.org

Provides psychotherapy and psychiatry services to low income adults age 55 and above. Services are provided in the home, at board and care or assisted living facilities, or other community settings. Services are provided in English, Farsi, Russian, and Spanish. Medi-Cal is accepted, and services can also be provided to low income uninsured individuals. FCCS provides treatment to individuals with moderate to severe symptomatology. Other programming is also available to older adults with mild to moderate symptoms.

JEWISH FAMILY SERVICE OF LOS ANGELES/PICO-ROBERTSON

Aleinu Family Resource Center

Intake: (310) 247-0534

8838 W. Pico Blvd, Los Angeles 90035

Melanie Weiner, LMFT
Jennifer Glazer, LCSW

Fax 310 550-8381
mweiner@jfsla.org
jglazer@jfsla.org

The Aleinu Family Resource Center has earned the respect and trust of the Orthodox community through culturally sensitive resources for strengthening individual and family life. Today, when community members need help, Aleinu is the place they turn to. Whether it be marital strife, parenting difficulties, trauma in the family, depression, anxiety, domestic violence, substance abuse, or other challenges that affect the lives of those who call... Aleinu provides consultation and counseling.

Every call is important and our therapists assure that the client receives appropriate services and referrals when needed. The counseling center is staffed with social workers, psychologists, marriage and family therapists, and school based therapist who work together as part of our interdisciplinary team. Aleinu brings a variety of talents and expertise together to create a highly qualified team to best serve our clients.

New Moms Connect Program and Post-Partum Support Group

newmomsconnect@jfsla.org

Melanie Weiner, LMFT

mweiner@jfsla.org

310 247-0864 x 218

The New Moms Connect program is designed to help new mothers and their families who are experiencing stressors and symptoms associated with Postpartum Depression by providing education, prevention, intervention and support services. New Moms Connect helps new mothers experiencing Postpartum Depression to overcome feelings of isolation, depression and stress while increasing access to community resources and strengthening their support network. This weekly group is a supportive space to meet other moms, learn baby care skills and talk about child development. The group shares personal experiences in a warm and caring environment.

Support and resources are available to family members assisting them in their role of caring for a new mom who is struggling.

JFS Counseling Services

310-247-0864

Melanie Weiner, LMFT, Clinical Director mweiner@jfsla.org
Counseling, social work intervention, crisis intervention.

310-247-0864 x218

This JFSLA program offers sliding fee counseling and services with the goal of strengthening individuals, family and community life. Services include counseling, education, advocacy, information & referral, conflict resolution, and EAP services.

Professional JFS therapists provide counseling and support for adults, children, and families dealing with a wide range of issues. Services include one-on-one counseling and psychotherapy, consultation and referral, parent education, support groups, school-based counseling, and workshops on a variety of topics. At various JFS locations, counseling is available to the English, Russian, Hebrew, Farsi and Spanish speaking communities. Services are provided on a sliding fee scale and some insurance is accepted.

Jewish Family Service HOPE (formerly Family Violence Project)

24 Hour Crisis Hotlines in English and Spanish
Information Line

818 505-0900 • 323 681-2626
818 789-1293

JFS has two 30 day crisis shelters that provide basic needs and food, crisis intervention, individual therapy, support groups, case management, legal advocacy, CalWorks client advocacy, parenting education, and a children's program. There is also a transitional program, Hope Transitional, that provides individual therapy and group support, children's counseling, case management, parenting classes, budgeting workshops, and housing placement assistance.

Hope Counseling provides individual therapy, weekly support groups, child therapy (Trauma Focused CBT), and community outreach.

JUMP STREET, Los Angeles (a Program of Didi Hirsch)

1233 So La Cienega Blvd, LA 90035

Fax 310 855-0138

Mei Ling Acevedo, LCSW, Program Coordinator II

310 855-0031

Services provided: A short-term 10-bed psychiatric residential treatment facility for chronically mentally ill adults offering crisis resolution, stabilization and transitional programs.

K9 CONNECTION (see The People Concern)

KAISER PERMANENTE WLA MEDICAL CENTER & HOSPITAL

5971 Venice Blvd, Los Angeles 90034

323 857-2000

KAISER PERMANENTE, DEPT OF PSYCHIATRY, WATERIDGE

5105 W Goldleaf Cir, Los Angeles 90056

323 298-3100

Fax 323 298-3126

Full range of Behavioral Health Care services from inpatient, outpatient and day treatment programs to individual and group counseling.

KAYNE-ERAS CENTER (See Exceptional Children's Foundation)

KOHAN FOUNDATION COUNSELING CENTER

<http://www.kohanfoundation.org/>

Culver City Office: 5601 W. Slauson Ave. #192, Culver City CA 9023 310 968-6648,

Sherman Oaks Office: 4419 Van Nuys Blvd, Suite #305, CA 91403 424 331-9070

Tarzana Office: 18401 Burbank Blvd, Suite #210, CA 91356

Bethie Kohanchi, Executive Director, bethie@kohanfoundation.org Fax: 310 873-3315

Founded in 2011, Kohan Foundation is a non-profit counseling center offering individual and group psychotherapy, on a sliding-scale basis, to adults, children (age 5+), adolescents, couples, and families. Areas served include Culver City, Hawthorne, Inglewood, Ladera Heights, Marina Del Rey, Mar Vista, Santa Monica, South LA, Venice, Westchester, West L.A., and the greater LAX area. Most insurance plans, including MEDI-CAL, are accepted. Counselors speak English, Farsi and Hebrew. Areas of specialty include dual diagnosis, children and teen therapy, and couples counseling.

THE LANDING AT ST. ROBERT'S CENTER (A program of Catholic Charities)

211 3rd Ave. Venice Beach

213.318.5762.

The Landing at St. Robert's Center in Venice Beach, a program of Catholic Charities of Los Angeles, is a no-cost, one-of-a-kind, daytime wellness & respite drop-in center for pregnant & parenting youth ages 14-24 and their children. We provide a safe, trauma-informed, home-like environment supporting positive parent/child attachments, purposeful parenting skills, and healthy living and lifestyle choices, featuring:

Life's Basic Essentials- showers, meals and groceries, daytime resting rooms for parents and children, clothing, hygiene supplies/toiletries, laundry, support and guidance.

Counseling & Therapy- individual and family, parenting groups & classes, children's play therapy.

Baby & Children's Necessities- clothing, diapers, formula, supplies, and equipment.

Workspace- computers, internet and WiFi service.

Peace- a safe and peaceful space for nurturing, growth, healing and reflection. Yoga and meditation offered and encouraged.

LAPD MENTAL EVALUATION UNIT (MEU) SMART & CAMP PROGRAMS

100 West First Street Los Angeles, CA 90012

Charles Lennon, Program Manager

clennon@dmh.lacounty.gov

DMH, 550 S. Vermont Ave., 10th Floor, Los Angeles 90020

213 738-3434

Fax 213 996-1350

A police and mental health collaboration (DMH) covering the City of L.A. only.

LATINO RESOURCE ORGANIZATION (LRO)

610 California Ave, Venice 90291

310 578-6069

<https://www.latinoresource.org/>

Fax 310 578-0490

email: info@latinoresource.org

Joseph A. Soto, MS, Executive Director jsoto@latinoresource.org

The agency operates as a community grass-roots resource center for low-income families. Providing various services where families can reach out to secure basic needs, strengthen the family unit, and improve their overall quality of life. Services include Information & Referral; Case Management; Comprehensive Immigration & Naturalization Services; Senior Citizens Social & Health Education Program; and Youth Services.

LES KELLEY FAMILY HEALTH CENTER (Program of Santa Monica UCLA Medical Center) (also known as: UCLA Family Health Center)

1920 Colorado Ave, Santa Monica 90404

310 319-4700

<https://www.uclahealth.org/family-medicine/>

The center is the main practice site for the UCLA Department of Family Medicine. The facility is composed of 30-exam rooms and serves a socio-economically and ethnically diverse population of working families, university employees, the local community, as well as families on Medicaid (MediCal).

LIFE ADJUSTMENT TEAM

www.lifeadjustmentteam.com

11936 Jefferson Blvd, Ste B, Culver City 90230

310 572-7000

Pete Linnett, CEO

pete@lifeadjustmentteam.com

Cynthia Sampson , Chief Operations Officer cynthia@lifeadjustmentteam.com

The Life Adjustment Team was established in 1977 as a private psychiatric outpatient care service offering a practical approach to assisting people with mental illness to live independently in the community. The Team offers goal-directed supportive case management with a special emphasis on the Skills Training for Independent Living Programs. Training is provided in a wide range of social and independent living skills, including Illness Education, Money & Medication Management, Job Coaching and Skills Building.

LOS ANGELES COUNTY CLIENT COALITION

Los Angeles County Client Coalition, Inc.

<http://lacclientcoalition.org/>

CALIF Independent Living Center

634 S. Spring St., 2nd Floor, Los Angeles 90014

Betty Dandino, President ledandino@gmail.com

626 413-1967

Coalicion Latina

Tita Torres, President titat523@icloud.com 323 608-2372

South Bay Asian Client Coalition

Pam Inaba, Consultant purpledragon dancer@gmail.com 310 701-0292

The Los Angeles County Client Coalition is an association of current or former mental health clients who carry the message of hope, recovery, wellness, and self-determination to our peers and to our communities, including the mental health community, through our advocacy efforts.

LA COUNTY DEPARTMENT OF PUBLIC HEALTH – WEST LA OFFICE

West Regional Health Office – SPA 5

Simms/Mann Health and Wellness Center

2509 Pico Boulevard, Suite 320, Santa Monica 90405 310-998-3204

Jan King, MD, MPH, Regional Health Officer Fax 310-315-0909

Condessa Curley, MD, Area Medical Director

Mei Lien Chu, RN, MSN, MHA, Nurse Manager

Lonnie Resser, MPH, Health Program Analyst 310-998-3261

Keisha Davis, Facility Administrator

Develops public health programs and policies based on SPA 5 needs. Public Health Nurses follow-up on reportable communicable diseases in West LA.

STD Clinic on second floor of Simms/Mann offers free STD testing and treatment on the 1st Tuesday of each month.

LA COUNTY DISTRICT ATTORNEY’S BUREAU OF VICTIM SERVICES

<http://da.lacounty.gov/victms> 1-800-380-3811

SPA 5 Area Victim Center Location:

LADA Bureau of Victim Services

Airport Branch

11701 S. La Cienega Blvd., Room 601, Los Angeles, CA 90045 310-727-6516

We offer

- Crisis Intervention
- Information & Referrals to public/private service agencies
- Criminal Case Status/Disposition
- Provide Orientation to the Criminal Justice System
- Court Escort/Support
- Liaison with law enforcement agencies/ prosecutors
- Employer Intervention
- Restitution Assistance
- Family Notification
- Support Services for Elderly, Disabled, and Child Victims
- Assistance in filing for the State of California Victim Compensation Program.

LOS ANGELES COUNTY PSYCHOLOGICAL ASSOCIATION (LACPA)

6345 Balboa Blvd., Suite 126, Encino CA 91316

818-905-0410

www.lapsych.org lacpal@gmail.com

Fax 818-332-4949

Carol Torcello, Director of Operations

The LA County Psychological Association (LACPA), founded in 1945, is a chapter of The California Psychological Association (CPA), a state association of the American Psychological Association (APA). Its purposes are to advance the science and profession of psychology, to promote human welfare and to inform the public with regard to psychological issues. LACPA serves the community in a variety of ways including the Disaster Response Committee. For more information contact the LACPA office.

LOS ANGELES DEPARTMENT OF AGING

221 N. Figueroa, Ste 500, Los Angeles, CA 90012

Toll Free 800-510-2020

www.aging.lacity.org age.webinfo@lacity.org

Council On Aging 213-482-7252

Laura Trejo, General Manager

James Don, Assistant General Manager

Marco Perez, Deputy Director

Our mission: To improve the quality of life, independence, health and dignity of the City's older population by managing community based senior programs that are comprehensive, coordinated and accessible, and to advocate for the needs of seniors and caregivers.

Provides referral to care managers, senior centers, non-profit agencies and variety of community services for our seniors and their caregivers.

LOS ANGELES COUNTY DEPARTMENT OF MENTAL HEALTH

<http://dmh.lacounty.gov/wps/portal/dmh> (see pages 5-6)

24/7 ACCESS Hotline (referral, information line): 1-800-854-7771

Our mission at DMH is to optimize the hope, wellbeing and life trajectory of Los Angeles County's most vulnerable through access to care and resources that promote not only independence and personal recovery but also connectedness and community reintegration. In addition to providing services tailored to each age group, Children (0-15 yrs), Transition Age Youth (16-25 yrs), Adult (26-59 yrs) and Older Adults (60 and over), DMH also provides countywide services to help clients and families regardless of age and designed to serve people throughout the County.

LOS ANGELES POLICE DEPT

100 West 1st Street, Los Angeles, CA 90012

877-ASK-LAPD

Crisis Response

The Mental Evaluation Unit/ System-wide Mental Assessment Response Team (SMART) and the Case Assessment Management Program (CAMP), work together assisting field officers with suspected mentally ill persons. They provide referrals, intervention and/or placement in mental facilities for individuals needing acute mental health intervention. The two entities have a

partnership program with the Los Angeles County Department of Mental Health.

LOS ANGELES PUBLIC LIBRARY, WEST L.A. REGIONAL BRANCH

11360 Santa Monica Blvd., Los Angeles 90025

310 575-8323

Alicia Randolph, MLIS, Adult Librarian II arandol@lapl.org

Hosts a NAMI Peer-to-Peer Education 10-week course in addition to other programs that service the community. Contact for more information on current programs and classes. Research materials

LOS ANGELES UNIFIED SCHOOL DISTRICT – HYDE PARK SCHOOL CLINIC

6519 S. 8TH Ave. #46, Bungalow 46, Los Angeles 90043

323 750-5167

Clinic outpatient mental health services for LAUSD students are provided through a partnership between the Los Angeles County Department of Mental Health (DMH) and LAUSD SMH. As DMH providers, SMH clinicians are committed to implementing the County of Los Angeles' vision to improve the quality of life in the county, by providing responsive, efficient, and high quality public services that promote the self-sufficiency, well-being, and prosperity of individuals, families, businesses and communities. The program includes 7 Wellness Networks, 8 Clinics, and satellite clinics at school sites. Hyde Park Clinic is just one branch of the LAUSD Wellness Centers & Clinics. For additional information about Wellness Networks, please contact Student Health and Human Services, Community Partnerships & Medi-Cal Programs at 213-241-3872.

THE MANOR

1905 Pico Blvd, Santa Monica CA 90405

Office: 310 450-1748

info@TheManorOnline.com

TheManor1905@gmail.com

Fax: 310 450-8811

Stephanie Brown, , Administrator

Terry Santos, Social Services

Licensed residential care facility with 151 bed capacity that provides quality short, intermediate to long term room, board, care and supervision for seriously mentally ill, and developmentally disabled persons (the latter vendored by Westside Regional Center). Caring staff at The Manor help clients function at optimal levels and facilitate improvement in the quality of their lives. The majority of our residents have lived with us for 15 years or more, some over 30 years.

Ideally located in the community across from Santa Monica College, and minutes from The Promenade and beach, with public transportation at our doorstep. Good access to Edelman Westside Mental Health Center, hospitals and other resources. In-house psychiatric, psychological and medical services. Recreational and leisure activities program. Private (sliding scale) and SSI rates. Interim funding contract with LACDMH.

MAPLE COUNSELING CENTER, THE

9107 Wilshire Blvd, Lower Level, Beverly Hills 90210-5518 310 271-9999
www.tmcc.org Fax 310 247-4910
Marcy Kaplan, MSW, LCSW, Chief Executive Officer
Susanna de Mari, LMFT, Clinical & Program Director sdemari@tmcc.org x218

Non-profit clinic offering psychotherapy for children, adolescents, adults, seniors, singles, couples & families. One-time intake fee, sliding scale thereafter. School-based counseling and Community Circle program. Parent education. Senior

MARIPOSA (a program of Social Model Recovery Systems)

453 S. Indiana St., Los Angeles 90063 323-266-7726
Melanie Arellano, Program Director melania@socialmodel.com Fax. 323-266-7742
A 12 step based, long term residential treatment program for women and women with children, who have alcohol and other drug use problems.

REBECCA A. MCGUIRE, LCSW

- Licensed Clinical Social Worker Lic. # 70020
Private Practice - The Gardens - 2001 Barrington Avenue, Los Angeles, CA 90025 (2 blocks north of Olympic) 310 740-3127
ann7becca@gmail.com or www.rebeccamcguire-lcsw.com

Rebecca provides an emphatic and safe environment for processing upsetting and confusing events, negative thoughts, feelings, and beliefs, misunderstandings with others, and life stressors, which may include anger management, domestic violence, trauma, post-traumatic stress, depression, anxiety, social anxiety, sexual abuse, self-harm, and parenting. Her years of experience include working with adults, youth, families, and couples, whether in a crisis situation or a desire for personal growth. With understanding, humor and creativity, Rebecca commits to helping you build on your strengths and encourage personal change and growth. Rebecca uses different modes of therapy, including talk therapy, art, music, and mindfulness

MEALS ON WHEELS (See Culver Palms Meals on Wheels)

MENTAL HEALTH ADVOCACY SERVICES, INC.

3255 Wilshire Blvd, Ste 902, Los Angeles 90010 213 389-2077
Jenny Farrell, Executive Director ext 13 Fax 213 389-2595
jfarrell@mhas-la.org

MHAS is a private nonprofit serving adults and children with mental and developmental disabilities with an emphasis on obtaining government benefits and services, protecting rights, and fighting discrimination. In addition, MHAS serves as a resource to the community by training and consulting with consumer and family member groups, government agencies, mental health professionals, school officials, judges and attorneys.

MENTAL HEALTH AMERICA of LOS ANGELES– MHA

200 Pine Avenue, Suite 400, Long Beach 90802
mailbox@mhala.org

888 242-2522
Fax: 562-263-3395

Founded in 1924, Mental Health America of Los Angeles (MHA) (formerly the National Mental Health Association of Greater Los Angeles) is dedicated to ensuring that all people with mental illness assume their full and rightful place in the community. MHA advocates for quality care for people with mental illness, provides integrated services for adults with serious mental illness in Long Beach and Antelope Valley, and educates about mental illness to increase public awareness and improve access to care. Our Information and Assistance program provides caring, confidential help in English and Spanish to individuals seeking mental health services. MHA operates The Village in Long Beach and a Wellness Center, also in Long Beach.

MENTALHEALTHHOOKUP.COM

Office: 27201 Tournay Rd, Suite 225, Valencia 91355

661 799-7994
24-Hour Line: 888-544-1516

24-hr information & referral services; field-capable licensed clinical social work evaluations available; personalized individualized care plans and/or placement; long-term case management; Ability to work with both public and private sector mental health issues; Assistance with disability applications & Processing and more (see website – MentalHealthHookUp.com).

METRO CENTER, Los Angeles (a program of Didi Hirsch)

672 So Lafayette Park Pl, Ste 6, LA 90057

Fax 213 380-8923

Elizabeth Lopez, LMFT, Program Director Family Services SA 4

213 381-3626

Services provided:

FAMILY/CHILD: Individual and family counseling for children, private counseling, and CalWORKs. Parenting classes, medication management and case management. Outpatient services for children & families; mental health services.

DEPT OF MILITARY & VETERANS AFFAIRS

2615 S. Grand Ave., Suite 100, Los Angeles 90007

877-4-LAVETS

<http://mva.lacounty.gov/>

Service/Intake	877 452-8387
Bob Hope Patriotic Hall Service/Intake	213 744-4842
Administrative	213 744-4827
Veteran's Services	213 744-4825

What We Offer:

We can provide information and assistance with the following Department of Veterans Affairs benefits. Compensation for service connected disabled veterans. Pension for non-service connected disabled veterans. Life insurance. Cemeteries and burial (including indigent burials). Benefits for surviving spouse and children. Medical care. Educational / vocational rehabilitation

benefits. VA / CAL-VET home loan guaranty programs. State of California dependents college fee waiver program. Other related benefits

Veterans Services:

Interview and counsel clients on the availability of veteran's benefits and services. Develop, file, monitor and appeal claims on behalf of clients. Verification of veterans benefits for Federal, State and local agencies. Process applications for California Dependents Educational Fee Waivers for dependents of service disabled / deceased veterans. Participate in community events pertaining to veterans, i.e. care days, stand downs, job fairs, etc.

ROLAND MOSES, EdD, ABPP (Private Practice)

10305 Almayo Ave., Apt. 302, Los Angeles 90064 424 249-3384

RolandGMoses@msn.com website: www.DrRolandMoses.com

Licensed Psychologist, Diplomate in Clinical Psychology, American Board of Professional Psychology. Former professor-Columbia University.

Individual, couple, and family practice in the treatment of anxiety, depression, sexual difficulties, addictions, crisis counseling, educational, and career counseling.

NAMI WESTSIDE LA AFFILIATE

310 889-7200

921 Westwood Blvd., Suite 236, Los Angeles 90024

Referral phone line - Mon-Thursday 10:00 am to 5:00 pm Email: info@namila.org

Ralph Fagen, Co-President ralphfagen@progressivelearning.com

Sharon Dunas, Co-President ssdunas@aol.com

Erin Ryan, Executive Director eryan@namila.org

Tim Davis, Program Director tdavis@namila.org

For class or program information and registration, please go to our website: www.namila.org

We offer FREE Support groups, presentations and education classes for:

- Parents or caregivers of school age children having mental health issues
- Family members or caregivers of adults with mental illness
- Individuals with a diagnosis of mental illness
- Middle and High School students in area schools.

All classes and support groups are offered in both English and Spanish.

NAMI (National Office) -The Nation's Voice on Mental Illness

3803 N. Fairfax Drive, Suite 100 Arlington, VA 22203

703-524-7600

www.nami.org email: info@nami.org

Helpline: 800-950-NAMI or 800-950-6264

NAMI-California (Calif Office)

1851 Heritage Ln., Ste 150, Sacramento, CA 95815

916 567-0163

<http://www.namica.org>

Email: nami.california@namicalifornia.org

NEIGHBORHOOD YOUTH ASSOCIATION (NYA)

1016 Pleasant View Avenue, Venice 90291

310 664-8893

Fax: 310-664-8792

NYA Mar Vista Learning Center
804 Broadway, Venice, CA 90291

310 664-8893

Fax 310 664-8792

Abigail Vibiano , Assistant Program Director & Parent Coordinator avibiano@nyayouth.org

Assists a concentrated number of Mar Vista/Venice youth (ages 2-18) from at risk families in Mar Vista/Venice, with the Personal Best Program - the goal that every child complete high school and go on to post-secondary education. Homework assistance, tutoring, workshops in career planning, math, writing, science, arts; individual, group and family counseling as needed.

NESS COUNSELING CENTER

8512 Whitworth Dr, Los Angeles 90035

310 360-8512

www.thenesscenter.org

info@thenesscenter.org

Fax 310 360-8510

Dennis Brown, Executive Director

dbrown@thenesscenter.org

Providing substance abuse, domestic violence, Batterers/Anger Management and mental health services. Drug diversion, testing, assessments. Parenting groups, paternity testing, monitored visitation and child exchange. Family, couples, marriage and individual counseling. Individual counseling and parenting classes in Spanish. Victims groups. State certified drug/ alcohol program & sex offenders/child abuse groups. Accept Drug MEDI-CAL & sliding scale.

NEW CENTER FOR PSYCHOANALYSIS

2014 Sawtelle Boulevard, Los Angeles 90025

310 478-6541

Fax 310 477-5968

www.N-C-P.org

info@n-c-p.org

Cecilia Peck, Executive Diorector, ceciliap@n-c-p.org, Ext.18

Cheryl Difatta, Institute Administrator, cheryld@n-c-p.org , Ex. 16

A nonprofit membership organization and training center. We provide a variety of postgraduate programs in psychoanalysis and psychoanalytic psychotherapy for licensed mental health professionals and distinguished academics.

Training Programs: We have four training programs, as well as offering Continuing Education for Mental Health Professionals:

Adult Psychoanalytic Training Program

Child and Adolescent Psychoanalytic Training Program

Certificate in Adult Psychoanalytic Psychotherapy

Certificate in Child & Adolescent Psychoanalytic Psychotherapy

NCP Adult Psychoanalytic Clinic: offering reduced-fee psychoanalysis for qualified adults by our analytic candidates-in-training, under careful supervision by an experienced Supervising Analyst; 310-478-6541, ext. 17

NEW DIRECTIONS for VETERANS

310 914-4045

11303 Wilshire Boulevard, VA Building 116, Los Angeles, CA 90073

Mailing Address: PO Box 25536, 11420 Santa Monica Boulevard, Los Angeles, CA 90025

www.ndvets.org

Outreach and Intake: 310 914-5966

President/CEO, Colonel Yvette Kelley, Ext. 135, YKelley@ndvets.org

Chief Program Officer, Dr. Susan Michael, Ext. 130, SMichael@ndvets.org

SSFV Program Manager, Brenda Thomas Ext. 127, bthomas@ndvets.org

Director of Clinical Services, Matthew Rohr, Ext 131, MRohr@ndvets.org

New Directions for Veterans is a veteran provider in Greater Los Angeles County offering an array of services for veterans and their families. New Directions for Veterans supports Transitional Housing programs and Permanent Supportive Housing developments throughout the Greater Los Angeles area for homeless veterans. NDVets also provides assistance to veterans and their families in the community who are at risk of homelessness. NDVets services include veteran mental health services, case management, substance use disorder treatment; employment placement, housing placement, job training, legal services, and life skills training. NDVets serves all veterans regardless of discharge status and works with Veterans Courts local and State jurisdictions.

Veterans Opportunity Center Building 116 WLA VA

Corporate Offices

130-bed Transitional housing for males

Bridge to Housing shelter program

Support Services for Veterans and their Families SSVF

Veteran Opportunity Center North Building 257 WLA VA

50-Bed Transitional Housing Program for males, specifically Co-occurring disorder

Oasis for Women

Outreach program for females only

New Directions Permanent Supportive Housing

New Directions Sepulveda 147 units

Beswick Senior Apartments 40 units

El Monte Veterans Village 40 units

Glendale Veterans Village 40 units

Burbank Bungalows 11units

OCEAN PSYCHOLOGICAL SERVICES

1448 15th St, Ste 203, Santa Monica 90404

310 451-2107

Sue Henderson, LCSW Press #1

Fax 310 451-9665

William Wallace, PhD Press #2

The services we offer include: Outpatient Counseling, Medication Management, Day Treatment Services for Adults and Youth; Child and Adolescent Services; Family/Caregiver Support, Residential Services, Therapeutic Foster Care, Outreach Services, Ocean Academy, a Therapeutic School

OF ONE MIND - Innovative Behavioral Health, Addiction, Educational & Supervised Housing Alternatives

2001 So Barrington Ave, Ste 300, West Los Angeles 90025 ext 100 310 479-9065

www.ofonemind.net

Fax 310 268-1200

Richard B Cohen, LMFT, CCBT, CDVC, MAC President richard@ofonemind.net – ext 100

Of One Mind Behavioral Health, Addiction, Educational & Supervised Housing Alternatives offers intensive outpatient treatment programs for teens & young adults contending with psychological and/or substance abuse and technology addiction issues. Our programs are tailored to fit each individual's needs. Groups are psychotherapeutic, didactic, & experiential, focusing on specific contemporary issues such as self-esteem, anger management, expressive communication, conflict resolution, assertiveness training & relapse prevention. Programs include group psychotherapy, individual therapy, & multi-family group therapy. Of One Mind offers supervised housing options for young adults who can no longer live at home, but are not yet ready to live out on their own. Of One Mind also sponsors "The Parent Network" - an ongoing series of free parenting seminars for parents of teens & young adults held Wednesday evenings from 7-9pm. Please check out www.ofonemind.net for the schedule.

OLYMPIC CENTER, Los Angeles (a program of Didi Hirsch)

10277 West Olympic Blvd., Los Angeles, CA 90067

424 362-2900

Patricia Speelman, LMFT, Division Director

Services provided: Outpatient therapy for children, teens, adults, older adults and families, Bereavement groups; suicide attempt support groups; crisis services.

OMNI CENTER (a program of Social Model Recovery Systems)

3430 Cogswell Road, El Monte 91732

626-453-3406

Fax. 626-453-3410

After Hours: 626 622-7219

Monique Schulte, Program Director

moniquem@socialmodel.com

Sara Kurtz, Outpatient Program Director

sarak@socialmodel.com

A 12 step based, long term residential treatment program for men who have alcohol and other drug use problems; an Outpatient Program for men who have alcohol and other drug use problems; and a low cost shelter for homeless individuals with mental health problems.

OPEN PATHS COUNSELING CENTER

5731 W. Slauson Avenue, Suite 175, Culver City 90230

www.openpaths.org

Fax 310 258-9650

To make an appointment call (310) 258-9677 or email inquiry@openpaths.org

For administration only (no appointments please) call (310) 258-9737

Sierra Smith - Executive Director: sierra@openpaths.org

Zari Hedayat, Ph.D. MFT - Clinical Director: zari@openpaths.org

Kendall Evans, MFT - Another Way - Domestic Violence Intervention Program

Manager: kendall@openpaths.org

Low-fee counseling and psychotherapy services are provided on a sliding scale. Our diverse clinical team represents the communities we serve. We offer individual, couple, family, and group counseling for all ages. Groups include: Social Anxiety Group, Women's Sexual Trauma Survivors Group, Women's Empowerment Group for Victims and Survivors of Domestic Violence, and court-approved Parenting Groups. Additionally, we provide probation-approved 52-week Batterer Intervention Programs and Anger Management Group. Most services are offered in Spanish and English.

ORANGE COUNTY CENTER, Santa Ana (a program of Didi Hirsch)

2000 East 4th St. Suite 201, Santa Ana, CA 92705 Fax 714 547-8352
Jacquelyn Rivera, LCSW, Program Coordinator 714 547-8562

Services provided: Multi-lingual 24 hour, 7 days a week, suicide prevention hotline services, individual support counseling and group for those who have lost a loved one to suicide, as well as outreach and training to the community of Orange County.

OUR HOUSE GRIEF SUPPORT CENTER

West Los Angeles 1663 Sawtelle Blvd., #300, L.A. 90025 310-473-1511
Fax: 310-473-1515

Valley Office 21860 Burbank Blvd., Ste 195 Woodland Hills, CA 91367 Tel. 818 222-3344

Mid-City Koreatown location: 3750 West 6th St., Los Angeles, CA 90020 Tel. 310-473-1511

OUR HOUSE Grief Support Center Orange County (For Camp Erin OC only): 1940 W Orangetwood Ave, Suite 110-3, Orange, CA 9286 Tel. 714-723-1239

Michele F. Prince, LCSW, MAJCS, CEO ext 212

Lauren Schneider, LCSW, Clinical Director of Child & Adolescent Programs ext 211

Jamie Biggs, LCSW Clinical Director of Adult Programs ext 351

Maddy Goodreau, LCSW, Clinical and Volunteer Coordinator, Valley office ext 352

Michele Bartlett, LCSW, Associate Clinical Director of Children's Programs - Valley ext 350

Dolly Phillips, M.A. LMFT, Clinical Coordinator of School & Children's Programs ext 215

Loren Delgado, MSW, Senior Clinical Coordinator of Spanish Satellite Programs ext 220

Eva Adler – Senior Administrator & Spanish Satellite Assistant: eva@ourhouse-grief.org
ext. 219

www.ourhouse-grief.org

ourhouse@ourhouse-grief.org

Provides compassionate Grief Support Groups in a safe, warm environment for children, adolescents and adults, who have experienced the death of someone close. Also provides Adult Grief Support Groups in Spanish and On-Site Grief Response in schools, businesses and organizations after the death of a co-worker, student, family member or colleague. All groups are appropriate to age and relationship. **OUR HOUSE** provides grief support groups in local school districts and offers an Education program for medical students, clergy students, educators, businesses, and mental health professionals. The agency is available for professional and community education and support. Camp Erin LA and Orange County- bereavement camp for children aged 6-17.

PACIFIC ASIAN COUNSELING SERVICES

www.pacsla.org
8616 La Tijera Blvd, Ste 200, Los Angeles 90045
Long Beach Office
San Fernando Valley Office
Mariko Kahn, MFT, Executive Director
Michi Okano, LCSW, Clinical Director

310 337-1550
FAX 310 337-2805
562-424-1886
818-989-9214
mkahn@pacsla.org
mokano@pacsla.org

PACS enriches the lives of children and families through counseling and caring. We offer services to all ethnic groups and provide culturally sensitive and language specific services with expertise in the immigrant Asian Pacific Islander populations. Psychiatric consultation and medication support for ongoing clients, school related concerns such as disruptive classroom behavior, ADHD, etc.; co-occurring substance abuse and mental health issues, trauma recovery grief and bereavement issues, improving interpersonal communication, bridging the cultural and generational gap in families, conflict resolution, adjusting to situational stress from divorce, job loss, relocation, etc. Case Management Services and linkage to community resources, assistance in enrolling in public insurance programs. We provide Prevention and Early Intervention services utilizing evidence based practices including MAP, TF-CBT, Seeking Safety, CPP, and Family Connections.

We provide supportive mental health services, case management, and employment services to CalWORKS participants and work collaboratively with the DPSS GAIN workers.

We provide intensive mental health services through Full Service Partnership Services for Asian and Pacific Islander children and adults and Full Service Partnership for adults. Our AOT program offers intensive mental health services to those individuals who have not been compliant with treatment. PACS also has a few Child FSP slots and a significant number of forensic FSP slots. The multi lingual staff provide services in English, Cantonese, Hindi, Japanese, Khmer (Cambodian), Korean, Mandarin, Samoan, Tagalog, Taiwanese, Vietnamese and Urdu. We accept Medi-Cal.

PAINTED BRAIN

5980 W. Pico Blvd., LA 90035 <http://www.paintedbrain.org/>
David Leon, Executive Director dave.leon@paintedbrain.org 626-354-1584

The Painted Brain creates lasting community-based solutions to mental health challenges and the impact of social injustice through arts, advocacy, and enterprise. The project uses the arts as a community building tool. We run art groups and offer speakers bureau talks around the Los Angeles mental health system and have an extensive day program of arts and creative activities in our space in the neighborhood of Mid City. Visit our website for further information and please check out our calendar on our website: <https://paintedbrain.org/#!CalendarWeekly>. Our in-house groups, those that happen at our community center, are free and participants do not need to bring your own materials. We also host public events such as open mics, gallery shows, and concerts. To join our newsletter, send an email to david@paintedbrain.org, subject:

'newsletter.' If you have questions, call the Executive Director, Dave Leon, LCSW, at 626-354-1584 or at dave.leon@paintedbrain.org.

PASADENA COUNCIL ON ALCOHOLISM AND DRUG DEPENDENCE (a program of Social Model Recovery Systems)

1245 E. Walnut St., Suite 117, Pasadena 91106
Jo Waid, Regional Program Director of Adult Outpatient Services jow@socialmodel.com

626-773-4364

Fax. 626-795-0979

An Outpatient Program that provides aftercare for our residential sites for individuals with substance use issues, co-occurring disorders, and those from the community who are not in need of residential care. They work with multiple housing resources around the community to provide safe, sober housing to individuals who require housing. Their services include mental health, co-occurring, and substance use services.

PATIENTS' RIGHTS (a division of LA County Department of Mental Health)

550 S. Vermont Avenue, Room 608, Los Angeles 90020 800 700-9996, 213 738-4888

The Patients' Rights Office was created in response to California legislation requiring each county mental health director to appoint patients' rights advocates to protect and further the Constitutional and statutory rights of mental health care recipients.

PEOPLE ASSISTING THE HOMELESS (P.A.T.H.)

Central Facility: 340 North Madison Avenue, Los Angeles, CA 90004 323 644-2200

www.epath.org general inquiries: path@epath.org

West LA Facility: 2346 Cotner Ave, Los Angeles 90064-1804 Admin 310-996-0124

Haley Fuselier, LCSW, Director of Programs WLA HaleyF@ePath.org

PATH is a family of agencies working together to end homelessness for individuals, families, and communities throughout California. We strive to do this by prioritizing housing while providing customized supportive services for people in need. Our agencies each address the homelessness issue in a different way—supportive services, permanent housing development, support for homeless families, and community engagement—all of which ultimately help the people we serve make it home.

The Cotner site offers services and interim housing. An outreach team reaches out to the homeless throughout SA 5.

PEER ACTION 4 CHANGE

at SHARE! Culver City, 6666 Green Valley Circle, Culver City, CA 90230

For more info email info@peeraction4change.org or call Art at 310-846-5270

Meetings every 1st Saturday of the month

GET YOUR VOICE HEARD

a new voice for mental health consumers to advocate on the local, state, and federal levels.

Visit www.peeraction4change.org and come join us! Hope to see you soon!

PEOPLE CONCERN (see The People Concern)

PEPPERDINE MALIBU CAMPUS, COUNSELING CENTER

24255 Pacific Coast Hwy, Malibu 90263

310 506-4210

Fax: 310 506-7993

<http://www.pepperdine.edu/counselingcenter/> student.counselingcenter@pepperdine.edu

Provides individual, conjoint, group therapy psychotherapy for Pepperdine students. The Counseling Center seeks to promote mental health by providing:

- Direct service - providing individual, relationship, and group counseling
- Consultation and Training - equipping concerned others to respond
- Prevention/Outreach - educating the student community proactively

PEPPERDINE UNIVERSITY COMMUNITY PSYCHOLOGY COUNSELING CLINIC

6100 Center Drive, Los Angeles, CA 90045

310 568-5752,

866.396.8970.

Provides psychotherapy for individuals, couples and family members of all ages. Educational therapy for learning difficulties and play therapy for children. Psychological assessments for personal, vocational or school needs. Hrs: 9am-8pm M-F. Telephone first. Sliding scale down to \$15; No Medi-Cal.

PHOENIX HOUSE, VENICE BEACH RESIDENTIAL AND OUTPATIENT SERVICES

503 Ocean Front Walk, Venice 90291

1 844-417-6293

<https://www.phoenixhouse.org/>

Errol Small, Jr., Program Director ESmall@phoenixhouse.org

Located on Ocean Front Walk in Venice Beach, Phoenix House offers comprehensive residential treatment to adult men who are trying to break the cycle of drug and alcohol addiction. Group therapy, individual counseling, and a variety of services are offered to those who are striving to overcome addiction, reunite with family, and achieve economic independence. A wide range of group sessions are offered that address recovery dynamics, relapse prevention, life skills, trauma, and anger management. In addition to residential care, outpatient services are available for men over 18 years of age. Referrals to NA/AA meetings, job training and placement, and other community services are also offered.

All major credit cards are accepted. Payment options include the following health insurance plans: Anthem Blue Cross, APS Healthcare, Kaiser Permanente, Managed Health Network (MHN), as well as Cigna and Health Net.

PLANNED PARENTHOOD of Los Angeles (Santa Monica Ctr)

1316 3rd St Promenade, Rm 201 Santa Monica 90401

800 576-5544

planparenthood.org

Fax 310-395-3628

PORTALS (a Division of Pacific Clinics)

679 S. New Hampshire Ave., 4th Floor, Los Angeles, CA 90015

Reception desk Fax 213-385-9246 213-639-2500

Diane Schultheis, Divisional Assistant, dschultheis@pacificclinics.org 213-639-2561

Victoria Onwualu, LCSW, Divisional Director, vonwualu@pacificclinics.org 213-639-0230

Greg Swift, LMFT, Associate Divisional Director, gswift@pacificclinics.org 213 639-2681

Program Directors -

Sharareh Ghedari, LMFT, sghedari@pacificclinics.org 323-290-4374

-Mariposa Clubhouse, Field Capable Clinical Services – SA4

- Community Connections Wellness – SA6

Yolanda Lewis, LMFT, Yjackson-lewis@pacificclinics.org 213 639-2677

-CalWORKs/CLP, FSP Older Adult-SA4, FSP-TAY-SA4, FCCS-OA-SA4 and OA-PEI-SA4

Chu Kim Thornburgh , LCSW ckim-thornburgh@pacificclinics.org 213 639-0276

-FSP-SA4, FCCS, AB109

Edna Mercorios, Psy.D., EMercorios@pacificclinics.org 323-290-4352

-FSP-Adult-SA6, FSP-Older Adult-SA6, OA-PEI-SA6 and TAY-SA6

Please call for information on program or services

877-PCCARES

877-722-2737

Portals Services and Programs

Victoria Onwualu, LCSW, Division Director (VOnwualu@pacificclinics.org) 213-639-0230

The following programs –

SA-4 (FSP, FCCS, CBS, AB109, OAPEI, Mariposa Clubhouse Wellness Center) are based at 679 S. New Hampshire Ave. 4th Floor, Los Angeles, CA 90005

213-639-0299

Fax 213-388-2816

SA-6 (FSP-Adult, FSP-OA, TAY, OAPEI, Community Connections Clubhouse/Wellness Center) are based at

3881 S. Western Ave., Los Angeles, 90062

323-290-4340

Full Service Partnership (FSP) Programs for Adults –

ADULTS (Service Area 4 and Service Area 6)

Services are focused on addressing the specific needs of each focal population and include mental health services as well as housing services, employment and medication treatment for co-occurring mental health. Also available are peer support and health navigation assistance.

(FSP-Adults-SA4)

Chu Kim Thornburgh, LCSW, Program Director (c-imthornburgh@pacificclinics.org) 213-639-0276

(FSP-Adults-SA6)

Edna Mercorios, Psy.D., Program Director (EMercorios@pacificclinics.org) 323-290-4352

OLDER ADULTS–(Service Area 4 & Service Area 6);

(FSP-OA-SA4, OA-PEI)

Yolanda Lewis, LMFT, Program Director YJackson-Lewis@pacificclinics.org

213-639-2677

(FSP-OA-SA6, OA-PEI)

Edna Mercorios, Psy.D., Program Director (EMercorios@pacificclinics.org) 323-290-4352

Field Capable Clinical Services (FCCS) Program (Service Area 4)

Offers a wide array of field-based services for mentally ill adults ages 21 to 59, including members who are homeless, isolated or home-bound.

Chu Kim Thornburgh, LCSW, Program Director (c-imthornburgh@pacificclinics.org) 213-639-0276

AB 109 Program (Service Area 4)

The goal of this program is to help people released from prison live successfully in the community, achieve their personal recovery goals, and avoid re-incarceration or unnecessary psychiatric hospitalization.

Chu Kim Thornburgh, LCSW, Program Director (c-imthornburgh@pacificclinics.org) 213-639-0276

TRANSITIONAL AGE YOUTH (TAY) (Service Area 4) 213 639-0203

679 S. New Hampshire Ave., 4th Floor, Los Angeles, CA 90005 213 639-2677

Yolanda Lewis, LMFT, Program Director YJackson-Lewis@pacificclinics.org

Fax 213 386-1069

TRANSITIONAL AGE YOUTH (TAY) (Service Area 6) 323 290-4352

3881 S. Western Ave., Los Angeles, 90062 213 639-2677

Edna Mercorios, Psy.D., Program Director (EMercorios@pacificclinics.org) 323-290-4352

Participants in this program are young adults, age 18 through 26, many of whom have recently left the foster care system but are not ready for independent living due to a diagnosable mental illness. Professionally trained social workers and counselors help these young adults stabilize their emotional and living status and acquire the life skills needed to become self-sufficient. This program also offers a supportive residence for eligible TAY members.

PORTALS CalWORKs (Service Area 4)

679 S. New Hampshire Ave., 4th Floor, Los Angeles, CA 90005 213 639-2677

Yolanda Lewis, LMFT, Program Director YJackson-Lewis@pacificclinics.org

Fax 213 386-1069

This program provides mental health services to welfare-to-work participants who have been identified as having mental health barriers that may inhibit them from reaching their employment goals and leaving the welfare system successfully. Members receive individual and group counseling, medication support, and life skills development in addition to vocational and employment services.

WELLNESS CENTERS

• **Mariposa Clubhouse**, (Service Area 4)

679 S. New Hampshire Ave., 4th Floor, Los Angeles, CA 90005 213 639-2677

Sharareh Ghedari, LMFT, Program Director (SGhedari@pacificclinics.org) 323 290-4374

Fax: 213 389-1987

• **Community Connections Clubhouse**, (Service Area 6)

3881 S. Western Ave., Los Angeles, 90062

Sharareh Ghedari, LMFT, Program Director (SGhedari@pacificclinics.org) 323 290-4374

The clubhouses offer outpatient mental health services for adults with a primary focus on group and individual counseling, recovery meetings, psychiatric consultation, medication monitoring, employment services and social skill building.

Co-occurring Treatment

Sharareh Ghedari, LMFT, Program Director (SGhedari@pacificclinics.org) 323 290-4374
Fax: 213 389-1987

Outpatient services assist persons experiencing problems in their lives related to their substance use, such as dysfunctional relationships, poor performance with school or work, legal issues, health issues, housing and more.

PROJECT RETURN PEER SUPPORT NETWORK (PRPSN)

Main Office: 2677 1/2 Zoe Ave., Huntington Park, CA 90255 323 312-0640
www.prpsn.org Fax: 323 312-0642

PRPSN is a unique mental health nonprofit where staff utilize lived experience to support and serve others with mental illness. Our services pick up where traditional mental health services leave off...

SUPPORT GROUPS: There are over 175 weekly groups throughout Los Angeles serving 2,500 people a month. They are 1-2 hours once a week and are led by volunteers.

WARM LINE: Los Angeles County's first after-hours telephone line for mental health. Operated by trained peer supporters using a toll-free number. English (888) 448-9777 and Spanish (888) 448-4055 from 5PM – 10PM weeknights and 11AM – 4PM on Saturday.

HACIENDA OF HOPE: Offers a safe alternative to emergency hospitalization for individuals experiencing a stressful life event or crisis. This short-term respite home accommodates up to 10 guests as they work on individualized wellness and recovery plans and connect with local resources. It also offers support groups for individuals within the community. (562) 388-8183

EL CENTRITO DE APOYO: Is a multi-service Spanish language program which provides a range of services to the underserved Latino community. Over 200 people a month benefit from workshops, groups and one-on-one assistance with employment, housing and social connectedness. (323) 312-0640

UN PASO MAS: Is co-located with El Centrito but provides most services at local schools, churches and community centers. Its mission is to raise awareness about mental health issues, provide linguistically and culturally appropriate support and tools to the Latino population, many of whom are recent immigrants. Un Paso Mas offers over 20 weekly support groups and holds psycho educational workshops quarterly. Reaching over 800 people monthly. (323) 312-0762

COMMUNITY INTEGRATION PROGRAM: Helps almost 200 people in locked settings a month. A Peer Mentor serves as a bridge and assists in creating a plan for returning to the community which incorporates housing, social support and securing resources.

TRAINING: Project Return offers a myriad of training opportunities for individuals with lived experience of mental illness. The **Peer Professional Training & Placement** prepares people for employment or volunteer positions in the public mental health system. Several other workshops and training opportunities are afforded throughout the year.

PROVIDENCE SAINT JOHN'S CHILD AND FAMILY DEVELOPMENT CENTER

1339 20th St, Santa Monica 90404

Main 310 829-8921

Fax 310 829-8455

Rebecca R. Refuerzo, LCSW, Executive Director 310 829-8555

rebecca.refuerzo@providence.org

Ruth Cañas, LCSW, Director of Outpatient Services 310 829-8711

ruth.canas@providence.org

Sharon Greene, LCSW, Director of Social Work Education 310 829 8805

sharon.greene@providence.org

Olga Belik, Ph.D., Director of Psychology Intern Training 310 829-8708

olga.belik@providence.org

Comprehensive range of outpatient (including community, home & school based) mental health services, case management, and community outreach services for children and young adults (age 18-24) and their families who may be struggling with various issues including behavioral, emotional and/or social challenges; Birth to 5 mental health services for the young child and Specialized Adult Services which are limited to specific populations. Mental Health interventions include diagnostic assessment, individual/family therapy, psychological and psychiatric evaluations and medication management as needed. Specialized programs include the Therapeutic Preschool which provides day treatment services; and Adult Services which are limited to Mental Health Services for Developmentally Disabled individuals.

PROVIDENCE SAINT JOHN'S HOSPITAL AND HEALTH CENTER

2121 Santa Monica Boulevard, Santa Monica 90404

310 829-5511

<https://california.providence.org/>

PROTECTION AND ADVOCACY, INC. (see DISABILITY RIGHTS CALIFORNIA)

PROTOTYPES ADMINISTRATIVE OFFICES

1000 N Alameda Street, Suite 390, Los Angeles, CA 90012

213 542-3838

<https://www.prototypes.org/>

General inquiries: information@prototypes.org

Programs for women and families covering substance abuse, domestic violence, housing,

HIV/AIDS, mental health, child welfare and family preservation and more. Call for specifics.

RECOVERY INTERNATIONAL

Local: 13219-G Fiji Way, Marina del Rey 90292-7072

Celinda Jungheim celindajungheim@gmail.com

www.facebook.com/recoveryinternational/

call/text 310-339-8091

www.recoveryinternational.org

For Spanish language Recovery Intl. meetings call Mary Ellen at 310 328-2866
International Headquarters: 1415 W. 22nd St., Tower Floor, Oak Brook IL 60523 866-221-0302

Self-help cognitive behavioral training developed by Abraham Low, MD **Recovery International** and **RI-Discovery** groups are an adjunct to professional care. At weekly group meetings people learn techniques to help manage their nervous symptoms, fears and anger. Meetings throughout the community. **The Power to Change** is a facilitated group for schools, veterans and corrections. Call for meeting list or access meeting information on the website. Free Demonstrations are available to agencies upon request. No required fee. Donations requested at meetings.

REGIONAL CENTER

See Westside Regional Center

310 258-4000

5901 Green Valley Circle, Ste 320, Culver City 90230-6949

Fax 310 649-2033

REHABILITATION (State Dept of Rehabilitation)

See State Dept of Rehab

RIVER COMMUNITY (A program of Social Model Recovery System)

23701 East Fork Road, Azusa 91702

626-250-3300

Debra Schaich, Program Director debras@socialmodel.com

Fax. 626-910-1380

Paul Lambert, Clinical Coordinator paul@socialmodel.com

A residential facility for individuals who have mental health issues and substance use issues (co-occurring disorders). River Community is a long-term recovery program, 12 step based, utilizing other evidence based practices for improvement of the lives of those in need of residential care.

RIVER COMMUNITY COVINA (A program of Social Model Recovery System)

510 S. Second Ave., Covina 91723

626-974-8122

Dawn Dades, Program Director dawnd@socialmodel.com

Fax. 626-974-8198

An Outpatient Program providing aftercare for our residential sites for individuals with co-occurring disorders and those from the community who are not in need of residential care. They work with multiple housing resources around the community to provide safe, sober housing to individuals who require housing.

Wellness Program provides long term wellness service to individuals who are looking to return to work, school, or other activities.

S. MARK TAPER FOUNDATION CENTER, Los Angeles (a program of Didi Hirsch)

2000 East 4th St. Suite 201, Santa Ana, CA 92705

Fax 714 547-8352

Jacquelyn Rivera, LCSW, Program Coordinator

714 547-8562

Services provided: Multi-lingual 24 hour, 7 days a week, suicide prevention hotline services, individual support counseling and group for those who have lost a loved one to suicide, as well as outreach and training to the community of Orange County.

SAFE HAVEN (see The People Concern)

SAFE PLACE FOR YOUTH (S.P.Y)

2469 Lincoln Blvd., Venice 90291 www.safeplaceforyouth.org

310.902.2283

Executive Director: Alison Hurst alison@safeplaceforyouth.org

310.753.3776

Director of Programs: Sophia Frontino sophiaf@safeplaceforyouth.org

424.272.8567

Drop In Hours: Tuesday:1-5pm; Wed./Thursday: 11am-5pm

Street Outreach: Monday, Venice, 1:00pm-3:30pm

- Monday, Mar Vista, 10:30am-12:00pm

- Tuesday, Marina del Rey, 8:45am-10:00am

- Wednesday, Santa Monica, 10:45am-1:15pm

- Thursday, Venice, 4:30pm-6:00pm

- Friday, Venice, 1:00pm-3:30pm

Office Hours: Monday-Friday 9:00am-5:00pm (by appointment only)

Safe Place for Youth's mission is to inspire, nurture, and empower the resilient human spirit of homeless youth by providing immediate and lasting solutions, one young person at a time. SPY prioritizes low barrier services, harm-reduction, a trauma-informed approach, and the provision of a safe, supportive environment for young people ages 12 - 25 years old.

Street Outreach: Five days a week, SPY's outreach team connects with youth who are experiencing homelessness on the Westside of Los Angeles. We build meaningful relationships and trust, while providing street based engagement and survival resources. Outreach staff and trained volunteers provide snacks, hygiene packs, socks, as well as linkages to emergency shelter, mental health and medical care, and other on-site services at SPY's Drop-In Center.

Access Center Services: Five days a week, young people can access our continuum of services in a safe, welcoming space. SPY's Access Center is located on Lincoln Blvd. in Venice Beach, and helps youth meet basic survival needs of meals, showers and clothing; improve physical and emotional wellbeing; and develop meaningful relationships with peers, staff and the community.

Case Management: Our team of case managers works with youth to develop individualized plans that address short and long term goals towards stability. This includes connections to available housing, applying for identification documents and/or health benefits, receiving parent and prenatal care, family reunification, and connections to drug rehabilitation, mental health services and employment support.

Education & Employment: This program provides job readiness prep, high school completion, life skills, resume building, networking opportunities, an onsite youth internship program, and advocacy groups through an encouraging, nonjudgmental approach. Pre-employment exploration workshops are offered in SPY's Digital Arts Lab and SPY's garden program that help participants uncover professional interests and learn new skills. After a young person successfully obtains work or is accepted into school, our staff continues to support each individual as they transition into stability.

Health & Wellness: In partnership with Venice Family Clinic, comprehensive health clinics, information and referrals are provided onsite at SPY. Dental care, HIV testing, harm reduction interventions, health education workshops, and Medi-Cal signups are also offered. Additionally, in collaboration with LA County Department of Mental Health and the Exceptional Children's Foundation, mental health support is provided to youth through counseling, crisis intervention and relationship and trust building. Creative arts, music groups, writing workshops, yoga and mindfulness sessions are also provided through the Healing Arts component of this program.

Housing: As the Youth Coordinated Entry System (YCES) Regional lead for all of West LA, SPY works closely with agencies throughout the county to ensure that young people have equitable access to developmentally appropriate housing resources, including shelter, transitional housing, Rapid Rehousing, Permanent Supportive Housing, and supported connection to a young person's natural support system. SPY staff work hard to make efficient, fair housing matches, and provide ongoing support to all members once they are housed. In partnership with Venice Community Housing, SPY operates two transitional living programs, Roots to Grow. SPY also provides housing for pregnant and parenting households at The Nest.

ST JOSEPH CENTER

Administrative Offices: **204 Hampton Drive, Venice 90291** 310 396-6468

<https://stjosephctr.org/> fax 310 392-8402

Call Center 310-358-2835 (24-hour, non-urgent community concerns)

general inquiries: publicrelations@stjosephctr.org

non-urgent community concerns: community@stjosephctr.org,

Va Lecia Adams, PhD, Chief Executive Officer vadams@stjosephctr.org x 304

Courtney Kanagi, V.P. of Programs ckanagi@stjosephctr.org x 333

Michael Brad, Lead Clinical Supervisor mbrady@stjosephctr.org x 350

St. Joseph Center assists more than 7,000 homeless and low-income individuals and families through comprehensive case management and a variety of supportive services each year.

OUTREACH & ENGAGEMENT

Bread & Roses Café serves hot, nutritious meals to homeless men, women and children in a welcoming, restaurant-style atmosphere that fosters dignity and respect for each individual. In

place of a soup line, guests are provided with the ambience of a restaurant in which volunteers act as waiters while diners eat a meal set at tables replete with tablecloths and fresh flowers. Homeless clients may access Bread & Roses Café through the Homeless Service Center.

Countywide Benefits Entitlement Services Team (CBEST) provides targeted advocacy to assist homeless men and women in obtaining sustainable income through such programs as SSI, SSDI, CAPI (DPSS), and the VA. These income streams are critical in helping people progress from homelessness to independent living.

Coordinated Entry System (CES) is the region-wide collaborative led by St. Joseph Center in Service Planning Area 5 (SPA 5) that coordinates outreach and housing placement efforts for homeless individuals on the Westside. In partnership with organizations such as nonprofits and government agencies, St. Joseph Center leads an effort that strategically pools resources, information and staff together to end homelessness, improve coordination among participating agencies, and increase the number of homeless people who obtain housing.

Homeless Service Center (HSC) provides long-term case management aimed at permanent housing, offers referrals for critical services such as substance abuse treatment, and makes emergency services, such as shelter placement, showers, laundry, and mailboxes available to homeless individuals and families.

Address: 404 Lincoln Blvd., Venice 90291

Street Outreach/Housing Navigation Programs engage homeless individuals living in recreational vehicles (RV) and other vehicles with the goal of enrolling them into case management services. Once a case manager is assigned, the case manager works to connect the individuals to a full continuum of services and to remove barriers that prevent them from accessing permanent housing.

Venice C3 uses an innovative “County+City+Community” partnership approach. The C3 model systematically engages people living on the streets; provides immediate access to resources such as interim housing, urgent care, primary care, mental health services and substance use disorder treatment; and helps them regain health and housing stability.

HOUSING

Chronic Homeless Programs in Santa Monica and Venice help the community’s most vulnerable homeless individuals obtain and maintain permanent supportive housing. The program focuses on serving persons who have been homeless for an extended period, are the most visible in the community, and may be high users of police, paramedic and emergency room resources.

Coordinated Entry System for Families is the region-wide collaborative led by St. Joseph Center that provides short-term rental assistance, resource referrals, and case management to homeless and at-risk families with children in an effort to support housing stability.

Housing for Health helps high utilizers of LA County public health resources obtain and maintain permanent supportive housing. This effort's goal is to provide permanent supportive housing, recuperative care, and specialized primary care to homeless people with complex physical and behavioral health conditions.

Housing Services assists people in securing and maintaining permanent housing using subsidized vouchers or in buildings constructed as affordable housing. The program provides case management and other direct client services. The goal of the program is to promote housing stability and self-sufficiency for clients

Integrated Mobile Health Team provides mental health, physical health and substance abuse services to chronically homeless individuals through a multi-disciplinary staff working as one team to help clients obtain and maintain permanent supportive housing.

Rapid Rehousing provides move-in assistance and short-term rental subsidies to households on the Westside and in South LA that are capable of quickly regaining and maintaining stability. It serves individuals, youth, and families who have relatively fewer barriers to self-sufficiency.

MENTAL HEALTH

Ánimo provides traditional and non-traditional mental health services to underserved Latino families and individuals on the Westside. Ánimo offers mental health counseling; medical (in partnership with Venice Family Clinic), dental and vision care referrals; psychiatric treatment; substance abuse counseling; and spiritual guidance.

Recovery, Resilience and Reintegration Services provides mental health services to support housing stability, especially for formerly chronically homeless individuals.

Monetary Advisory Program (MAP) provides case management, money management, and financial literacy classes to at-risk adults living with mental illness. As the designated "representative payee," St. Joseph Center receives a person's public disability benefit (such as social security insurance and veteran's compensation) and works with the client to ensure that these benefits are first used to meet their basic needs (such as rent, food, and utilities), and often then to establish some form of savings.

Santa Monica Youth Resource Team works with Santa Monica youth, ages 16-24, to help them and their families address issues ranging from basic needs to housing, mental health and educational / vocational services. The program provides assertive case management, referrals and support services to both youth and their families.

Senior Services/Prevention and Early Intervention provides case management and mental health support aimed at improving low-income and homeless seniors' housing stability, overall functioning, and quality of life. Using case management, the program addresses client housing needs, provides advocacy for new or continuing government benefits, links seniors with In-Home

Supportive Services, and ensures that nutritional, social and other needs are adequately met.

EDUCATION & VOCATIONAL TRAINING

Codetalk trains low-income women in computer coding skills to help them obtain employment in the tech sector. In an intensive and rigorous 15 week program we provide the skills, tools, training, professional development and support so that our graduates can pursue entry level positions in the technology sector.

Culinary Training Program educates low-income adults in classical cooking techniques through hands-on classroom training and restaurant internship program. Our Internship Partners ensure that our students gain real-world professional experience. Based on their interests, students have been placed in 4 weeks internships at Partner sites ranging from institutional kitchens to fine dining restaurant

Early Learning Center (ELC) provides children 18 months to 5 years old the opportunity to learn, grow, and become self-sufficient, independent learners in a nurturing and socioeconomically diverse environment. For more information click here. Dual Immersion classrooms provide both native English and Spanish-speaking children with the chance to become bilingual early in life through play, art, music and performance.

Food Pantry provides low-income, housed families and individuals with supplemental groceries and workshops designed to increase wellbeing and support progress toward self-sufficiency. Our Food Pantry provides nutritious foods including fruits and vegetables using a “Choice Model” that allows people to select their own food items—including proteins, specialty items, and fresh produce—in a supermarket-style setting as opposed to receiving pre-packaged bags of groceries. If you need food assistance, please contact our Food Pantry at 310-396-6468 ext. 313 to make an initial appointment.

Veterans Representative Payee Program (VRPP) provides at-risk adults and veterans (respectively) with case management, money management, financial literacy classes, and help finding and maintaining housing. VRPP serves homeless veterans, many with mental health and/or substance abuse issues. Support services provided include socialization and life skills training with a goal of moving veterans toward increased stability and self-sufficiency so that they will eventually be able to manage their own finances.

St. Joseph Center provides representative payee services, case management, money management assistance and financial literacy classes to adults and Veterans impacted by mental illness, disabilities and/or substance abuse.

SAMOSHEL & TURNING POINT INTERIM HOUSING (see The People Concern)

SANTA MONICA COLLEGE - DISABLED STUDENT CENTER (SMC-DSC)

1900 Pico Blvd, Santa Monica 90405

310 434-4265

Fax 310 434-4272

Nathalie Laille, Coordinator, laille_nathalie@smc.edu, Ex. 4299

Primary goal is to integrate disabled students into all campus programs and activities, so that

students can function independently in college. Services are based on individual needs and include academic advisement, personal counseling, and special classes. Students may call or come by to schedule counseling appointments and learn more about our services.

SANTA MONICA COLLEGE CENTER FOR WELLNESS & WELL BEING

1900 Pico Blvd, Santa Monica 90405 Liberal Arts Building: LA – Room110 310 434-4503
Susan Fila, Ph.D., Director, Health & Wellness fila_susan@smc.edu
Alison Brown, Ph.D., Coordinator brown_alison@smc.edu

Brief individual therapy and crisis intervention for Santa Monica College students.

SANTA MONICA-UCLA MEDICAL CENTER

1250 16th St, Santa Monica 90404 (424) 259-6000
<https://www.uclahealth.org/santa-monica/>

BEHAVIORAL HEALTH ASSOCIATES

2001 Santa Monica Blvd, Suite 860, Santa Monica, CA 90404
Appointments, general information: (310) 301-7396

LES KELLEY FAMILY HEALTH CENTER

1920 Colorado Ave, Santa Monica 90404 Fax 310 319-4700
Michelle Bholat, MD, Clinical Director mblohat@mednet.ucla.edu 310 393-5659
Lynn Stephens, RN, FNP, Nurse Manager 310 319-4728
Residency Administration 310 319-4709

The center is the home base of the UCLA Family Medicine Residency Program. This clinic provides services for patients at other agencies in the community which include Venice Family Clinic, Santa Monica College and the Salvation Army. Medi-Cal accepted.

SANTA MONICA POLICE DEPARTMENT (SMPD)

333 Olympic Drive, P.O. Box 2200 Santa Monica, CA 90401 310.395.9931
Police Chief Cynthia Renaud
General Email police@smgov.net
Community Affairs community.affairs@smgov.net

Homeless Liaison Program 310 458-8953

Provides law enforcement services and proactive crime prevention outreach programs.

SANTA MONICA PUBLIC LIBRARY - REFERENCE DEPT/INFORMATION & REFERRAL SERVICE

601 Santa Monica Blvd, Santa Monica 90401 (Main Library)
310 458-8600 (General Information) 310 434-2608 (Reference Services)
<https://smpl.org/>

Fairview Branch, 2101 Ocean Park Blvd., Santa Monica, CA 310 458-8681

Montana Branch, 1704 Montana Ave., Santa Monica 310 458-8682

Ocean Park Branch, 2601 Main St., Santa Monica 310 458-8683
Pico Branch, 2201 Pico Blvd., Santa Monica 310 458-8684

Serving the community with literature, programs, and information in all formats (books, magazines, newspapers, films, recordings, pamphlets, etc.) including information about social services. Public computers and internet access also available.

SATURDAY CENTER FOR PSYCHOTHERAPY

3201 Wilshire Blvd, #201, Santa Monica 90403 310 829-7997

<http://saturdaycenter.org/>

E-mail. inquiries@saturdaycenter.org

Founded in 1982, the center serves individuals, couples, and families. Our orientation is long-term psychodynamic with clinical attention paid to both the interactions between the therapist/client and the present/past experiences of the client. We also work with persons in crisis and those who have specific short term goals.

Our training program for therapists focuses on advanced psychodynamic work with the client with a specific focus on attending to the process occurring between therapist and client. Therapists are trained to recognize and make use of the therapist's countertransference. Therapists are encouraged to continue working with their clients upon completion of our 2 year training program. The training program is conducted in a private practice setting with the goal of preparing the trainee for work in private practice.

SCHOOL ON WHEELS INC. TUTORING THE HOMELESS CHILDREN SINCE 1993

Ventura Resource Center: P.O. Box 23371 Ventura, CA 93002 805 641-1678

Toll Free Number: 800 923-1100

www.schoolonwheels.org

Email: contact@schoolonwheels.org

School on Wheels provides academic tutoring to children living in shelters, motels, cars, group foster homes and on the streets in Southern California. We provide homeless students stability in a time of stress and transition, and help them achieve educational success so that they may break the cycle of homelessness and poverty. We offer one-on-one weekly tutoring, school supplies, assistance in entering school, help in locating lost records, scholarships, guidance for parents in educational matters for their children and a Learning Center located in the heart of Skid Row.

LAC DMH Service Area Advisory Committee 5 (SAAC 5) Co-Chairs

Yolanda Becerra-Jones y.becerrajones@gmail.com

Fay Craton, MA, LMFT (Private Practice) and Loyola Marymount University

Fay.Craton@LMU.edu

8632 S. Sepulveda Blvd, Suite 200, Los Angeles 90045 424-259-1960

Laurie Williamson Lr_williamson@yahoo.com Cell: 415 867-2545

Tristan Scremin tristan.scremin@paintedbrain.org 626-354-1584

The SAAC's are community groups established by the Dept of Mental Health, whose purpose is to advise on mental health issues. There are 8 SAAC's in Los Angeles County. SAAC 5 covers the geographic area of Malibu to south of LAX, the ocean to La Cienega Blvd. Meetings are held on the 4th Tuesday of each month (except June and December) from 3:00 to 5:00 pm. Anyone interested is welcome to attend. Meetings are held in various locations. Call (310) 482-6600 to confirm location.

SEVEN GENERATIONS CHILD & FAMILY COUNSELING SERVICES

1125 W. 6TH St., Suite 103, Los Angeles 90017

213 241-0979

7generations@uaii.org

Fax: 213 241-0925

Culturally appropriate mental health and support services organized into a coordinated network in order to meet the unique clinical and functional needs of American Indian/Alaska Native children, youth and families. They also offer the Red Pages resource directory for American Indian/Alaska Natives in Los Angeles County.

SHARE! the Self-Help And Recovery Exchange

www.shareselfhelp.org

info@shareselfhelp.org

SHARE! Culver City, 6666 Green Valley Circle Culver City CA 90230

310.305.8878

SHARE! Downtown, 425 S. Broadway Los Angeles 90013

213 213-0100

SHARE! Recovery Retreat

626 677-3850

Toll-Free Housing and Self-help Support Group Referrals

1 877 SHARE-49

Administration Offices

310 846-5270

Ruth Hollman, Executive Director ruth@shareselfhelp.org

Jason Robison, Program Director jason@shareselfhelp.org

Libby Hartigan, Director of Training and Quality Assurance, libby@shareselfhelp.org

Self-help Support Group Clearinghouse for Los Angeles County Countywide referrals to 12,000 self-help support group meetings for all issues, conditions, life transformations and addictions. 1-877-SHARE-49.

SHARE! Self-Help Centers SHARE! operates self-help centers at Culver City and Downtown Los Angeles that provide meeting space for self-help support groups of all kinds ranging from mental health issues, anger management, depression, self-esteem, communications and relationships, incest survivors, alcoholics, drug addicts, smoking, reaching goals, etc. Meetings pay a percentage of their donations so that there is no rent pressure and it is easy to start a new meeting. Each meeting room is furnished like a living room, with the exception of our writing room, which has a conference table and chairs. We provide space for sober dances, self-help marathon meetings and conferences.

SHARE! Recovery Retreat provides a free home away from home for up to two weeks filled with intensive recovery activities, including self-help support groups, independent living skills, conflict resolution and paths to achieving goals. People learn in a homey environment, living

together as a family with every participant being part of the shared leadership of the house. Free to any mental health consumers in Los Angeles County. 626 677-3850

SHARE! Collaborative Housing is a public-private partnership to provide affordable, permanent, supportive housing to disabled people in single-family houses throughout Los Angeles County. People with similar issues, such as vets, mental health consumers, people with diabetes, trauma issues, etc. live like college roommates, each paying very affordable rent in a fully-furnished house. The Collaborative Housing Homeowner furnishes the house, pays all utilities, does not collect a Security Deposit and does not require resident to pay for a credit or background check. Residents pay rent from their disability checks or other income directly to the Homeowner. We always have vacancies as we add new houses constantly. This project is supported by the L.A. County Department of Mental Health. For more information, call [1-877-SHARE-49](tel:1-877-SHARE-49) (toll-free) or [\(310\) 846-5271](tel:310-846-5271) today! Housing referrals are made from 1 to 3 pm weekdays by phone, or walk in to SHARE! Culver City or SHARE! Downtown for a referral in person.

Volunteer-to-Job Program that gives anyone a meaningful job at SHARE! no matter how limited their skills or debilitating their symptoms. SHARE! trains and encourages our Volunteer-to-Jobs participants until they develop the skills and confidence to obtain an unsubsidized job either at SHARE! or in the community.

Free SHARE! Peer Specialist Training: SHARE! Advanced Peer Specialist Training is a free training for people who are or would like to be peers in the mental health system. It consists of three consecutive courses: (1) Peer Services 101, (2) SHARE! Peer Toolkit & (3) Peer Bridging. Applications are available on our website www.shareselfhelp.org

Technical assistance for new and ongoing self-help support groups. We can help with formation, meeting content, format, publicity, problems and finding meeting space.

Open literature policy SHARE! accepts materials for distribution at our centers. Emailed flyers will be posted. Drop off or mail flyers and they will be distributed at all our locations.

SOCIAL SECURITY ADMINISTRATION

11500 W. Olympic Blvd. #300, Los Angeles 90064

ssa.gov

800 772-1213

Serving WLA and surrounding cities, including zip codes 90024, 90025, 90049, 90064, 90066, 90073, and 90077.

SOBER LIVING NETWORK

PO Box 5235, Santa Monica 90409

310 396-5270

slnetwork@earthlink.net

www.soberhousing.net

Fax 310 584 4540

Referrals for LA, Orange, Riverside, San Bernardino and San Diego Counties 800 799-2084
Sober living homes are affordable, alcohol and drug free recovery support housing providing positive environments that facilitate peer group recovery support. Sober housing promotes

individual recovery by providing healthy and sober environments that allow residents to develop individual recovery programs and become self supporting. Coalitions meet monthly and Member homes are peer reviewed by coalition members to meet the Coalition's health, safety and management requirements.

SOCIAL MODEL RECOVERY SYSTEMS

223 E. Rowland St., Covina 91723 626-332-3145 Fax. 626-974-4164
Bruce Boardman, Chief Executive Officer bruceb@socialmodel.com
Tim Stevens, Chief Operating Officer tims@socialmodel.com
Chris Abernathy, Senior Director of Treatment Services chrisa@socialmodel.com
Dawn Dades, Senior Clinical Director dawnd@socialmodel.com
Judy Redman, Director of Education and Training judy@socialmodel.com
Mike Schaub, Senior Director of Community Relations mikes@socialmodel.com
John Kirby, Director of Development johnk@socialmodel.com
Sylvia Reed-Drake, Director of Screening and Assessment sylviar@socialmodel.com

A non-profit agency providing multiple treatment, recovery, prevention, education, and wellness programs and services in Los Angeles and Orange Counties.

River Community

23701 East Fork Road, Azusa 91702 626-250-3291 Fax. 626-910-1380
Justin Womer, Program Director justinw@socialmodel.com
Gustavo Solis, Evening Supervisor gustavos@socialmodel.com

A residential facility for individuals who have mental health issues and substance use issues (co-occurring disorders). River Community is a long-term recovery program, 12 step based, utilizing other evidence based practices for improvement of the lives of those in need of residential care.

River Community Covina

510 S. Second Ave. #6, Covina 91723 626-974-8123 Fax. 626-974-8198
Jo Waid, Regional Program Director of Adult Outpatient Services jow@socialmodel.com

An Outpatient Program providing aftercare for our residential sites for individuals with co-occurring disorders and those from the community who are not in need of residential care. They work with multiple housing resources around the community to provide safe, sober housing to individuals who require housing.

River Community Wellness

510 S. Second Ave. #7, Covina 91723 626-332-7788 Fax. 626-966-2799
Jo Waid, Regional Program Director of Adult Outpatient Services jow@socialmodel.com

A Wellness Program that provides long term wellness service to individuals who are looking to return to work, school, or other activities.

Pasadena Council on Alcoholism and Drug Dependence

1245 E. Walnut St., Suite 117, Pasadena 91106 626-773-4364 Fax. 626-795-0979
Jo Waid, Regional Program Director of Adult Outpatient Services jow@socialmodel.com

An Outpatient Program that provides aftercare for our residential sites for individuals with substance use issues, co-occurring disorders, and those from the community who are not in need of residential care. They work with multiple housing resources around the community to provide safe, sober housing to individuals who require housing. Their services include mental health, co-occurring, and substance use services.

Touchstones Residential / Outpatient

P.O. Box 849, Orange 92856 714-639-5546 Fax. 714-639-5037
Kelly Seiker, Program Director kellyjos@socialmodel.com
Malkia Bennett, Program Coordinator malkiak@socialmodel.com

A 12 step based, long term residential treatment program for adolescents and teens that have alcohol and other drug use problems; an Outpatient Program that provides counseling, group services, and 12 step meetings for youth with substance abuse disorders and/or co-occurring mental health issues.

Mariposa

453 S. Indiana St., Los Angeles 90063 323-266-7726 Fax. 323-266-7742
Melanie Arellano, Program Director melania@socialmodel.com

A 12 step based, long term residential treatment program for women and women with children, who have alcohol and other drug use problems.

Omni Center

3430 Cogswell Road, El Monte 91732 626-453-3406 Fax. 626-453-3410
After Hours: 626 622-7219
Monique Schulte, Program Director moniquem@socialmodel.com
Sara Kurtz, Outpatient Program Director sarak@socialmodel.com

A 12 step based, long term residential treatment program for men who have alcohol and other drug use problems; an Outpatient Program for men who have alcohol and other drug use problems; and a low cost shelter for homeless individuals with mental health problems.

Mid Valley Outpatient

3131 Santa Anita Ave., Suite 1128, El Monte 91732 626-636-2370 Fax. 626-453-3415

Jo Waid, Regional Program Director of Adult Outpatient Services jow@socialmodel.com

An Outpatient Program that provides aftercare for our residential sites for individuals with substance abuse issues, co-occurring disorders and those from the community who are not in

need of residential care. They work with multiple housing resources around the community to provide safe, sober housing to individuals who require housing.

Stepping Stones

17727 E. Cypress St., Covina 91722 626 858-4920 Fax 626-858-4923
Patricia Flood, Program Director patriciaf@socialmodel.com

A 12 step based, long term residential treatment program for women and women with children, who have alcohol and other drug use problems.

Bimini

155 S. Bimini Place, Los Angeles 90004 213 388-1937 Fax 213 388-1317
Felipe Kaiser, Program Director felipek@socialmodel.com

A residential treatment program for men and women who have a self-diagnosis of a substance abuse disorder, specializing in treatment for Veterans of our Armed Forces.

Rena B

4445 Burns Ave, Los Angeles 90029 323 664-8969 Fax 323 664-1786
Raymond Monk, Program Director raymondm@socialmodel.com

A residential treatment program for men and women that provides a safe, structured, and supportive living environment for adults struggling with drug and alcohol addictions.

Royal Palms

360 Westlake Ave., Los Angeles 90057 213 483-9202 Fax 213 382-0136
Michael Barnes, Program Director michaelb@socialmodel.com

A 12 step based, long term residential treatment program for men who have alcohol and other drug use problems.

UCEPP (United Coalition East Prevention Project)

804 E. 6th St., Los Angeles 90021 213 622-1621 Fax 213 622-1873
Zelenne Cardenas, Director of Prevention Services zeleynec@socialmodel.com
Charles Porter, Prevention Coordinator charlesp@socialmodel.com

A program whose mission is to engage the most vulnerable populations of Central City East to challenge systemic conditions and social disparities that threaten a healthy environment and to prevent and/or reduce the impact of drugs, alcohol, and tobacco in the community by using grassroots research, assesment and innovative approaches to inspire social justice and positive change.

CCERP (Community Centered Emergency Room Project)

2118 E. 1st St., Los Angeles 90033 323 859-8443 Fax 323 859-8447
Zelenne Cardenas, Director of Prevention Services zeleynec@socialmodel.com

A community prevention project surrounding Los Angeles County + University of Southern California Medical Center (LAC + USC MC) whose two-pronged approach is to provide targeted

outreach to the Needs Special Assistance (NSA) population to establish linkages and enhance community engagement in order reduce risk factors.

DRUG FREE ANAHEIM

Anaheim Police Department, 425 S. Harbor Blvd., Anaheim 92805 714 357-2841

Screening Line: 626 332-3145 option #1

Colin Womer, Project Coordinator colinw@socialmodel.com

Sylvia Reed-Drake, Director of Screening and Assessment sylviar@socialmodel.com

A collaboration with the City of Anaheim and the Anaheim Police Department, where community members can walk into the police station and voluntarily ask for, and receive, treatment.

SOJOURN (see **The People Concern**)

SOUTHERN CALIFORNIA HOSPITAL AT CULVER CITY

3828 Delmas Terrace, Culver City 90232

310 836-7000

Barbara Neefs, Director Behavioral Health Unit – Detox – IOP

310 836-7000 ex. 6611

barbara.neefs@schospitals.com

Fax: 310 202-4129

Behavioral Health

Central Intake Number: 800 565-0558

Fax: 818 530-0515

Behavioral Health Unit: 310 202-4793

Fax: 310 202-4129

Miracles Detox

Intake Number: 888 800-2768

Intake Coordinator: Felicia Mitchell 562 583-5799

Chemical Dependency: 310 836-7000 ex. 6700 or 310 840-7020

Fax: 310 840-7063

IOP Program

Intensive Outpatient 310 815-3145

Fax 310 815-3159

Program Coordinator: Hope Wilkinson

Adult mental health programs featuring Acute Inpatient Psychiatric Services, Medi-Cal Contracts, 24 hour intake, and intensive Outpatient Psychiatric Program.

Adult Chemical Dependency Services featuring Inpatient, Day Treatment and Evening Outpatient. Intensive Outpatient, 24 hour emergency room, acute rehab. Also takes private insurance, HMO and PPO.

We currently have 101 inpatient psychiatric beds for voluntary and conserved patients. We offer IOP (Intensive Outpatient) program during weekdays and are in the process of expanding our

IOP to include an evening program as well. We also have 18 inpatient medical detox beds available.

All our clients are being seen by a psychiatrist (or affiliate) and medical consultant daily. We offer a wide range of group therapies, discharge planning, individual psychotherapy, medication management, milieu therapy, and rehabilitation therapy. Our nurses are specialized in providing mental health care and they will approach our clients through assistance with daily living needs, individualized sessions and medication administration. We provide services in all languages using the interactive Stratus language modus.

SOUTHERN CALIFORNIA PSYCHIATRIC SOCIETY

2999 Overland Ave, Ste 208, Los Angeles 90064

310 815-3650

scps2999@earthlink.net

Fax

310 815-3653

SCPS is a comprehensive medical association with a professional agenda:

To advocate for quality patient care

To enhance your professional development through continuing education

To protect your professional interests

To create a collegial network where you can work on special interests with like minds, sharing insights leading to positive action

To provide a forum for the development of your professional leadership capabilities at Council, regional, committee, state and national levels

To allow you, through organized action, to determine what is strategically important and work towards desired professional outcomes

To provide timely information and response on critical issues

SOVA COMMUNITY FOOD & RESOURCE PROGRAM (Jewish Family Service of Los

Angeles)

16439 Vanowen Street, Van Nuys 91406

818 988-7682

Email: sova@jfsla.org Fax: 818 988-7683

Director: Fred Summers

fsummers@jfsla.org

Client Services Manager: Lynda Alter

lalter@jfsla.org

Valley Pantry 16439 Vanowen St, Van Nuys CA 91406

818-988-7682

Sunday 9:00 am - 12:00 noon

(Open every Sunday except holiday weekends)

Monday 10:00 am - 1:30 pm

Tuesday 10:00 am - 1:30 pm

Wednesday 10:00 am - 1:30 pm

Thursday 10:00 am - 1:30 pm

West Pantry 8846 W. Pico Blvd., Los Angeles 90035

Sunday 9:00 am - 12:00 noon

(Open every Sunday except holiday weekends)

Monday 10:00 am - 1:30 pm

Tuesday 10:00 am - 1:30 pm

Wednesday 10:00 am - 1:30 pm

Thursday 10:00 am – 1:30 pm

Services:

Provides a six-day supply of groceries once a month for each eligible household member, and provides groceries twice a month for people who are homeless. Comprehensive services are provided on site, such as: Information and referrals for homeless services, employment, housing, medical, mental health, substance abuse & other needs; professional counseling and case management by JFS social workers; vocational, legal and homeless services; food stamp and MediCal enrollment by DPSS. Services available in Spanish, Russian, Farsi, and Hebrew. New clients are advised to arrive by the time the pantry first opens in the morning in order to register as a new participant and receive the complete program orientation. SOVA serves people in 84 ZIP codes; phone ahead to be sure you live in a ZIP code they serve.

SOVEREIGN HEALTH GROUP (Substance Abuse and/or Mental Health treatment)

Call anytime for a confidential assessment and admission information:

www.sovcal.com

Business Development/Outreach Representative: Marla Corburn 310-428-0190

Locations: Adult services: Los Angeles; San Clemente, CA; Palm Desert, CA; Fort Myers, FL.
Adolescent services: Rancho San Diego, CA

Services: Sovereign Health is Joint Commission Accredited and Dually Licensed to treat Primary Mental Health with or without a Substance Use Disorder. **We offer all levels of care from Licensed Detox, Residential, Partial Hospitalization and Intensive Outpatient Programs with Supportive Housing for Adults.** Sovereign provides evidence-based treatment in a safe, comfortable, non-hospital setting for a variety of mental health disorders including depression, anxiety disorders, PTSD, OCD, bipolar disorder, schizophrenia, schizoaffective disorder, and borderline personality disorder. Sovereign Health is a resource and solution for psychiatric hospitals, psychiatrists, medical doctors, therapists, and families with a patient or a loved one who needs a structured and clinically-based residential program for the treatment of, and recovery from existing mental health conditions.

- **We work with most Private Insurances (PPO, EPO and HMO)** and are able to devise a financial plan that works for each patient.
- We offer a **Foundations scholarship program** for clients who have no insurance and no Medicaid, MediCal or Medicare.
- We provide an experienced Admissions Representative who will work closely with the referent, potential patient and family to develop a rapport and create a sense of trust and safety during the process.
- We provide transportation.

Upon discharge, if requested, we will schedule an appointment for your client to return to your care to continue the treatment plan. We believe that a full continuum of care is required to make a solid recovery. Eating disorder program available in San Clemente, CA. and Adolescent program in Rancho San Diego, CA.

S.P.Y. (see Safe Place for Youth)

STATE DEPT. OF REHABILITATION

www.dor.ca.gov

Los Angeles County West Offices:

Culver City Branch 310-559-6140 (Voice)
6125 Washington Blvd., Suite 200
Culver City CA 90232-7458

Westchester Branch 323-298-2500 (Voice)
5120 Goldleaf Circle, Suite 360 844-729-2800 (TTY)
Los Angeles CA 90056

STEP UP ON SECOND, INC.

1328 Second Street, Santa Monica 90401 310-394-6889
www.stepuponsecond.org info@stepuponsecond.org Fax 310 394-6883

Our Mission: Step Up delivers compassionate support to people experiencing serious mental illness to help them recover, stabilize and reintegrate into the community. Through dynamic partnerships, we provide positive social and learning environments, vocational training, permanent supportive housing opportunities, and recovery services to empower individual to cultivate lives of hope and dignity. We exercise innovative leadership and advocacy to increase public undemanding, support and acceptance of all people living with mental illness.

Tod Lipka, President and CEO ext 1626 tod@stepuponsecond.org
Barbara Bloom, LCSW, Chief Operations Officer ext 1624 barbara@stepuponsecond.org

Open Monday through Friday from 8:30 a.m.-5:00 p.m., Step Up on Second offers a day recovery client run center with recovery, social and educational groups; advocacy; homeless supports; job and vocational training; DMH Mental Health Services such as mental health, case management, medication support; and permanent supported housing programs to adults diagnosed with serious mental illness. Specialized Programs include – LACDMH Full Service Partnership (FSP) and Assisted Outpatient Program (AOT), Medication and Therapeutic Supports (TRP), DOR Employment Training and Job Placement Program, and City of Santa Monica Homeless Support Programs. Step Up on Second, Step Up on 5th, Step Up on Colorado and Daniel’s Village are 4 of our permanent supported housing projects located in Santa Monica. Step Up on Vine, Michael’s Village and The Tammy are located in Hollywood. Step Up has expanded its services to Orange, San Bernardino and Riverside Counties. See county directories for more information.

CLIENT RUN CENTER AND VOCATIONAL SERVICES AND FRESH START MARKET

Mini Market and Fresh Food Grill- open to the public, providing vocational training opportunities

Amy Stone, Chief Vocational Services Officer ext 1619 amy@stepuponsecond.org
Len Lovallo, Director of Vocational and Client ext 1650 len@stepuponsecond.org
Run Services
Lance Moore, MA, Member Services/Intakes ext 1653 lance@stepuponsecond.org

DMH ADULT FSP, AOT, RRR (FCCS) AND MEDICATION SUPPORT SERVICES (SA 5)

David Tavlin, VP Clinical Programs ext 1232 david.t@stepuponsecond.org
 Golena Akhteh, LMFT, Director Clinical Programs, Service Area 5 ext 1622 tmoldin@stepuponsecond.org
 Annette Hester, LVN, Director Medication Support and Nursing Services ext 1425 annette@stepuponsecond.org

PERMANENT SUPPORTIVE HOUSING and LIFE SKILLS PROGRAMS

Aaron Criswell, MA, VP of Supportive Services ext 1515 aaron@stepuponsecond.org
 Mark Melvin, ACSW, Director of Supportive Services SA 4 & 5 ext 1632 mmelvin@stepuponsecond.org

DANIEL'S PLACE - A program of Step Up on Second
1619 Santa Monica Blvd, Santa Monica, CA 90404

310 392-5855 Fax 310 453-4817
www.danielsplace.org dp@stepuponsecond.org

- drop-in and resource center for homeless and non-homeless Transition Age Youth (TAY) up to age 28 experiencing early symptoms of, or diagnosed with a mental illness. Daily support and peer mentoring; robust and engaging group activity schedule; general community assistance and case management; linkage to additional mental health services at DP. Low barrier environment; access to shower and laundry services; support groups; CES and advocacy will be provided.
- Family NAMI support by Family Peer Advocate. Community presentations, education and outreach available.
- Intakes, Recovery, Resilience and Reintegration, Peer and Clinical Services, Groups and Family Support, Drop In
- **TAY Full Service Partnership (FSP) and Recovery, Resilience and Reintegration (RRR) at Daniel's** Specialized comprehensive clinic and field based mental health and case management services for TAY **18-28 years of age**, funded by MHSA LACDMH. Community, family and institutional referrals accepted.
- **SEIPS – Supported Employment for Youth Programs**

Daniel's Place -	HOURS OF OPERATION:	
MONDAY	7:30 am to 4:00 pm	BY APPOINTMENT ONLY. (NO DROP IN SERVICES)
TUESDAY TO FRIDAY	10:00 am to 7:00pm	Hot Meal for Homeless Youth Served at 5:00 pm
SATURDAY	9:30 am to 5:30 pm	Hot Meal for Homeless Youth Served at 1:00 pm
SUNDAY	9:00 am to 1:00 pm	Hot Meal for Homeless Youth Served at 11:00 am

DANIEL'S PLACE PROGRAM STAFF EXT EMAIL
 Maria Jeffery, LCSW Program Manager x 1721 mjeffery@stepuponsecond.org

Kyle McCurdy, LCSW, Lead Service Coordinator III	x 1711	kmccurdy@stepuponsecond.org
Shelley Hoffman, Parent/Family Advocate NAMI	x 1718	shelley@stepuponsecond.org

STEP UP ON SECOND – FCCS PLUS Program (SA5)

FSP and Recovery, Resilience and Reintegration (RRR) Adult and TAY. Specialized comprehensive, clinic and field based mental health, medications support and case management services funded by MHSA LACDMH. Community, family and institutional referrals accepted
 3435 Ocean Park Blvd, Suite 207, Santa Monica, CA 90405 (310) 392-9474

Golena Akhteh, LMFT, Director of Clinical Programs Service Area 5	x 1424	Fax (310) 392-7341 golena@stepuponsecond.org
Jai Long, MFTI, Lead Service Coordinator	X1430	jai@stepuponsecond.org

STEP UP ON SECOND – HOLLYWOOD HOMELESS SERVICES PROGRAMS (SA 4)

6762 Lexington Ave, Hollywood, CA 90038 (323) 380-7590 fax (323) 380-7591

FSP and RRR/FCCS Adults and TAY and Youth Demonstration Project TAY

TAY and Adult Intensive Field Based Services – Full Service Partnerships

SEIPS – Supported Employment for Youth Programs

David Tavlin, VP Clinical Programs	X 1232	david.t@stepuponsecond.org
Emily James, LCSW Director Clinical Programs Service Area 4	x 1332	emily@stepuponsecond.org

WEHO and DMH Homeless FSP and Housing Support for SA 4 and The City of West Hollywood

Jill Drenth, LCSW Program Manager	x 1352	jill@stepuponsecond.org
Clifford Roberts, LCSW, Lead SC III	x1343	clifford@stepuponsecond.org

WEHO MIT

DHS – ICM	x1331	mmelvin@stepuponsecond.org
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Mark Melvin, ACSW Director of Supportive Services SA 4 and 5

STEP UP VETERANS HOUSING PROGRAM and SSVF for Veterans

(HUD VASH and Supportive Services for Veteran Families)

933 North La Brea Ave, Los Angeles, CA 90038

Office: Phone: 323-499-2650

Marc van Asselt, LCSW Director of Veterans Services	x2101	marc@stepuponsecond.org
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Rebecca Ricci, LMFT, Program Manager HUD VASH	x2109	rricci@stepuponsecond.org
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STUART HOUSE, SANTA MONICA-UCLA MEDICAL CENTER

1250 16th Street, Santa Monica, CA 90404

424 259-7100

Sandra Palamara, Ph.D., Clinical Director spalamara@mednet.ucla.edu

Fax: 424 259-7080

<https://www.uclahealth.org/santa-monica/rape-treatment>
<https://www.therapefoundation.org/stuart-house>

Stuart House was established in 1988 by the Rape Treatment Center at Santa Monica-UCLA Medical Center. Stuart House provides comprehensive and specialized services for sexually abused children and their caregivers in a child-friendly facility located in Santa Monica, California. Services include expert forensic interviews and evidentiary medical examinations, advocacy and individualized child and family therapy to help children and their caregivers cope with the traumatic effects of sexual abuse.

Stuart House services are provided free of cost. Stuart House does not ask for any financial or insurance information and we do not bill insurance or state victim compensation. To enhance access to Stuart House services, we can help families who cannot afford to pay for transportation on their own.

Stuart House provides on-site therapy services that are sexual abuse-focused and include crisis intervention services as well as longer-term psychotherapy for child victims and their non-offending family members or other caretakers. Stuart House therapists have had extensive training and experience in treating child victims of sexual abuse and utilizing evidence-based clinical interventions. Stuart House therapists are licensed clinical social workers, psychologists and marriage and family therapists. The therapists conduct thorough clinical and trauma-specific assessments that include standardized assessment tools. All child victims receive individual therapy as do their caregivers as a primary modality. Group and/or family treatment may be used to augment these interventions. Therapy services are available in English and Spanish.

SUICIDE PREVENTION CTR & BEREAVEMENT SERVICES (a program of Didi Hirsch)

spcdh@didihirsch.org

10277 W. Olympic Blvd., Century City, 90067 24 Hour Crisis Hotline 800 273-8255

Patricia Speelman, LMFT, Division Director 424 362-2900

Rick Mogil, Program Director, Prevention and Bereavement Services 424 362-2912

Services provided: We are a core center for the National Suicide Prevention Lifeline 1-800-273-8255, offer Training and Outreach services, Survivor after Suicide (SAS) bereavement services, Survivor of Suicide Attempts services, and Suicide Prevention Counseling Center therapy services

Attempt Survivor groups – Patricia Speelman, LMFT 424 362-2900

LOS ANGELES COUNTY DEPARTMENT OF PUBLIC HEALTH
SUBSTANCE ABUSE PREVENTION AND CONTROL

1000 S. Fremont Ave., Building A-9 East, 3rd Floor, Alhambra 91803

626 299-4135

Main Contact Numbers for the Public and Providers	
Substance Abuse Service Helpline (SASH) For Screening and Referral to Treatment	(844) 804-7500 (Toll Free)
Complaints and Grievances Submit Issues Related to the County or Network Provider	Phone: 888-742-7900 Fax: 626-458-6692 Email: SAPCMonitoring@ph.lacounty.gov
Sage: Electronic Health Records System For Provider Inquiries and Assistance	(855) 346-2392

SUNRISE COMMUNITY OUTREACH CENTER TATTOO REMOVAL

2105 Beverly Blvd., Suite 219, Los Angeles 90057

213 483 2655

www.sunriseoutreach.org

Sunrise Community Outreach Center provides low cost / no cost laser tattoo removal treatments by licensed and insured nurse practitioners and physicians. We also provide life-skills counseling and referrals. We are committed to empowering people to change their lives for the better by erasing unwanted tattoos. Free consultations.

SUSAN B. KREVOY EATING DISORDERS PROGRAM at Wright Institute Los Angeles

See listing under Wright Institute

BONNIE TAUBER, Psy.D. (Private Practice)

310 393-5222

4640 Admiralty Way, Suite 500

Marina del Rey, CA 90292

Psych4LA@aol.com

Licensed Clinical Psychologist specializing in working with teenagers and adults with a wide range of disorders, utilizing a heart-centered approach and cognitive behavioral focus.

THE PEOPLE CONCERN (OPCC and Lamp Community)

2116 Arlington Ave., Suite 100, Los Angeles 90018

323.334.9000

www.ThePeopleConcern.org

customerservice@thepeopleconcern.org

One of Los Angeles County's largest social services agencies, The People Concern was formed in 2016 in a merger of two trusted social service organizations based in Los Angeles County, OPCC and Lamp Community. Informed by more than fifty years of work in the community, The People Concern is a leading provider of, and advocate for, evidence-based solutions to the multi-faceted challenges inherent in homelessness and domestic violence.

SANTA MONICA SERVICES

Access Center 310 450-4050

503 Olympic Blvd. SM 90404

The Access Center program is outreach and street medicine teams and serves as the primary entry point for homeless and no income men, women and families. The Access Center provides mental health services, medical care, case management, benefits assistance and a broad range of engagement and basic living services (including meals, clothing, mail service, showers, laundry and lockers).

Interim Housing (Daybreak, Safe Haven, SAMOSHEL & Turning Point)

Daybreak: 1751 Cloverfield Blvd, SM 90404 310 450-0650

Safe Haven: 1751 Cloverfield Blvd, SM 90404 310 883-1222

SAMOSHEL: 505 Olympic Blvd., SM 90404 310 450-4050

Turning Point: 1447 16th St., SM 90404 310 828-6717

Safe Haven, SAMOSHEL, and Turning Point provide interim housing and supportive services for homeless men and women, and Daybreak provides services specifically for homeless, mentally ill women. Services include: outreach and engagement, interim and permanent housing services, mental healthcare, medical care, benefits assistance, substance abuse interventions and life skills programs.

Sojourn

310 264-6646 X228

1453 16th St, SM 90404

Hot Line: 310 264-6644

Sojourn serves victims of domestic violence and offers a full range of services that are confidential and free-of-charge, including:

- A 24-hour hotline with peer counseling, crisis intervention, safety planning, education on domestic violence and resource referral support and information
- Crisis & second stage shelter
- Support groups
- Legal clinic and court advocacy
- DV 101 classes
- Safe-at-Home enrollment

k9 Connection

310-264-5424

k9 is an after school program that brings together at-risk teenagers and homeless shelter dogs. The youth provide basic obedience training leading to adoption of the dogs.

TOUCHSTONES (a program of Social Model Recovery System)

PO Box 849, Orange 92856

714-639-5542

Fax. 714-639-5037

Patti Ochoa, Program Director

patio@socialmodel.com

A 12 step based, long term residential treatment program for adolescents and teens that have alcohol and other drug use problems.

Mariposa

453 S. Indiana St., Los Angeles 90063

323-266-7725

Fax. 323-266-7742

Melanie Gil, Program Director

mgil@mvrecovery.org

A 12 step based, long term residential treatment program for women and women with children, who have alcohol and other drug use problems.

TURNING POINT TRANSITIONAL HOUSING (see The People Concern)

UCLA CENTER FOR BEHAVIORAL AND ADDICTION MEDICINE (CBAM)

**To find out about treatment and clinical trials research options, call us toll free at:
866-449-UCLA (8252)**

Administrative office:

UCLA Department of Family Medicine
10880 Wilshire Blvd., Suite 1800
Los Angeles, CA 90024

310 794-0619
www.uclacbam.org
cbam@mednet.ucla.edu

The Center for Behavioral & Addiction Medicine (CBAM) is a multidisciplinary center that seeks to advance the prevention and treatment of chronic illnesses, especially in communities with health disparities. We work at the intersection of academia and community with a focus on treating addictions and preventing the spread of HIV. CBAM is defined by three signature services: Research; Treatment and Prevention; and Training. Programs of CBAM include:

Behavioral Medicine In Primary Care: This program provides evidence-based, short-term behavioral health services to existing patients of the UCLA Family Health Center. Our behavioral specialists are trained to treat a diverse range of diagnoses including, but not limited to addictions (drug and alcohol dependence and smoking cessation), mental health (depression, anxiety and panic disorders), and behavioral therapy (eating disorders).

Addiction Medicine in Primary Care: CBAM was the first in Los Angeles to initiate an office-based treatment program for substance users in a primary care setting. This program utilizes FDA-approved medication to treat dependence on opioids (including prescription painkillers and heroin), as well as nicotine or alcohol in the privacy of the doctor's office, under the supervision of UCLA physicians with expertise in treatment of addiction.

Methamphetamine Clinical Trials: Each year, 24.7 million people use amphetamine (MA) worldwide, which represents more consumers than individuals who use heroin or cocaine. Despite these numbers, there are currently no FDA-approved medications to treat MA dependence. And while behavioral counseling options can help many, too often it is not enough. UCLA CBAM is one of the leading methamphetamine research groups in the nation and is working to translate the latest scientific discoveries into new and more effective treatments for methamphetamine addiction.

UCLA VINE STREET CLINIC – A division of CBAM

910 Vine Street , Los Angeles, CA, 90038

323 461-3106

Intake line (toll-free):

866-449-8252

<http://www.uclacbam.org/about-us/ucla-vine-street-clinic>
uclavsc@mednet.ucla.edu

The UCLA Vine Street Clinic (UVSC) was established in 2005 in order to study the diffusion of HIV among methamphetamine user networks. Since that time, it has served

as a site for clinical trials, behavioral research, and direct services focusing on the treatment of addiction, HIV prevention, and the intersection of the two. It is unique in its location, bringing the best in academia from UCLA into a transitional neighborhood of predominately working poor, an area designated as a medically underserved. The facility includes exam and counseling rooms for patient care, a lab for collection and storage of biological samples, and group meeting space.

See website for details of current services available at the clinic.

UCLA Gambling Studies Program

Looking for help?

760 Westwood Plaza
3rd Floor, Suite 38-181
Los Angeles, CA 90024

Call toll-free: 1-800-426-2537 (1-800-GAMBLER)

310 825-4845

Fax 310 825-0301

www.uclagamblingprogram.org

UGSP@mednet.ucla.edu

Co-Directors: Timothy Fong, M.D. 310 825-1479

Richard J. Rosenthal, M.D. 310 278-3746

The UCLA Gambling Studies Program (UGSP) is a non-profit organization within the Department of Psychiatry and Biobehavioral Sciences at the University of California, Los Angeles. The UGSP is devoted to understanding pathological gambling, its causes, natural history, cultural factors, and the obstacles to successful treatment. The mission of the program is to translate research findings into cost-effective, evidence-based methods of prevention, education, and treatment. UGSP has a number of outpatient treatment options available for problem gamblers and their families. Our team of experts understand and treat problematic gambling behaviors through individual psychotherapy and consultation.

UCLA AFTERCARE RESEARCH PROGRAM (Outpatient Schizophrenia Treatment)

300 UCLA Medical Plaza, Room 2240

310 206-3142

Los Angeles, CA 90095

www.semel.ucla.edu/aftercare

To make a referral or schedule an intake appointment, please call 310 206-3142, or e-mail one of the intake interviewers below:

Luana Turner, Psy.D. LTurner@mednet.ucla.edu

Joseph Ventura, Ph.D. JVentura@mednet.ucla.edu

The Aftercare Research Program is an outpatient research clinic that provides assessment and treatment and conducts research with people who have recently experienced psychotic symptoms. The Program is designed to aid in the adjustment to life in the community. Our Program psychiatrists provide medication management, and our case managers provide education, psychotherapy, and cognitive training. Our staff also helps our participants in accomplishing goals such as returning to school and/or work.

Our team is comprised of a diverse group of professionals who have had extensive training in helping young adults who have recently become ill with a psychotic disorder. Individuals between the ages of 18 and 45 who had a recent first episode that included hallucinations, delusions, or formal thought disorder are potentially eligible for the research studies. There are

other entry criteria for this research clinic. Please contact us for further details and to schedule an intake interview.

For current patients, transportation to UCLA is available from many areas of Los Angeles County if you are not able to reach UCLA by bus or car.

UCLA- Center for the Assessment and Prevention of Prodromal States (CAPPS)

Departments of Psychology and Psychiatry & Biobehavioral Sciences

Semel Institute for Neuroscience and Human Behavior

760 Westwood Plaza, 2nd Floor

310 206-3466

Los Angeles, CA 90095

Fax 310 794-9517

www.semel.ucla.edu/capps

capps@mednet.ucla.edu

Carrie Bearden, Ph.D., Center Director, cbearden@mednet.ucla

Jamie Zinberg, M.A., Administrative and Treatment Director, jzinberg@mednet.ucla.edu

CAPPS specializes in identifying and treating adolescents and young adults (between the ages of 12 and 30) at high risk for developing psychotic disorders, in the “prodromal” phase of schizophrenia. CAPPS aims to protect vulnerable youth in hopes that the full-blown illness does not develop. The majority of assessment and treatment services offered at CAPPS are free of charge. Efforts to reduce the rates of psychosis in youth are as critical as ever. Psychotic disorders continue to rank among the top ten causes of disability worldwide, causing tremendous suffering for both affected youth and their families. The research in this field is growing quickly thanks to our prodromal consortium across the United States and Canada. The more our community stays informed and recognizes early signs in youth, the greater an impact we can have in decreasing suffering and disability.

UCLA CENTER FOR AUTISM RESEARCH & TREATMENT (CART)

Semel Institute for Neuroscience & Human Behavior

310 825-9041

760 Westwood Plaza, Semel 68.235

Fax 310 825-5197

Los Angeles, CA 90095

www.semel.ucla.edu/autism

info@autism.ucla.edu

Director: Daniel Geschwind, M.D., Ph.D.

The mission of the UCLA Center for Autism Research and Treatment is to elucidate the causes of autism spectrum disorders (ASD) and to develop best practices for diagnosis and more effective treatments. We achieve these goals by fostering a strong collaborative environment for basic and clinical research, and supportive environment for trainees from all disciplines.

UCLA NEUROPSYCHIATRIC HOSPITAL ACCESS CENTER

Referrals to all programs.

For information on outpatient services, please call the ACCESS Center toll-free at

800 825-9989, Monday to Friday, 8 a.m. to 5 p.m.

UCLA RESNICK NEUROPSYCHIATRIC HOSPITAL

Department of Psychiatry and Biobehavioral Sciences

150 UCLA Medical Plaza
Los Angeles, CA 90095

310 825-9111

For information on outpatient services, please call the ACCESS Center toll-free at
800 825-9989, Monday to Friday, 8 a.m. to 5 p.m.

Under the auspices of UCLA's Department of Psychiatry and Biobehavioral Sciences, and in close collaboration with the Neuropsychiatric Research Institute, members of the Neuropsychiatric & Behavioral Health Services (NPBHS) practice group provide patient care through various outpatient, inpatient, and partial hospitalization programs for children, adolescents, adults, and the elderly. Highly trained clinicians evaluate each patient, and develop and implement an individually designed treatment plan using all available forms of appropriate medical and psychosocial treatments.

UCLA SEMEL INSTITUTE FOR NEUROSCIENCE AND HUMAN BEHAVIOR
SPANISH SPEAKING PSYCHOSOCIAL CLINIC

300 UCLA Medical Plaza, #2232, Los Angeles CA 90024
6501

310 825-

Director: Cynthia A Telles, Ph.D.

Physicians and Key Staff: Joaquin Fuster, Maria E Mayoral, Angela Farell

www.semel.ucla.edu/psychiatry/service/spanish-speaking-psychosocial-clinic

For all booking and referral information, please contact:

Lina Alvarez, Administrative Assistant

310 825-6501.

The Spanish Speaking Psychosocial Clinic (SSPC) provides training in the provision of socio-culturally competent, comprehensive mental health services to the rapidly growing and underserved Latino community. Patients span the full range of psychiatric diagnostic categories and are provided treatment in a variety of modalities, including individual, conjoint and family psychotherapy, as well as pharmacotherapy.

Though the SSPC patient population comprises all levels of acculturation, most are primarily Spanish speaking or bilingual. Referrals come from within the UCLA Medical Center, as well as from clinics and community based agencies in the greater Los Angeles region.

The outpatient clinic is staffed by culturally competent, bilingual mental health professionals within the disciplines of psychiatry, psychology and social work who have extensive knowledge of Latino cultural issues related to immigration, acculturation, ethnicity, class, socioeconomic status, language, cultural practices, traditions and beliefs that impact the psychological functioning of Latino individuals and families.

UCLA-SEMEL INSTITUTE FOR NEUROSCIENCE AND HUMAN BEHAVIOR
MOOD DISORDERS CLINIC

300 UCLA Medical Plaza, Los Angeles 90024-6968

800 825-9989

310 825-9989

Director: Michael Gitlin, M.D.

The Mood Disorders Clinic is committed to providing care, education and clinical research for

patients suffering from depression and bipolar disorder.

Since its inception in 1978, the clinic has gradually expanded in order to accommodate its increasing number of patients and trainees. Currently, the clinic treats 325 ongoing patients and sees approximately 35 new patients each month. Clinic patients are seen by a resident physician as well as an attending (faculty) physician. By conducting the program in this manner, residents receive extensive, practical experience while patients are provided with the highest level of medical care

UCLA-SEMEL INSTITUTE FOR NEUROSCIENCE AND HUMAN BEHAVIOR
WOMEN'S LIFE CENTER at the David Geffen School Of Medicine

Co-Directors: Vivien Burt, M.D., Ph.D., Erin Murphy Barzilay, M.D. 310 825-9989

www.semel.ucla.edu/mood/service/general/womens-life-center

The Women's Life Center at The David Geffen School of Medicine at UCLA is an outpatient program devoted to assessing and treating women with psychiatric conditions associated with hormonal challenges and reproductive life events.

The Women's Life Center at the UCLA Semel Institute and Resnick Neuropsychiatric Hospital offers a supportive and effective approach to mental health treatment during the special phases of a woman's life:

- Pre-pregnancy consultations for women with psychiatric conditions requiring psychiatric treatment, including psychiatric medications
- Psychiatric conditions associated with pregnancy and postpartum (including breast-feeding)
- Miscarriage and pregnancy loss
- Infertility
- Assisted reproductive technology
- Premenstrual dysphoric disorder (PMDD) and premenstrual syndrome (PMS)
- Perimenopausal mood and anxiety disorders

Treatments offered include consultation, short-term psychotherapy, medication management. All consultations, evaluations and treatments at the Center are performed by a faculty of professionals with expertise in women's mental health.

UCLA STAFF & FACULTY COUNSELING CENTER

10920 Wilshire Blvd, Ste 380, Los Angeles 90024

310 794-0245

Fax 310 794-0251

Co-Directors:

Jorge Cherbosque jorge@chr.ucla.edu

310 794-0248

Nan Levine-Mann, nanette@chr.ucla.edu

310 794-0249

UCLA-TIES FOR FAMILIES

1000 Veteran Ave., Los Angeles, CA 90095

Mainline: 310-825-6110

Fax: 310-794-4996

Executive Director: Audra Langley, Ph.D.

Clinical Director: Eugenia Tsao, Ph.D.

UCLA Treatment Intervention Education and Services (TIES) for Families is an interdisciplinary program dedicated to optimizing the growth and development of foster/adoptive children, from birth to age 25, and their families. Children in foster care and adoption always our sole focus and only source of referrals. One stop shop to rally around children and families. Medi-Cal accepted. Mental Health services include medication support, psychological testing, therapeutic behavioral services (TBS) and infant mental health. Services available in English and Spanish.

UNITED AMERICAN INDIAN INVOLVEMENT, INC.

1125 West 6th Street, Suite 103, Los Angeles 90017

213 202-3970

www.uaii.org

Fax 213 202-3977

UAII’s mission is to enhance the health and well being of the American Indian/Alaska Native community in Los Angeles County. UAII provides a wide range of services including outreach, case management, linkage and referral, health education and promotion, risk assessment, disease and injury prevention, STD/TB/Hepatitis screening, access to medical and dental services, vocational counseling, youth services (mentorship, education, tutoring, recreation and cultural activities), substance abuse counseling and treatment, and mental health services.

UPWARD BOUND HOUSE

Administrative Offices

1104 Washington Ave, Santa Monica 90403

Admin

310 458-7779

Christine Mirasy-Glasco, Executive Director ext. 202

Fax

310 458-7289

info@upwardboundhouse.org

www.upwardboundhouse.org

Applicants to Upward Bound House Family Place Transitional housing with supportive services for homeless families with minor children are accepted only from case workers in other agencies.

FAMILY PLACE TRANSITIONAL SHELTER (SPA 5)

1020 12th St, Santa Monica 90403

310 458-8812

Executive Director: Christine Mirasy-Glasco

310 458-7770 ext. 202

Program Director: Tara Brown

310 420-5820

Program Manager: Chris Oliver

310 461-5148

For families in need of shelter and support, Family Place Transitional Shelter provides **medium-term** (180 days, with possible extensions up to one year) bridge housing on the Westside. Case managers, housing locators and employment specialists work with each family to assess their unique needs and create a customized plan for achieving long-term stability and independence. Once in permanent housing, families build on their success with aftercare support from our programs staff and expansive network of community partners.

UPWARD BOUND HOUSE LA COUNTY EMERGENCY SHELTER

12841 W. Washington Blvd., Culver City 90066

Executive Director: Christine Mirasy-Glasco 310 458-7770 ext. 202

Program Director: Tara Brown 310 420-5820

Program Manager: Chris Oliver 310 461-5148

Upward Bound House LA County Emergency shelter provides families in crisis with short-term (90 days, with possible extensions up to 180 days) emergency shelter on the Westside and in South Los Angeles. Throughout their time in shelter, families are provided with daily grab-and-go breakfasts and hot evening meals, as well as clothing and household items as needed. While in a safe and comfortable living space with their children, parents work with our case managers, housing locators and employment specialists to achieve stability and independence for their families. We help move families into permanent housing and connect them with our vast network of community partners while also continuing to support their growth with aftercare services that we provide.

UPWARD BOUND HOUSE FSC CRISIS HOUSING (SPA 5)

12841 W. Washington Blvd., Culver City 90066

Executive Director: Christine Mirasy-Glasco 310 458-7770 ext. 202

Program Director: Tara Brown 310 420-5820

Program Manager: Chris Oliver 310 461-5148

Upward Bound House FSC Crisis Housing shelter provides families in crisis with **short-term** (90 days, with possible extensions up to 180 days) emergency shelter on the Westside . This program is directly connected with St. Joseph Center, the Family Solutions Center in Service Panning Area 5. Throughout their time in shelter, families are provided with daily grab-and-go breakfasts and hot evening meals, as well as clothing and household items as needed. While in a safe and comfortable living space with their children, parents work with our case managers, housing locators and employment specialists to achieve stability and independence for their families. We help move families into permanent housing and connect them with our vast network of community partners while also continuing to support their growth with aftercare services that we provide.

SENIOR VILLA 1011 11th St, SM 90403 310 458-7779
Tracy Woodburry, Program Director ext: 212 Fax 310 458-7289

Senior Villa, Upward Bound’s 70 units of housing for seniors, is affordable housing with links to social services for low-income senior citizens. Senior Villa is currently not accepting applications to its waiting list.

VALOR - Veterans and Loved Ones Recovery (a program of Los Angeles County Department of Mental Health)

Bob Hope Patriotic Hall

1816 S. Figueroa St., 6th Floor, Los Angeles 90015
Officer-of-the-Day (OOTD) Referral Line: 213 763-0300

213 763-0300
Referral Fax: 213 746-7620

Any veteran in LA County can walk into our downtown clinic for mental health treatment (individual and group therapy & psychiatric medications), linkage to housing, linkage to physical health, linkage to income, linkage to VA upgrade, and other veteran-related services.

Our DMH VALOR clinic mental health services are targeted to veterans who do **NOT** meet VA healthcare eligibility.

VENICE BOYS & GIRLS CLUB (See IBEN FAMILY SUPPORT CENTER)

VENICE COMMUNITY HOUSING CORP (VCHC)

720 Rose Ave, Venice 90291

310 399-4100

Fax 310-399-1130

Becky Dennison, Executive Director bdennison@vchcorp.org ext. 101

Bridgett Bell, Director of Policy and Programs bridgett@vchcorp.org ext. 200

VCHC is a nonprofit community development corporation that has developed, owns and manages 216 units of affordable housing, including an 8-unit bridge housing shelter for homeless single parents and their children and 77 units of permanent housing for formerly homeless individuals. VCHC also provides social service programs to its tenants and other low-income members of Venice and surrounding neighborhoods, including: YouthBuild, a construction job training program for at-risk youth between the ages of 18 and 24; Study Lounge, an after school program for elementary school youth; and Venice Free Storage, a voluntary personal property storage program for homeless Venice residents. Services are available in English and Spanish.

The mission of VCHC is to reduce homelessness, maximize affordable housing, empower low income constituents, provide social services, and advocate for public policy that protects and strengthens the economic, racial and cultural diversity of Venice and other neighborhoods on the Westside of Los Angeles.

VENICE FAMILY CLINIC

604 Rose Ave., Venice 90291

Medical Appointments: 310 392-8636

Elizabeth Forer, MSW, MPH, CEO

310 664-7901

Mimi Lind, LCSW, Behavioral Health Services Director

310-664-7524

mlind@mednet.ucla.edu

A nonprofit, free and low-cost community clinic providing primary care, behavioral health (including substance use treatment) and dental care to low-income people in L.A. County. Bilingual staff therapists and psychiatrists provide mental health and addiction services to Clinic patients only. All appointments are scheduled through the medical appointment line; patients will be assessed during medical visits and referred to a therapist as needed. Only homeless patients may walk-in without an appointment to be assessed, and only at the Rose Ave. location (best to be there by 7:30 a.m.).

Locations:

- VENICE FAMILY CLINIC
604 Rose Avenue, Venice, 90291..... 310-392-8636

- SIMMS/MANN HEALTH & WELLNESS CENTER
2509 Pico Blvd., Santa Monica 90405..... 310 392-8636

- ROBERT LEVINE HEALTH CENTER (Women and Teens)
905 Venice Blvd., Venice 90291..... 310 392-8636

- IRMA COLEN FAMILY HEALTH CENTER
Braddock Sq. Shopping Center, 4700 Inglewood Blvd., Culver City..... 310 392-8636

- LOU COLEN CHILDREN’S HEALTH and WELLNESS CENTER
Braddock Sq. Shopping Ctr, 4700 Inglewood #102 Culver City..... 310-392-8636

- SANDY SEGAL YOUTH HEALTH CENTER (Students)
Culver City High and Middle School
4401 Elenda St., Culver City, CA 90230..... 310-392-8636

Services also provided at: The People Concern’s Annenberg Access Center, Street/beach outreach, Santa Monica High School (students) and Safe Place for Youth (SPY),

DEPT OF VETERANS AFFAIRS - HEALTH CARE CENTER WLA (VA-WLA)

- 11301 Wilshire Blvd, Los Angeles 90073 310 478-3711
- Dr. Robert Rubin, Chief of Psychiatry Bu 500 310 268-3319
Robert.Rubin@va.gov Fax 310 268-4377
- Dr. Andrew Shaner, Deputy Chief of Psychiatry Bu 500 310 268-4497
Andrew.Shaner@va.gov Fax 310 268-4775
- William L. Daniels, LCSW, Director, Community Care 310 478-3711 ext 43623
William.Daniels@va.gov Fax 310 268-4946
- Michelle Wildy, LCSW-C, Asst. Chief of Community Care 310 478-3700 ext 48343
michelle.wildy@va.gov
- Joseph Ciccone, MSW, Director, Compensated Work Therapy Prog. Mgr. ext 49468
Joseph.ciccone@va.gov
- Martha Waite, MSW, LCSW, Assistant Chief Social Worker 818 895-9596
- Jill Meyer, Social Work Supervisor Bu 500, Rm 2654 ext 48049
- Tazmin, Bolanos, Community Residential Care Coord Bu500, Rm 6645 ext 41445
Tazmin.Bolanos@va.gov
- Mental Health Screening and Treatment Center 310 268-4690
- Outpatient mental health and homeless services to veterans.

VA-WEST LA HEALTH CARE CENTER - COMPREHENSIVE HOMELESS CTR

11301 Wilshire Blvd, Build 206, Room 13, Los Angeles, CA 90073

Christine Taber, LCSW Christine.Taber@va.gov x49850 310 478-3711
x 310 268-4699

Outreach and screening to severely mentally ill, homeless veterans who are eligible for healthcare at the VA. Focusing on providing medical, mental health, substance abuse treatment and supported housing to rehabilitate veterans who are motivated to break the cycle of homelessness.

VET CENTER - WEST LOS ANGELES (Veterans Outreach Program)

5730 Uplander Way, Ste 100, Culver City 90230 310 641-0326

Adriene Faust, Team Leader adriene.faust@va.gov Fax 310 641-2653

Sharon Anderson-Fields, Office Manager Sharon.Fields@va.gov

The Vet Center provides readjustment counseling focusing on the treatment of Post Traumatic Stress Disorder as it relates to war experiences and or service in the military. Treatment goal is to assist veterans in making a satisfactory transition back to civilian life. There is counseling for sexual trauma & harassment that occurred in the service also. Individual, group, couples and family counseling is available to include employment assistance by the Employment Development Dept (EDD) representative. Referrals are available for drug and alcohol treatment, housing, medical service and VA benefits. Services are free to all eligible veterans.

VETERANS REPRESENTATIVE PAYEE PROGRAM (Program of Saint Joseph Center)

11301 Wilshire Blvd, Building 257, WLA VA Medical Center 90073

Billy Eaton, Program Manager beaton@stjosephctr.org fax 310 268-4115
310 478-3711 x48362
fax 310 268-4115

VRPP provides representative payee services to disabled Veterans who are homeless or at risk of becoming homeless

VET TO VET

11301 Wilshire Blvd. #118 Bldg. 258. Los Angeles, CA 90073.

Roy Brown, Director 310 478-3711 ext 49697

Vet to Vet is a self-help program of veterans helping veterans overcome both mental illness and substance abuse

VIA AVANTA, Pacoima (a program of Didi Hirsch) 818 897-2609

Services Provided: A 40-bed residential facility providing a 12-month treatment program for drug-addicted women, women with children, and pregnant substance abusers, including substance abuse treatment, family treatment, preschool and job training.

VICTIM ASSISTANCE PROGRAM

Central Office: 221 N. Figueroa St., Suite 100, Los Angeles 90012 www.helpcrimevictims.org
213 978-4537

Westside Office at Pacific Area LAPD, 12312 Culver Blvd. Los Angeles 90066

Christian Lawrence – Christian.Lawrence@lacity.org

310-482-6383

They offer

- Crisis Intervention
- Information & Referrals to public/private service agencies
- Criminal Case Status/Disposition
- Provide Orientation to the Criminal Justice System
- Court Escort/Support
- Liaison with law enforcement agencies/ prosecutors
- Employer Intervention
- Restitution Assistance
- Family Notification
- Support Services for Elderly, Disabled, and Child Victims
- Assistance in filing for the State of California Victim Compensation Program.

VILLA STANLEY

335 No Stanley Ave, Los Angeles 90036

323 937-4856

Fax 323 937-5035

Dr. Jay Plotzker, Owner/Administrator jayplotzker@yahoo.com
80 bed adult residential care facility.

VILLA STANLEY EAST

7253 Melrose Ave, Los Angeles 90046

323 934-2498

Dr. Jay Plotzker, Administrator jayplotzker@yahoo.com Fax 323 934-5288
62 bed adult residential care facility.

VISTA DEL MAR CHILD AND FAMILY SERVICES OUTPATIENT CLINIC

3200 Motor Avenue, Los Angeles, CA 90034 www.vistadelmar.org

310 836-1223

Fax 310 839-4148

Lena Wilson, J.D., Chief Executive Officer	x201
Traci Levi, LCSW, Vice President of Outpatient Services	x419
Sherry Nourian, Psy.D., Program Director of Outpatient Services	x362
Sabrina Diaz, LMFT, Intake Supervisor	x407
Ashley Mendoza, AMFT, Outpatient Intake Coordinator	x522

The Outpatient Clinic at Vista Del Mar provides comprehensive psychotherapy services to children and adolescents from birth to young adulthood who may be struggling with social, emotional, behavioral, learning challenges and/or developmental disabilities. The clinic accepts Medi-Cal and offers a sliding scale for private-pay. Programs include:

- Outpatient therapy including Evidence Based Programs
- Field-based and School-based mental health services
- Specialty in 0-5 services for children exposed to trauma using Child-Parent Psychotherapy
- Therapeutic Behavioral Services

- Psychological assessments

Other services at Vista Del Mar include Wraparound, residential treatment for children ages 8-18, adoptions, Home-SAFE, and a non-public school serving LD, SED, and children with autism. There is also advanced training for mental health professionals.

VOLUNTEER-TO-JOB PROGRAM--- SEE SHARE!

WE EXIST (Program of Tarzana Treatment Centers)

500 W. Willow St., Suite 125, Long Beach 90806 562 428-4111 x7142

<https://www.facebook.com/WeExist.TTC/>

Instagram: @WeExist.TTC

Claire Kobren, MSW, Program Coordinator (SA 5 & 8) ckobren@tarzanatc.org x7142

Stuart Slechta, Program Coordinator (SA 1 & 2) sslechta@tarzanatc.org x2112

Maggie Fayez, Health Educator/Outreach Worker mfayez@tarzanatc.org x7189

Gabrielle Villa, Health Educator/Outreach Worker gvilla@tarzanatc.org x7192

We Exist is a Los Angeles County DMH funded program dedicated to expanding access and improving services for Lesbian, Gay, Bisexual, Transgender, Questioning, Intersex, and Two Spirit (LGBTQI2-S) transition age youth and their families/caregivers. We Exist provides free of charge community presentations and staff trainings to increase awareness around working with the LGBTQI2-S TAY population. We Exist covers service areas 1, 2, 5, and 8.

OUTREACH AND REFERRALS

562 428-4111

Outreach

x7189 or x7192

The We Exist team provides street and community level outreach to connect directly with LGBTQI2-S youth and the service providers and community members who support them.

Referrals and Linkages

Based on outreach and community networking, We Exist connects LGBTQI2-S youth and their families to appropriate and LGBT affirming services. Referrals are available in any capacity that is relevant to LGBTQI2-S populations.

PEER AND FAMILY/CAREGIVER SUPPORT GROUPS

562 428-4111

TAY Peer Support Group

x7189

A weekly peer-run support group for youth ages 16-25 discussing LGBTQI2-S identity formation, coming out, healthy relationships, safer sex, stigma and discrimination, mental and physical health, and more.

Family/ Caregiver Support Group

A weekly group for family members and caregivers to assist them in supporting LGBTQI2-S loved ones. This group discusses LGBTQI-S identity and terminology, coming out, stigma and discrimination, bullying and harassment, suicide prevention, mental and physical health, and more.

COMMUNITY TRAININGS AND PRESENTATIONS
LGBTQI2-S Toolkit Training

562 428-4111
x7142

We Exist's toolkit training gives service providers and community organizations an overview of critical issues facing LGBTQI2-S youth across Los Angeles County and provides strategies for creating more inclusive and affirming services for LGBTQI2-S clients. This training covers: safe and welcoming environments, clinical considerations and interventions, and outreach and engagement support and strategies.

Community Presentations

x7142

We Exist provides presentations to community groups to increase awareness of issues relevant to today's LGBTQI2-S youth. Topics include: LGBTQI2-S terminology, coming out, stigma and discrimination, bullying, suicide prevention, STI and HIV prevention, intimate partner violence, substance use disorders, and many more.

WELL BABY CENTER

12316 Venice Blvd., Mar Vista, Ca 90066

310-402-2229

www.wellbabycenter.org services@wellbabycenter.org

Deborah Groening-Rother, Psy.D. , Founder/CEO deborah@wellbabycenter.org Ext. 105

Timothy Sweeney, Executive Director timothy@wellbabycenter.org Ext. 108

Well Baby Center is a non-profit parenting and counseling center that focuses on families with young children. Our goal is to help parents and children foster security within their primary relationships, allowing children to become more resilient and flexible in the face of life's joys as well as life's inevitable and unpredictable challenges. We offer low cost, high quality, sliding scale counseling services for individuals, groups, couples, children and families, and provide a variety of family enrichment groups including: Mindful Parenting Groups (ages 0-3), Mothers Support Group, Loving Discipline One-Day Workshops and court approved 10-week series, Swell Baby Music (infant & toddler) and Becoming Social Group. We also offer perinatal maternal services such as counseling and developmental assessments and free Thursday Fundays.

WEST AREA OPPORTUNITY CENTER (WAOC)

11750 W Pico Blvd, Los Angeles 90064

WAOC1970@GMAIL.COM

310 477-8272

David Abelar, Executive Director ext 102

Fax 310 473-9591

DUI & Drug Diversion & Testing and anger management. Outpatient substance abuse counseling and parenting program offering Positive Alternatives.

WEST LOS ANGELES COUNCIL FOR THE DISABLED AND SENIORS

406 Broadway, #123, Santa Monica CA 90401-2314

Richard Hilton, AA, BA, STC, Mental Health

310 319-9417

Fax 310-395-7680

Founded in 1993, the volunteer Council provides individualized assistance, especially to neuro-psychiatrically challenged. Peer-driven advocacy, community and agency consultation. Assists with Social Security medical reviews, provides information on transportation, utility reduced-rates and service/therapy animals. Experience in HUD discrimination process, successful HUD

litigant. Advises, makes educational presentations on affordable housing, tenant/landlord rights. One member of Staff serves on City of Santa Monica Disabilities Commission; Santa Monica Housing Commission; Relocation Appeals Board, Redevelopment Agency. Stigma, agency literature available. All services are free.

WEST LOS ANGELES FAMILY SOURCE CENTER

5075 South Slauson Avenue Los Angeles 90230

Direct Phone line for Services 310 391-3457

www.ccathome.org Fax 310 391-3850

Jessica Meza, Client Services Director jessica@ccathome.org 310 246-1918

Collaborating Partner Agencies:

Boys and Girls Club of Venice 310 390-4477

Latino Resource Organization 310 578-6069

Legal aid Foundation of Los Angeles 800 399-4529

St. Joseph Center 310 396-6468

Westside Center for Independent Living 310 390-3611

The West LA FamilySource Center is one of 21 centers funded by the City of Los Angeles. All services are free. Eligible clients must be low/moderate income residents of the City of Los Angeles. Services include: multi-benefit screening for enrollment in public benefit programs, legal services and referrals, food assistance, pre-employment and employment support, computer classes, financial literacy classes, case management, parenting classes, and information and referral. For youth, we also provide access to tutoring/mentoring services, college prep assistance, youth life skills classes, and recreational/cultural activities.

WESTSIDE CENTER FOR INDEPENDENT LIVING, INC (WCIL) see DISABILITY COMMUNITY RESOURCE CENTER (DCRC)

WESTSIDE CHILDREN’S CENTER see ALLIES FOR EVERY CHILD

WESTSIDE COALITION (formerly Westside Shelter & Hunger Coalition and Westside Health Coalition) Mailing Address: PO Box 7411, Santa Monica, CA 90406

www.westsideshelter.org 310 314-0071

Darci Niva, Executive Director

darci@westsideshelter.org

The Westside Coalition, addressing Housing, Hunger and Health is an alliance of over 47 organizations, public agencies and faith communities addressing issues of Housing Hunger and Health through service coordination, public education and advocacy.

Westside Coalition is a non-profit volunteer organization that operates under the fiscal management of Community Partners. Founded in 1982 to serve the Westside of Los Angeles County, the Coalition is the oldest coalition in the county working on behalf of the homeless.

Throughout its history, the coalition has proven to be an effective tool in providing high-quality programs and services for those in need in our community.

Although individual agencies have the ability to provide separate services for people in need, the efforts of the Westside Coalition help coordinate services on the Westside in order to provide a true continuum of service care for the community. Members work together to provide services that include initial intake and service referrals; showers, food and clothing; on-going case management; emergency, transitional and permanent housing; medical care; mental health treatment; HIV medical and social services; job training and placement; and substance abuse treatment. Member agencies have been instrumental in Santa Monica's chronic homeless project, as well as continuing to advocate for low income and homeless people at the local, state and national levels.

WESTSIDE FAIR HOUSING COUNCIL (Fair Housing Council of LA County)

See Housing Rights Center (new name) 213 387-8400
520 So Virgil Ave, Ste 400, Los Angeles 90045 Fax 213 381-8555

WESTSIDE FAMILY HEALTH CENTER(WFHC)

1711 Ocean Park Blvd, Santa Monica 90405 www.wfhcenter.org Admin 310 450-4773
Fax 310 450-0873 Clinic 310 450-2191

Debra A Farmer, President/CEO dfarmer@wfhcenter.org ext 222
Rebecca Rodriguez, M.D, Medical Director rodriguez@wfhcenter.org ext. 256
Marie McKinney, Chief Operating Officer mmckinney@wfhcenter.org ext 223
Sandra Mendez, Director of Projects, smendez@wfhcenter.org ext 242
Julie Kirk, Director of Community Outreach & Education, jkirk@wfhcenter.org ext 230

WFHC provides high-quality, low cost health care to women, men, children and teens in a supportive educational environment. Our programs include reproductive health care, family practice, adolescent health services, pediatrics, prenatal care, including child birth classes, domestic violence intervention programs and HIV counseling and testing. Presentations to groups.

WESTSIDE FOOD BANK

1710 22nd St, Santa Monica 90404 310 828-6016
Fax 310 828-2646

Bruce Rankin, Executive Director bruce@wsfb.org ext 13
www.wsfb.org

Direct services to agencies only. Founded in 1981 by the Westside Ecumenical Council and the Interfaith Hunger Coalition, the Food Bank distributes over 4 million pounds of food a year through the Westside's extensive network of social service agencies.

WESTSIDE INFANT FAMILY NETWORK (WIN)

3701 Stocker St, #204, LA, CA 90008 (main office) www.winla.org
Anna Henderson, Executive Director annah@winla.org 424 258-0970
Dr. Wendy Sun, Clinical Director wendys@winla.org 424 261-0270

Services:

- Child-Parent Psychotherapy/Early childhood mental health therapy (in-home)
- Individual Adult Therapy for parents (in-home)
- Care Management (in-home, cross agency)
- Mental health consultation (preschool, EHS programs)

WIN provides in-home early childhood mental health (IMH/dyadic) therapy for children and parents, as well as in-home individual therapy for parents, in conjunction with comprehensive, networked basic healthcare, early care/early intervention, social services provided by our agency partners. WIN services are free to low-income families with children prenatal to 47 months who are dealing with depression, trauma and other challenges to mental health. WIN also provides training and consultation to providers and programs serving young children throughout Los Angeles.

WESTSIDE REGIONAL CENTER FOR THE DEVELOPMENTAL DISABILITIES (WRC)

5901 Green Valley Circle, Ste. 320, Culver City 90230-6949 310-258-4000
Carmine Manicone, Executive Director Fax 310-649-2033
Jolene Sagan, LCSW, Behavior & Mental Health Specialist 310-258-4268

To provide a central point in the community where developmentally disabled persons and their families may receive information regarding available programs, services and assistance in obtaining them.

WESTSIDE SHELTER & HUNGER COALITION (see Westside Coalition)

WESTSIDE UCC CRISIS TRANSITION TEAM (a program of Exodus Recovery)
(Care Coordination Program)

Hours: Monday through Friday 8:00 a.m. to 4:00 p.m. After hours through appointment.
The Crisis Transition Team is located within the UCC and consists of a Crisis Transition Coordinator who works to link persons with mental health issues and complex needs to the indicated level of services needed to achieve recovery. This team provides intensive case management for up to 60 days following discharge from the UCCs to ensure stabilization.

WILSHIRE TREATMENT CENTER

11901 Santa Monica Blvd, Suite 204, Los Angeles 90025 310 268-2446
clinic@wilshiretreatmentcenter.com www.wilshiretreatmentcenter.com Fax: 310 268-2410
Executive Director: Kat Karimi kat@wilshiretreatmentcenter.com 310 268-2446

Services: outpatient medication-assisted treatment (MAT) including methadone and suboxone, drug and alcohol counseling, multilingual (Farsi)

WISE & HEALTHY AGING

1527 4th St, 2nd Floor, Santa Monica, 90401-2354 310 394-9871
www.wiseandhealthyaging.org Fax 310 576-2499

Grace Cheng Braun, MSPH, President and CEO
gchengbraun@wiseandhealthyaging.org

ext. 440

WISE & Healthy Aging is a private, non-profit organization that provides a wide variety of social services for older adults, age 50 and older, and their families. The organization is the result of a merger in 2007 of WISE Senior Services and Center for Healthy Aging. Services include advocacy through the Long-Term Care Ombudsman Program, Elder Abuse Prevention, In-Home Services, including comprehensive mental health services. Peer Counseling and community resource referrals and caregiver support services are also available.

WISE Adult Day Service Center

1527 4th Street, 2nd Floor, Santa Monica, CA 90401

Phyllis Amaral, Director of Adult Day Services

PAmaral@wiseandhealthyaging.org

310 394-9871

ext. 482

Fax 424 214-6140

The WISE Adult Day Service Center (ADSC) is open Monday-Friday, 8AM – 6PM, to allow caregivers the opportunity to work, perform other tasks, or take a much needed break knowing that their loved one is enjoying the day in a safe, comfortable, and stimulating environment. The ADSC specializes in caring for older adults who are physically frail (those using canes, walkers, or are dependent on others for assistance) and those with moderate to advanced dementia and Alzheimer's diagnoses, including older adults who are dealing with Parkinson's or experiencing the residual effects from a stroke. The trained staff provide daily socializing, purposeful recreation with therapeutic activities, personal care, exercise classes, health discussions, and nutritious lunches and snacks. Companion sitting services are also available. Caregiver support groups are offered as well as a resource/ lending library of books, videos, and information.

WOMEN'S CLINIC COUNSELING CENTER

11500 W. Olympic Blvd, Suite 422, Los Angeles 90064

www.womens-clinic.org

Lenna Lebovich, LMFT, LPCC Exec Director ext 103

310 479-7100

Fax: 310 479-7144

Women's Clinic Counseling Center is a sliding scale, non profit providing on-going counseling and psychotherapy for individuals, couples, and groups. Treatment for issues include depression, anxiety, relationship issues, life transitions, trauma, abuse recovery, addiction & recovery, eating disorders, grief and loss. Therapists are master's level Trainees and Associates who are supervised by licensed psychotherapists. Our sliding scale fees are according to income. By appointment only.

WORD UP KIDS - Therapeutic Creative Writing for Kids & Teens

169 N. Clark Drive Suite D, Beverly Hills, CA 90211

www.wordupkids.com

craig@wordupkids.com

310 456 4770

Word Up Kids is a therapeutic creative writing program for children and teens. Our classes and workshops reinforce communication & self-esteem skills through the habit of drawing and

writing about personal experience, observations, feelings, and thoughts. Children use our system to become better writers. In the process, they find their voice, develop communication skills, build confidence, release trauma, increase self-esteem, and see a wider view of themselves and their future. We are available to offer our services at your location.

WRIGHT INSTITUTE LOS ANGELES (WILA)

11845 W. Olympic Blvd., Suite 505W, Los Angeles 90064 info@wila.org 424-371-5191
Michele Gomes, Psy.D., Executive Director www.wila.org Fax 424-371-5190
Claudia Feldman, Ph.D., Clinical Director

Wright Institute Los Angeles (WILA) is a non-profit clinic and training center. WILA provides individual, couples, & group psychotherapy to adult outpatients. Fees are based upon the patient's ability to pay. Most psychotherapists are advanced clinical psychology interns and post graduate fellows under the supervision of a highly trained and experienced faculty.

Individual psychotherapy may address issues such, trauma, depression, anxiety, post-partum difficulties, low self-esteem, stress, grief or loss, life transitions, relationship and career struggles, marital problems, parenting, LGBTQ concerns, and personal enrichment. WILA does not provide court ordered treatment, does not work with severely mentally ill individuals, and does not provide medication directly.

Call for more information, or to schedule an initial phone intake.